

CENTRAL CONNECTICUT COAST YMCA



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LEARNING & GROWING TOGETHER

2025-2026
EARLY LEARNING BROCHURE

FAIRFIELD YMCA



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

EARLY LEARNING

At the Y, we offer a safe, nurturing environment for children to learn and grow. The Y supports their social-emotional, cognitive and physical development. When you know your child is well cared for, you and your family have the opportunity to focus at work, plan healthy meals, enjoy family activities and establish a routine.

FOR YOUTH DEVELOPMENT

All kids have great potential. At the Y, we help set them on a path to learning. Children gain confidence as they recognize the Y as a place where they belong and can feel comfortable. Whether it's gaining the confidence that comes from learning new experiences, building positive relationships or participating in activities, it's about nurturing the whole child, from the inside out.

FOR HEALTHY LIVING

The Central Connecticut Coast YMCA is a leading nonprofit committed to nurturing the potential of every child. For many, the Y is the starting point for children to develop healthy habits nutritionally and physically, that they'll carry with them throughout their lives. We understand that everyone needs to eat well and be physically active to live a full life and reach their potential, and this is especially important for children. Our experienced and caring staff, partners and volunteers model the positive core Y values of **caring, honesty, respect** and **responsibility** that help build character. Our core values are woven throughout our early learning program to create a warm, nurturing, home away from home. Your child's growth, development and education are important to us, as we do our best to ensure their future is bright.

FOR SOCIAL RESPONSIBILITY

Family unity is strengthened in a child's ability to work and play together through events, workshops and family activities. Plus, everyone belongs at the Y. To ensure that all youth have the chance to participate, the Y offers financial assistance to those in need. Please talk with us to learn more. If you'd like to help send a child to child care, you can donate easily on our web site or at our Y. We also participate in the State of CT Care4Kids program.

CONTACT INFORMATION

FAIRFIELD YMCA

A Branch of the Central Connecticut Coast YMCA

841 Old Post Road, Fairfield, CT 06824

P 203 255 2834 F 203 259 7744 FairfieldY.org

OUR MISSION: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.



FAIRFIELD YMCA

EARLY LEARNING CHILD CARE

Preschool



PROGRAM CREDENTIALS

Our Early Learning program is State licensed with the Office of Early Childhood (OEC). Partnerships are developed with families, schools and community to support the optimal development of each child.

PARTICIPANTS

Our preschool program serves children 2 to 5 years of age. Child must be 2 years old by December 31. All Office of Early Childhood (OEC) licensing ratios are followed.

OUR CURRICULUM

Early Learning Experience Plans are aligned with Connecticut Early Learning and Development Standards. Activities and materials are geared to the child's developmental level. We encourage individual abilities to enhance self-esteem. A combination of literacy, math, physical fitness, art, science and social studies is included in our programming. Active and engaging learning activities are planned. Classrooms are well-equipped for a wide range of developmental activities which meet curricular goals. Children are motivated to explore, manipulate, question, discover and express their needs through play, group and individual activities. Fun prevails as well as aligning with school day site themes.

HEALTHY EATING AND PHYSICAL ACTIVITY (HEPA)

The Y follows a set of HEPA standards to build a healthier future for our children. Each day children run, jump, play games and are physically active; indoors and outdoors. We also have the advantage of being able to offer swim lessons!

EXPERIENCED EDUCATORS

Our staff are role models with a passion for working with children. All staff go through a rigorous interview process with reference and background checks before being offered employment. They are trained in First Aid/CPR, Medication Administration, Child Abuse recognition and prevention plus receive instructions related to child safety and development.





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CONNECT TO THE Y

Join the Y and gain access to all of our full-facility Y Branches, discounted fees for youth programs, swim lessons and camp. Join as a family to participate in family nights, open swims and other events. Don't forget yourself! Adult members receive group exercise classes and more. Connect and get healthier together. Call the Y Branch for more information. Financial Assistance may be available.

PROGRAM LOCATION

FAIRFIELD YMCA 841 Old Post Road, Fairfield CT 06824 P 203 255 2834

OUR PROGRAM

Open September to early June; Monday – Friday, Part-day, partial week options available. Follows the Fairfield Public School Calendar. The Fairfield Y offers a state licensed preschool program for children 2–5 years old that incorporates the Reggio Emilia approach of emergent curriculum. Our relationship-based approach will be a collaboration between parents, teachers, and children. Our inquiries, provocations and activities will reflect the social, emotional, cognitive, and physical needs of the children. Through exploration and discovery, our program will be based on the principles of respect, responsibility, and community. Learning is a journey, education, and building of relationships.

EXPANDED PROGRAMMING

Our Lunch Bunch program offers daily drop-in extended day option from 1pm –4pm, includes a 30 minute rest period. Additional fine and gross motor activities, arts and crafts, playground time or organized games in our dance studio. Sign up by the day, week or month as needed. Minimum of 4 participants required. Available to our 3's and 4's only.

GENERAL INFORMATION

State licensed. Two year-olds: sustained independent and group free play, stories, arts and crafts, music and movement. 1:4 staff/child ratio. Our 3's and 4's include a weekly swim lesson. Must be potty trained and 3 years-old to participate in weekly swims lessons. 1:10 staff/child ratio. Care-4-Kids is accepted. We also offer financial assistance. Contact Patricia Farrelly, Child Care Director at fairfieldpreschool@cccymca.org to schedule a tour.

ENROLLMENT INFORMATION

A registration packet must be completed and signed to register your child for our preschool program. A current health form is required. **\$50.00 non-refundable, non-transferrable registration fee is required.** A Membership must be active to qualify for the Member fees. Tuition is based on 10 equal payments, paid monthly. Payments are due on the 20th of the month prior to service. Financial Assistance forms are due no later than May 1, 2025.

ENROLLMENT STEPS

Step 1: Download or pickup a the registration packet. Download at FairfieldY.org **Step 2:** Fill out the registration forms. **Step 3:** Drop off your registration packet and health forms at the Y to register.

2025–2026 EARLY LEARNING PROGRAM FEES

YMCA Youth Membership	\$36.00 Monthly	N/A
Program	Y Member	Program Participant
Two Year-Olds: 3 Days: MWF 9:00am —12:00 pm	\$405 monthly	\$589 monthly
Three Year-Olds: 3 Days: MWF 9:00am —12:00 pm	\$405 monthly	\$589 monthly
Three Year-Olds: 5 Days: M–F 9:00 am —12:00 pm	\$675 monthly	\$982 monthly
Four Year-Olds: 5 Days: M–F 9:00 am —12:00 pm	\$675 monthly	\$982 monthly
Lunch Bunch 1:00 pm — 4:00 pm	\$25 a day, \$110 weekly	\$25 a day, \$110 weekly