HAMDEN/NORTH HAVEN YMCA
FALL 1
PROGRAM GUIDE
Hamden/North Haven YMCA

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Program Registration Dates
Session: Fall 1 August 26–October 20
Facility Member: August 5
Program Participant: August 12

Membership for All
Membership rates are based on a sliding scale according to household income.

To register online, please visit www.hnhymca.org

View current schedules, programs and events on our website!
Our Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.

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DONATE FOR A BETTER US.

Donate to the Hamden/North Haven YMCA Annual Campaign. All contributions to the YMCA provide direct financial assistance for ALL who need it.

All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of caring adults who believe in their potential. We see every interaction with young people as an opportunity for learning and development—all grounded in the Y’s core values of caring, honesty, respect and responsibility.
Find Your Homework Helper! Enroll in YMCA School Age Child Care!

THE Y OFFERS SCHOOL AGED ENRICHMENT THAT PARENTS CAN FEEL GOOD ABOUT

We help kids reach their potential and thrive in a safe, trustworthy setting. We offer a curriculum that aligns with the school day and supports growth in literacy, science, math, science, engineering, arts, and technology (STEAM) while infusing the arts, physical activity and fun. We teach kids confidence, encourage self-expression and enrich social development. Providing our youth with the support, encouragement and positive role models that they need, will not only increase their ability to succeed in school but in life. For families, we offer a peace of mind knowing that your child is in a safe and educational program building new relationships and achieving more.

Registration is open for the 2024-25 school year. Information about the Y’s before and after school programming can be found in our 2024-25 SACC Brochure. Explore enrollment options, program sites, our curriculum, and discover some of the fun our programs have in store for your child this school year!

Y VACATION CLUB & Y FUN CLUB

Children can enjoy planned vacation days or emergency school closing days at the Y, lead by staff members from our school age child care program. They’ll be with others they already know and that you trust. (Pre-registration and additional fees may apply).

For additional information, please contact the Hamden/North Haven Y or email Kathryn Forsyth at kforstyh@cccyymca.org or Melissa DePino at mdepino@cccyymca.org.
YOUTH DEVELOPMENT

ADVENTURE AWAITS
INDOOR FUN
NEW HAVEN YMCA YOUTH CENTER

FALL PROGRAMMING OPTIONS

KIDS ZUMBA
Whether you’re a beginner or a pro, Kids Zumba is the way to go! Kids Zumba is movement through dance combined with Spanish language.
Thursday: 4:45–5:30pm
Member: $50    Program Participant: $100

SOCcer
Learn the basics of soccer while having fun and practicing with friends! Each week will be dedicated to learning a different skill and each session will conclude with a game.
Thursday: 4:45pm–5:30pm
Member: $50    Program Participant: $100

YOUTH BASKETBALL
Learn the basic skills of basketball from our experienced staff members. Kids will learn how to dribble, shoot, and pass while learning the importance of teamwork.
Tuesday: 4:45pm–5:30pm
Member: $50    Program Participant: $100
YOUTH DEVELOPMENT

FALL PROGRAMMING OPTIONS
AT THE NEW HAVEN YMCA YOUTH CENTER

FIRST AID/CPR/AED-BLEND ED LEARNING
First Aid/CPR/AED program helps participants recognize and respond appropriately to cardiac, breathing and first aid emergencies. Registration is required by the Monday before class begins to provide ample time to complete the required online material prior to the in-person portion of the class. Must be 15 years or older to take the class. For further information or to register, contact Kathryn Forsyth, kforsyth@cccymca.org
Dates: October 13
Times: 10:00am-2:00pm
Member: $75  Program Participant: $150

LIFEGUARD CERTIFICATION COURSE
The Lifeguarding course provides participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide professional-level care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over. Registration is required by Monday before class begins to provide ample time to complete the required online material prior to the in-person portion of the class. Must be 15 years or older to take the class. All classes must be attended. Registration does not guarantee certification.

The class can be taken at no cost to the participant with successful reference and background check, and an agreement to work at the Hamden/North Haven YMCA & New Haven YMCA Youth Center for six months. This is a hybrid class, prework that needs to be completed prior to Oct 12.
Dates: October 12 & 13
Times: 10:00am-4:00pm
Member: $250  Program Participant: $350

BABYSITTERS TRAINING
For future and current babysitters, this American Red Cross class will provide youth with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe, and learn about basic child care and first aid. For further information or to register, contact Kathryn Forsyth, kforsyth@cccymca.org
Dates: September 14
Time: 10:00am-4:00pm
Member: $75  Program Participant: $150
UNLIMITED POTENTIAL

TEEN LEADERS CLUB

Join us on Thursdays at 6:30pm for the Hamden/North Haven YMCA’s Teen Leaders Club! Invite your friends! Leaders is a Nationwide YMCA program for Middle School and High School teens that teaches leadership skills through community service, volunteerism, and personal growth.

In Teen Leaders Club you will have fun and can...
- Meet other teens from our community and from the New England area.
- Be a leader in the YMCA and in the community.
- Plan events and field trips.
- Participate in regional leadership retreats.
- Earn volunteer service hours and recommendations.

Weekly Club Meetings will be held on Thursdays at 6:30pm for about an hour and a half.

Location: New Haven YMCA Youth Center
50 Howe Street, New Haven

Registration: Show up anytime! New leaders can participate in two meetings before making the decision to join. For more information, contact: Mush by calling 203-535-2569.

“A good leader inspires others with confidence in him; a great leader inspires them with confidence in themselves.”

FOR MORE INFORMATION VISIT OUR WEBSITE, WWW.HNHYMCA.ORG, OR CALL 203 535 2569