



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



PLAY HARD

PARTY HARD



2025 LAKEWOOD-TRUMBULL YMCA BIRTHDAY BOOK

Make It Personal

What party should I choose?

The Lakewood-Trumbull YMCA has two amazing facilities that offer a variety of party options to celebrate your child's next birthday! Choose one of our year-round, seasonal, indoor, or outdoor parties. Our enthusiastic and experienced staff will work closely with you to customize the activities and space to create a fantastic birthday! To ensure you have memories that last a lifetime, our friendly staff is here to help you from the moment you arrive until all your guests depart.

Party Options:

Seasonal Options:

Pool Time, Play Time

Indoor Options:

Gymnastics

Outdoor Options:

Eco-Art
Camp Mania
Scavenger Hunt
Hiking/Wildlife
Low Rope Course
Archery
High Rope/Zipline
Do-It-Yourself



Indoor Gymnastics Party



Gymnastics (Ages 3+) Family Program Center

We will guide your Birthday Child and guests on an adventure through our gymnastics arena, including an obstacle course, in-ground trampoline, 40ft. Tumble Trak, and foam pit, ending with every one's favorite, parachute.



Make It Personal

Outdoor Birthday Party Options

Do-It-Yourself (All Ages)

Family Outdoor Center
Rent out our facilities, but take care of the activities yourself. Go ahead; with our DIY parties you are in charge of the FUN to be had! These parties are offered year-round.

Low Rope Course (Ages 3+)

Family Outdoor Center
Work together to try and get everyone through our low ropes course! This party will have all guests involved in climbing, thinking and communicating while having fun at the same time.

Camp Mania (Ages 5+)

Family Outdoor Center
This party is for the diehard child who simply cannot wait another six months to explore the forests, play Foursquare, mini golf, or compete in Gaga. These parties are offered year-round.

Eco-Art (Ages 5-9)

Family Outdoor Center
At this party your guests will create works of art doing EcoArt out of nature supplies! If there is snow, they will also have the option of building snow sculptures and decorate their creations using spray bottles and colored water.

Archery (Ages 7+)

Family Program Center
Family Outdoor Center
Right on Target for a fun day! Guests will learn bow and arrow techniques while having a blast aiming for a bullseye!

High Rope/Zipline (Ages 8+)

Family Outdoor Center
Come enjoy the thrill of Camp Tepee's climbing tower and zipline. Challenge yourselves to climb to the top of the tower, climb our high rope course, and zipline back down with our trained staff.



Birthday Party Options

I am ready to party, now what?

Once you've chosen a time and date for your party, it's time to secure the date and time. For indoor parties, a completed and signed party agreement as well as a \$75.00 deposit need to be processed at the program center before any date and time is secured. Please contact Kathleen for all outdoor and seasonal pool parties.

For **indoor rental questions**, contact **Jane Marella**, at jmarella@cccymca.org

For **outdoor and seasonal rental questions**, contact **Kathleen Riley** at kriley@cccymca.org

Family Program Center

20 Trefoil Drive Trumbull, CT 06611

| | Member | Program Participant |
|--------------------|--------|---------------------|
| 1-8 Participants | \$290 | \$360 |
| 9-14 Participants | \$310 | \$385 |
| 15-21 Participants | \$325 | \$410 |

Saturdays: 2:30pm - 4:30pm
Sundays 11:30am - 1:30pm

Family Outdoor Center

204 Stanley Road Monroe, CT 06468

| | Member | Program Participant |
|--------------------|--------|---------------------|
| 1-8 Participants | \$290 | \$360 |
| 9-14 Participants | \$310 | \$385 |
| 15-21 Participants | \$325 | \$410 |

Saturdays and Sundays
90 minute time-frame

Family Outdoor Center Seasonal Pool Parties (June-Sept)

204 Stanley Road Monroe, CT 06468

| | Member | Program Participant |
|--|--------|---------------------|
| Pool Saturday & Sunday 1:30 pm-4:00pm | \$300 | \$400 |
| Pool, Pedal Boats and Mini Golf Sunday 1:30 pm-4:00pm | \$375 | \$475 |

Pool Parties can have up to 25 participants.

Some important notes:

Remind all guests to wear appropriate clothing for your activity

Arrive 15 minutes before your party time to set up

All participants must have a signed waiver

Parents and non-participating siblings are NOT permitted on equipment

Children must be 3 years old to participate unaccompanied by an adult

The YMCA is an alcohol and nut free environment.

Smoking is also prohibited

A \$75 non-refundable deposit is due upon booking Indoor and Outdoor Parties

A \$100 deposit is due upon booking Pool Parties

Pricing subject to change

*Pool activities differ, see agreement for more details