



**FIND YOUR
HOMEWORK HELPER.
FIND YOUR Y.**

**2025-2026
Before and After School
School Age Child Care
Brochure**

**The Y's Child Care program provides
a safe, enriching and fun environment
for kids to enjoy.**

**LAKESWOOD-
TRUMBULL YMCA**



BEFORE & AFTER SCHOOL CHILD CARE

We strive to meet the needs of our families while providing quality experiences for the children in our programs. Where and how children spend their time is vital to their growth and success in life. At the Y's afterschool program kids can get homework help and unwind with games and physical activity to end the day on a high note.

FOR YOUTH DEVELOPMENT

We help kids reach their potential and thrive in a safe, trustworthy setting. We support your family needs before and after school. Kids have a safe place to explore their interests and discover their passions. The Y offers a curriculum that aligns with the school day and supports growth in literacy, arts science, math, science, engineering and technology (STEAM) while infusing the arts, physical activity and fun. We teach kids confidence, encourage self-expression and enrich social development. Providing our youth with the support, encouragement and positive role models that they need, will not only increase their ability to succeed in school but in life. For families, we offer a peace of mind knowing that your child is in a safe and educational program building new relationships and achieving more.

FOR HEALTHY LIVING

As a leading nonprofit committed to nurturing the potential of every child and teen, supporting their social-emotional, cognitive and physical development. The Central Connecticut Coast YMCA continues to give youth an enriching and safe experience. Our experienced and caring staff and volunteers model the positive core Y values of **caring, honesty, respect** and **responsibility** that help build character. Our core values are woven throughout our child care program to create a warm, nurturing, home away from home. Your child's growth, development and education are important to us, as we do our best to ensure their future is bright.

FOR SOCIAL RESPONSIBILITY

Everyone belongs at the Y. To ensure that all youth have the chance to participate, the Y offers financial assistance to those in need. Please talk with us to learn more. If you'd like to help send a child to child care, you can donate easily on our web site or at our Y. We also participate in the State of CT Care4Kids program.

CONTACT INFORMATION

LAKESWOOD-TRUMBULL YMCA

A Branch of the Central Connecticut Coast YMCA

20 Trefoil Drive, Trumbull CT 06611

P 203 445 9633 F 203 445 9080 LakewoodTrumbullYMCA.org

OUR MISSION: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.



OUR CURRICULUM

A combination of active and engaging learning activities are organized so that kids receive academic support to complement their school day, helping boost their confidence. Fun prevails, as well as! All activities are designed to encourage participation by all age groups. Kids work, learn and play together.

HEALTHY EATING AND PHYSICAL ACTIVITY (HEPA)

The Y follows a set of HEPA standards to build a healthier future for our children. Each day children run, jump, play games and are physically active. Healthy snacks are served to teach children to live a healthy life!

HOMEWORK HELP

Time is short at home at the end of the day. We can help! Children can complete homework with the support of our team. No homework, no problem! Children are encouraged to read, play and interact with others.

SCIENCE, TECHNOLOGY, ENGINEERING and MATH (STEAM)

Children are challenged to be critical thinkers, creatively make predictions and become inventors while participating in hands-on activities.

ENRICHMENT

To inspire a child's creative mind, they can undertake crafts, painting, drama and other art projects. From drama and board games to reading, literacy is infused in our programming.

EXPERIENCED EDUCATORS

The Y program is run by caring adults who are invested in helping every kid reach their potential. Our staff are role models with a passion for working with children. All staff go through a rigorous interview process with reference and background checks before being offered employment. They are trained in First Aid/CPR, Medication Administration, Child Abuse recognition and prevention plus receive instructions related to the safety and child development. All Y school age child care sites are licensed through the CT Office of Early Childhood. Many staff members also lead Y youth classes and are Summer Camp leaders.

Y VACATION CLUB and Y FUN CLUB

Children can enjoy planned vacation days or emergency school closing days at the Y, lead by staff members from our school age child care program. They'll be with others they already know and that you trust. (Pre-registration and additional fees may apply).

SUMMER CAMP

We provide a happy, healthy environment for children to learn and grow during the summer months. For families, camp offers a peace of mind knowing that your child is in a safe and enriching place with adults and other children they have met during the school year.

LAKWOOD-TRUMBULL YMCA P 203 445 9633 W LakewoodTrumbullYMCA.org



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

CONNECT TO THE Y

Join the Y and gain access to all of our full-facility Y Branches, discounted fees for youth programs, swim lessons and summer camp. Join as a family to participate in family nights, open swims and other events. Don't forget yourself! Adult members receive group exercise classes and more. Connect and get healthier together. Call the Y for more information. Financial Assistance may be available.

EXPANDED PROGRAMMING

STEAM focused curriculum will also be highlighted that aligns with Next Generation Science Standards (NGSS) and includes comprehensive units of study. Units will incorporate hands-on enrichment opportunities for students that expand on content learned throughout the day. Additionally, units of study will build on Common Core State Standard in ELA, Literacy, Mathematics, Physical Education and the Arts.

GENERAL INFORMATION

Our School-Age Child Care Programs are licensed through the Office of Early Childhood and follow a (1:15) ratio per licensing regulations. Any questions can be directed to the Lakewood-Trumbull YMCA Staff at 203 445 9633. Drop off for the before school program begins at 7am. The after school program runs from dismissal to 6:00pm. On days when school is dismissed early for Professional Development or Parent/Teacher Conferences, the After School Program will begin at the time of dismissal and conclude at 6:00pm. When school is dismissed early for any emergency or weather related issues, the After School Program will not be operational. When Schools are closed for weather, our Y Fun Club Program becomes operational at the Lakewood-Trumbull YMCA Program Center in Trumbull. On scheduled days off from school, the Y Vacation Club Program is available. Participants will have the opportunity to take advantage of our gymnastics facility with in-ground trampoline, full-size Tumble Trak, and a 400 sq ft foam safety pit system. During Y Vacation Club and Fun club, we focus on STEAM, kid fitness, fine arts and much more!

ENROLLMENT INFORMATION

Registrations packets are provided both online and at the Lakewood-Trumbull YMCA. Current Health Forms are required upon registration. **A \$50 non-refundable, non-transferrable registration fee is required.** Payments are due on the 20th of the month prior to service. Financial Assistance may be available.

ENROLLMENT STEPS

Please register on-line, download a packet from our web site or pick up a registration packet at the Y. Completed packets should be returned to the Lakewood-Trumbull Y Program Center to finalize the registration process. Find all registration information at www.lakewoodtrumbullymca.org.

2025-2026 CHILD CARE FEES						
	YMCA Youth Membership \$36.00 Monthly					
	Before School Monthly		After School Monthly		Before & After School Monthly	
	Y Member	Program Participant	Y Member	Program Participant	Y Member	Program Participant
2 Days	\$212	\$320	\$311	\$466	\$450	\$670
3 Days	\$235	\$350	\$329	\$493	\$475	\$715
4 Days	\$241	\$360	\$353	\$530	\$519	\$779
5 Days	\$265	\$399	\$379	\$565	\$570	\$829
Daily Drop In	\$35	\$50	\$45	\$60		
Y FUN CLUB AND Y VACATION CLUB 7:30-3:30pm/Post Care 3:30-6:00pm			Y Member \$84 Program Participant \$168 Post Care: Y Member \$27 Program Participant \$2			
PARTNER SCHOOLS						
Fawn Hollow & Stepney Before/After School			Scheduled School Days			
Monroe El After School			Scheduled School Days			