



LAKEWOOD-TRUMBULL YMCA

**CAMP TEPEE, GYMNASTICS CAMP,
& SPECIALTY CAMPS
SUMMER 2024**



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WELCOME TO SUMMER DAY CAMP!

The **CENTRAL CONNECTICUT COAST YMCA** believes all kids have great potential and deserve the opportunity to discover who they are and what they can achieve. At the **Lakewood-Trumbull Y Camps and Specialty Clinics**, kids and teens can develop skills, self-confidence, new friendships and a sense of belonging – all while having tons of fun.

In order to have fun and thrive, kids of all ages need to feel both physically and emotionally safe. When you drop your child off at the **Lakewood-Trumbull Y**, you can rest assured that their total well-being will be supported. Safety is always our number one priority! We keep kids healthy and safe while providing enriching experiences.

As a leading nonprofit committed to nurturing the potential of youth, the Y has been a leader in providing summer camp for over 130 years. Our experienced and caring staff and volunteers model the positive core Y values of caring, honesty, respect and responsibility that help build character.

Financial assistance is available for families who need it to ensure that all kids in our community can have enriching summer experiences. If you'd like to help send a child to camp, you can donate easily on our website or at our Y.

Our camp programs fill up fast, so make plans to reserve your spot today! Visit www.cccymca.org to learn more about all our Summer Camp programs including **YMCA Camp Hi-Rock** an overnight experience on a beautiful lake in the Berkshires.

OUR MISSION: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.



CAMP TEPEE

Camp Tepee is located at 204 Stanley Road in Monroe. It was established in 1958, and since then has continued to be a great outdoor summer experience. Daily, campers will explore the 47 acres at Camp Tepee. Campers will participate in activities such as; zip-line, swimming lessons, a climbing wall, arts and crafts, fishing, archery, ropes course, STEAM, nature exploration, outdoor education, survival skills, special events and much more! Camp Tepee accepts children 3-15 years old.

A typical day consists of swim lessons, and a rotation of all of Camp Tepee's unique activity choices and special events relate to the theme of the week.

Generations of families have been involved with Camp Tepee because of the unique stories, traditions, and memories that exist within and because of the program. Camp Tepee offers children and teens opportunities to grow and have new experiences.

Our counselors are specially chosen using in-person interviews, reference checks and training. They are educators, future teachers and local students with a genuine interest in working with children. Your children may already know them from other Y programs. At least 80% are 18 years old and older. After receiving an average of 40 hours of training in safety, positive behavior management and activity planning, they are ready to help campers make new friends and do everything possible to ensure a fun summer.

The Y works with children of all abilities. If your child requires special accommodations (social, behavioral, medical) please contact the Camp Director. The Y strives to provide each camper with an optimal summer experience but can not guarantee a specific counselor or camp group.

WEEKLY THEMES	
June 10-14	Summer Fun
June 17-21	Aloha/Summer Luau
June 24-28	Super Hero/Disney
July 1-5 Closed July 4	Out of This World
July 8-9	Sports Galore
July 15-19	Full STEAM Ahead
July 22-26	Around the World
July 29- August 2	Splashtopia
August 5-9	Color Wars
August 12-16	Carnival
August 19-23	Bon Voyage

ENTERING GRADE	CAMP GROUP
Pre K Ages 3, 4, 5	Discovery
Kindergarten-1st	Greenhorns
2nd-3rd	Explorers
4th-6th	Pioneers
7th-8th	Adventurers
14-15 year olds	CIT - Counselor In Training



GYMNASTICS CAMP

For over 20 years, the Lakewood-Trumbull Y Gymnastics program has been a proud leader in the community, providing gymnastics for all.

Led by fun, dedicated and talented gymnastics leaders, participants will feel the excitement as they interact with their peers, build self-esteem and gain confidence. A child who does gymnastics sets foundation for a lifetime of athleticism and physical awareness. At the most basic level, a beginner at our camp will be challenged to move their body in as many ways as possible.

Experienced gymnasts will learn advanced skills and have time to focus on improving specific elements. All will develop strength, flexibility, balance, coordination and promote healthy cognitive function. Campers will be placed in similar age and skill-appropriate groups.

Through our comprehensive program designed for youth ages 3-15, our campers will enjoy a day fill with a variety of high energy activities, as well as crafts and STEAM. Watch as your child's confidence grows and as they form new friendships that could last a lifetime! The Lakewood-Trumbull YMCA summer Gymnastics Camp is located at 20 Trefoil Drive, Trumbull CT. Our camp features an air conditioned facility with an in-ground trampoline, full-size Tumble Trak, and a 400 sq. ft. foam safety pit system. Through the use of Olympic equipment, our staff will deliver a summer experience that will make this a great summer!

RACE 4 CHASE TRIATHLON PROGRAM

In collaboration with the CMAK (Chase Michael Anthony Kowalski) Foundation, the Lakewood-Trumbull YMCA is proud to present a free six week, Monday-Friday, life-changing triathlon program. Have your child learn to Run, Bike, and Swim like Chase did! Not only will your child be incredibly active over the summer, but they will make new friends and develop a healthy confidence they will carry for the rest of their lives. Program begins late June and runs through the first week in August. All participants will complete the program by competing in a youth triathlon. Applications to be considered for this program will be available late March 2024. Final selection will be decided mid April 2024.



