NEW HAVEN YMCA YOUTH CENTER
FALL 1
PROGRAM GUIDE
NEW HAVEN YMCA YOUTH CENTER

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PROGRAM REGISTRATION DATES:
Session: Fall 1 August 26–October 20
Facility Member: August 5
Program Participant: August 12

MEMBERSHIP FOR ALL
Membership rates are based on a sliding scale according to household income.
Please contact the Y for more information.

YMCA PROGRAM CREDIT/REFUND POLICY
Credits and Refunds for program fees will only be approved in the following instances:
1. The YMCA cancels a program.
2. At the participant’s request, providing the Request Form is received prior to the start of the program session.*
3. After the start of the program session, only for medically documented reasons.*
* A $10.00 administrative fee for each will be added for each credit or refund. No credit or refund will be issued if the above conditions are not met. If a system credit is issued, it must immediately be applied to an outstanding balance, or a new program/service.

REGISTER ONLINE at www.newhavenymca.org
View current schedules, programs and events on our website!
All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of caring adults who believe in their potential. We see every interaction with young people as an opportunity for learning and development—all grounded in the Y’s core values of caring, honesty, respect and responsibility.

Donate to the New Haven YMCA Youth Center Annual Campaign. All contributions to the YMCA provide direct financial assistance for ALL who need it.

DONATE FOR A BETTER US.

Our Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.
LEARN GROW THRIVE

NEW HAVEN YMCA YOUTH CENTER
Toddler Care, School Readiness, & Preschool

Child care programs help youngsters gain self-confidence and social skills while developing positive attitudes about school and learning. At the Y, we offer a safe, nurturing environment for children to learn and grow. The Y supports their social-emotional, cognitive and physical development. Our early learning child care programs are OEC licensed and our preschool program is NAEYC accredited. We are committed to providing a safe, loving environment for your child and aspire to meet their needs while promoting physical, social, emotional and cognitive development. When you enroll your child at the Y it allows families to go to work with peace of mind knowing that their children are being cared for in a safe, structured and fun environment!

Our programs develop biweekly curriculum with age-appropriate activities for indoor and outdoor learning experiences. Our preschool program participates in the CACFP Food Program to ensure that all children receive healthy meals and snacks throughout the day. Early learning toddler care participants are required to bring their meals to programming daily.

WHERE: 50 Howe Street New Haven CT, 06511
AGES: 1 year – 5 years
WHEN: Monday – Friday
TIME: 7:30 am – 5:30 pm
FEE: Fees are based on program type.

We are an approved Care 4 Kids provider and also have financial aid available for those who qualify!

Care 4 Kids helps low to moderate-income families in Connecticut pay for child care costs. This program is sponsored by the State of Connecticut’s Department of Social Services (also called DSS).
TIME TO EXPLORE, LET’S GO

We help kids reach their potential and thrive in a safe, trustworthy setting. We offer a curriculum that aligns with the school day and supports growth in literacy, science, math, science, engineering, arts, and technology (STEAM) while infusing the arts, physical activity and fun. We teach kids confidence, encourage self-expression and enrich social development. Providing our youth with the support, encouragement and positive role models that they need, will not only increase their ability to succeed in school but in life. For families, we offer a peace of mind knowing that your child is in a safe and educational program building new relationships and achieving more.

Information about the Y’s before and after school programming can be found in our 2024–25 SACC Brochure. Explore enrollment options, program sites, our curriculum, and discover some of the fun our programs have in store for your child this school year! Register now for the 2024–25 school year!

Y VACATION CLUB and Y FUN CLUB

Children can enjoy planned vacation days or emergency school closing days at the Y, lead by staff members from our school age child care program. They’ll be with others they already know and that you trust. (Pre-registration and additional fees may apply). For additional information, please contact the New Haven YMCA Youth Center or email Aishah Brice at abrice@cccymca.org or Melissa DePino at mdepino@cccymca.org.
ADVENTURE AWAITS
AT THE NEW HAVEN YMCA
YOUTH CENTER

FALL PROGRAMMING OPTIONS

KIDS ZUMBA
Whether you’re a beginner or a pro, Kids Zumba is the way to go! Kids Zumba is movement through dance combined with Spanish language.
Thursday: 4:45pm-5:30pm
Member: $50  Program Participant: $50