SPECIALTY CLINICS

The Lakewood-Trumbull YMCA summer clinics are located at 20 Trefoil Drive, Trumbull CT, and run from 9:30am-1:30pm. These clinics are broken into two age groups K-3 grade and 4 grade and up. Our clinics offer you the option to extend your child’s day by choosing pre care 7:30-9:30am, clinic extension 1:30-3:30pm and post care 3:30-6:00pm. All children extending their day will join gymnastics camp for open gym, group games and additional activities.

MARTIAL ARTS (Grades K & up)

Whether they are little Ninjas, Beginner or Advanced, participants engage in the Cheezic Tang Soo Do discipline with our Master 9th Degree Black Belt, Dave DeGuzman. At the Y, kids learn important life lessons such as focus, discipline and team building while having a great time!



GYMNASTICS SKILLS WORKSHOPS (Grades K & up)

Unlock Your Potential: Elevate your gymnastics skills at our Specialty Clinic! Tailored coaching, personalized attention, and a dynamic learning environment await you. Join us for a unique experience that takes your performance to new heights!

2024 Specialty Clinics	
June 24-28	Martial Arts
July 22-26	Martial Arts
August 5-9	Gymnastics Skills Workshop

FINANCIAL ASSISTANCE

The Central Connecticut Coast YMCA offers financial assistance for programs to qualified individuals. We are community based and believe that our programs should be available to everyone and that no one should be turned away because of their inability to pay. Our Financial Assistance Program is made possible because caring people and businesses in our communities fund the program through our Annual Campaign. Financial Assistance is available on a sliding scale that is based on total household income, family size and number of participants for a specific program.



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CONTACT INFORMATION

LAKWOOD-TRUMBULL YMCA

A Branch of the Central Connecticut Coast YMCA
20 Trefoil Drive, Trumbull CT 06611
P 203 445 9633 F 203 445 9080
W Lakewoodtrumbullymca.org

OUR CREDITIALS

Lakewood-Trumbull YMCA Camp Tepee and Gymnastics Camp are licensed day camps with the CT Office of Early Childhood. The parent handbook has a list of important items to bring each day and what to wear. It also contains important policies regarding camp. Please be sure to read it prior to your child's first day of camp!

NEED ADDITIONAL CARE?

The camp day begins at 9:00am and ends at 3:30pm. Extended hours are available and hours are listed below.

Pre Care (Camp Tepee): 7:15am-9:00am

Pre Care (Gymnastics): 7:30am-9:00am

Post Care 3:30pm-6:00pm

Half Day Gymnastics 9:00am-12:30pm

Clinic Extension: 1:30pm-3:30pm

WANT TO LEARN MORE?

Call us for a tour or join us for an Open House meet and greet on:

Saturday January 6 10 am -1 pm

Saturday March 9 10 am -1 pm

Saturday April 20 10 am -1 pm

Saturday May 11 10 am -1 pm

Please visit camp and meet the staff. Ask specific questions and prepare for a positive experience.

REGISTRATION FEES

\$25 (\$50 Early Bird) non-refundable, non-transferrable registration fee per camper. \$50 non-refundable, non-transferrable deposit per camper per week required upon registration. EZ Pay Options are available. Financial Assistance may be available. Financial Aid forms are due no later than May 1, 2024. We are a Care-4-Kids provider.

BECOME A Y MEMBER

Join the Y and gain access to all of our full-facility Y Branches. Enjoy free child watch, group exercise classes, reduced rates for swim lessons and camp. The Y has child care programs available from the day school ends until it begins again! Ask about Vacation Club, Y Fun Club, Before and After school programs and Preschool (for the little ones.) Call the Y for more information. Financial Assistance may be available.

2024 CAMP FEES

Camp Choice	Weeks Offered	Member	Program Participant
Youth Membership	Monthly	\$34.00	N/A
Discovery	All	\$334	\$495
Greenhorns Explorers Pioneers Adventurers	All	\$318	\$471
CIT	All	\$150	\$225
Pre/Post Care	All	\$65/85	\$100/125
Gymnastics 1/2 Day	All	\$185	\$302
Gymnastics Full Day	All	\$260	\$ 471
Gymnastics Pre/Post Care	All	\$65/85	\$100/125
Specialty Clinics	Varies	\$195	\$295
5 Day Clinic Extension	Varies	\$80	\$160

REGISTRATION STEPS

Please refer to our website for details. For those who qualify, Early Bird Registration January 15-20. February 1, register online at lakewoodtrumbullymca.org. For assistance or paper registration forms, please visit or call the Family Program Center at 20 Trefoil Drive, Trumbull, CT 06611 or 203 445 9633. For Financial Assistance/Care4kids support, please contact Patty Fogle at Pfogle@cccymca.org.

FOR MORE ASSISTANCE! Call 203 445 9633 or visit lakewoodtrumbullymca.org