SOCCER
Learn the basics of soccer while having fun and practicing with friends! Each week will be dedicated to learning a different skill and each session will conclude with a game.
Thursday: 4:45pm-5:30pm
Member: $50  Program Participant: $100

YOUTH BASKETBALL
Learn the basic skills of basketball from our experienced staff members. Kids will learn how to dribble, shoot, and pass while learning the importance of teamwork.
Tuesday: 4:45pm-5:30pm
Member: $50
Program Participant: $100

FOR MORE INFORMATION VISIT OUR WEBSITE, WWW.NEWHAVENYMCA.ORG, OR CALL 203 776 9622
FALL PROGRAMMING OPTIONS
AT THE NEW HAVEN YMCA YOUTH CENTER

FIRST AID/CPR/AED—BLENDED LEARNING
First Aid/CPR/AED program helps participants recognize and respond appropriately to cardiac, breathing and first aid emergencies. Registration is required by the Monday before class begins to provide ample time to complete the required online material prior to the in-person portion of the class. Must be 15 years or older to take the class. For further information or to register, contact Kathryn Forsyth, kforsyth@cccymca.org
Dates: October 13
Times: 10:00am-2:00pm
Member: $75 Program Participant: $150

LIFEGUARD CERTIFICATION COURSE
The Lifeguarding course provides participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide professional-level care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over. Registration is required by Monday before class begins to provide ample time to complete the required online material prior to the in-person portion of the class. Must be 15 years or older to take the class. All classes must be attended. Registration does not guarantee certification.

Participants are eligible to take this class no cost pending a successful reference and background check, and an agreement to work at the Hamden/North Haven YMCA & New Haven YMCA Youth Center for six months.
Dates: October 12 & October 13
Times: 10:00am-4:00pm
Member: $250 Program Participant: $350

BABYSITTERS TRAINING
For future and current babysitters, this American Red Cross class will provide youth with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe, and learn about basic child care and first aid. For further information or to register, contact Kathryn Forsyth, kforsyth@cccymca.org
Dates: September 14
Time: 10:00am-4:00pm
Member: $75 Program Participant: $150
FUN WITH FRIENDS

WALK-IN PROGRAM
What are your kids doing after school? At the YMCA Walk-in Program kids build self-esteem, values, and leadership skills. Our Walk-in Program provides a safe environment where teens age 13-21 can focus on developing confidence and character with trained professionals guiding them. Participants will be able to take part in open gym basketball, open swim, and have access to computers for homework support on scheduled days. Interested participants will also have the option to participate in Y Aquatic Leaders.

OPEN GYM
When: Monday, Tuesday, Thursday, Friday
Time: 4:00pm–6:00pm

OPEN SWIM
When: Tuesday & Thursday
Time: 4:45–5:30pm

*Applications for the Walk-in Program can be found at the New Haven YMCA Youth Center located at 52 Howe Street New Haven, CT 06511.

FOR MORE INFORMATION VISIT OUR WEBSITE, WWW.NEWHAVENYMCA.ORG, OR CALL 203 776 9622
UNLIMITED POTENTIAL

TEEN LEADERS CLUB
Join us on Thursdays at 6:30 pm for the Hamden/North Haven & New Haven YMCA’s Teen Leaders Club! Invite your friends! Leaders is a Nationwide YMCA program for Middle School and High School teens that teaches leadership skills through community service, volunteerism, and personal growth.

In Teen Leaders Club you will have fun and can...
- Meet other teens from our community and from the New England area.
- Be a leader in the YMCA and in the community.
- Plan events and field trips.
- Participate in regional leadership retreats.
- Earn volunteer service hours and recommendations.

Weekly Club Meetings will be held on Thursdays at 6:30 pm for about an hour and a half.

Location: New Haven YMCA Youth Center
50 Howe Street, New Haven

Registration: Show up anytime! New leaders can participate in two meetings before making the decision to join. For more information, contact: Mush by calling 203-776-9622.

“A good leader inspires others with confidence in him; a great leader inspires them with confidence in themselves.”

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