



# VALLEY YMCA FALL 1 2025 PROGRAM GUIDE

# HERE FOR YOU



## PROGRAM REGISTRATION

### SUMMER SESSION

August 31– October 25, 2025

### Registration Dates

Facility Member: Monday, August 11

Program Participant: Monday, August 18

## VALLEY YMCA

32 Howard Ave  
Ansonia, CT 06401  
P 203-732-7778  
W [www.valleyy.org](http://www.valleyy.org)

Valley YMCA Child Care Center  
32 Howard Ave  
Ansonia, CT 06401  
P 203-732-7778

## HOLIDAY HOURS/CLOSURES

Labor Day- Closed

## BOARD OF MANAGERS

Howard Olderman,  
Christine Cooper  
David Pelaggi  
Jaylen Daniels  
Toni Lombardi, Board Chair  
Mary Ellen Price, Secretary

## YOUR Y STAFF

District Executive Director–Nicole Servas  
District Operations Director–Ryan Leworthy  
Youth and Family Coordinator– Felicia Beall  
Child Care Director– Stephanie Trcka

## YMCA PROGRAM CREDIT/REFUND POLICY

Refunds For Program Fees Will Only Be Approved In the following Instances:

- The YMCA cancels a program (Not weather related)
- Request Form is received prior to the start of the Session.
- After the start of the session, only for medically documented reasons.
- There will be a \$10.00 administrative fee for each refund/credit, unless the YMCA cancels the class.



When you donate to the Valley YMCA Annual Campaign, you help us serve and respond to the greatest needs in our community.

Contributions to the Annual Campaign provides direct financial assistance for ALL who need it.

## **FIND YOUR REASON TO GIVE. LIGHT THE WAY!**

Connect with Nicole Servas, District Executive Director to learn more.  
Please visit [www.cccymca.org/locations/valley/give/](http://www.cccymca.org/locations/valley/give/)

## **DONATE FOR A BETTER US.**

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# YOUTH DEVELOPMENT

## VALLEY YMCA CHILD CARE CENTER 2025-2026

Child care programs help youngsters gain self-confidence and social skills while developing positive attitudes about school and learning. Our programs are NAEYC accredited and state-licensed allowing parents to go to work with peace of mind knowing that their children are being cared for in a safe, structured and fun environment. We are committed to providing a safe, loving environment for your child and aspire to meet his/her needs while promoting physical, social, emotional and cognitive development.

### REGISTER NOW!

#### FULL TIME CARE MONTHLY TUITION

Infant/Toddler (5 days/week) \$1,290.00  
Preschool (5 days/week) \$ 903.00

#### Child Care Leadership Team

Stephanie Trcka, Child Care Director,  
Phone: 203-732-7778 | Email: [strcka@cccymca.org](mailto:strcka@cccymca.org)

Ryan Leworthy, District Operations Director  
Phone: 203-732-7778 | Email: [rleworthy@cccymca.org](mailto:rleworthy@cccymca.org)



## NO SCHOOL, NO PROBLEM Y VACATION CLUB

Even though school is closed the Valley YMCA is here for your child care needs. Drop your child off with our experienced staff for a fun-filled day of games, activities, arts & crafts and more! Ages 5-12. State-licensed program. Please bring a nut-free lunch. Space is limited, preregistration is required.

#### Vacation Club Dates:

**Dates:** September 1, Labor Day, PD Day, October 10, Indigenous People's Day, October 13

**Time:** 7:30am – 6:00pm

**Location:** Valley YMCA, 32 Howard Ave, Ansonia, CT 06401

**Cost:** Members \$43 per day | Program Participant \$53 per day

# YOUTH DEVELOPMENT

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## BEFORE AND AFTER SCHOOL CARE

## FIND YOUR HOMEWORK HELPER

## REGISTER NOW for 2025-2026 SCHOOL YEAR

The Valley YMCA understands that kids need a safe, enjoyable place to go before and after school. Our Before and After School Child Care programs keep kids busy while having fun. Whether your child is interested in arts and crafts or sports and games, our staff is trained to provide a well-rounded, quality program that will nurture each child's development. Our state licensed programs follow the school schedule starting on the first day of school and ending on the last day of school. Registration Fee is \$50.00 per family. Current participants will also receive discounted rates for Y Vacation Club & Y Fun Club Days.

**Contact the Valley Y for more information, 203-732-7778**

We currently have programs in Ansonia, Derby and Shelton School Systems. This includes Before and Afterschool at Prendergast and Mead Schools in Ansonia, Afterschool at Bradley School in Derby, and Before and Afterschool at Sunnyside Elementary in Shelton.

### Child Care Leadership Team

Felicia Beall, Youth and Family Coordinator

Phone: 203-732-7778

Email: fbeall@cccymca.org



### SLIME CLUB

Engage your child's creativity with our STEAM programs and make some slime! Through enrichment programs at the Y, your child will form lasting friendships, build character, and strengthen core values through a variety of activities designed for all ages and interests. Located at Valley YMCA Program Center, 4 Fourth St, Ansonia

Day: Thursdays, 5:00-6:00pm,

Date: 9/4-10/23

Age: 6-10

Fee: Member- \$20. Program Participant- \$40

### GROW YOUR GARDEN

Our Environmental Education programs combine indoor and outdoor components with stories, crafts, hikes and activities for the best hands-on exploration and learning.

Day: Saturdays, 10-10:50am, Date: 9/6-10/25

Age: 6-10 yrs

Fee: Member- \$40. Program Participant-\$80

### MULTI SPORTS

Try out a different sport each week! Come learn the FUN-damentals to sports like Basketball, Soccer, Football and more! Located at Valley Child Care Center, 32 Howard Ave, Ansonia.

Day: Saturdays, 10:00am-10:50, Date: 9/6-10/25

Age: 6 - 10 yrs

Fee: Member- \$40. Program Participant- \$80



# YOUTH DEVELOPMENT

## NEIGHBORS HELPING NEIGHBORS

### PURPLE PANTRY BOX

**"Take what you need, donate what you can."**

The Valley YMCA and the Boys & Girls Club have partnered to bring a **Purple Pantry Box** to the Valley community.

Purple Pantry Boxes, a volunteer organization based out of Milford, has provided our box and starting stock of pantry items. The boxes remove barriers to get food. Simply walk up to the pantry box, open the door and take what you need and donate what you can. Food provided in the boxes are factory sealed and shelf stable.

You can donate in the box or at the Valley YMCA Child Care Center.



### YMCA 360 ON-DEMAND & LIVE

At the YMCA we believe that when people experience all that our Y has to offer, they will be drawn into supportive, healthier relationships with one another and their community.

YMCA360 is an on-demand video platform for our Y community. YMCA360 offers 1000+ group exercise classes, youth sports training, well-being classes and more to serve you wherever you are. Whether you are at home or on the road, take the Y with you along with your favorite classes, instructors and more.

These programs are free to all full-facility members of the Central Connecticut Coast YMCAs.

From your desktop, laptop, tablet, smart TV or mobile device, YMCA360 is available wherever you are with an internet connection. Instructions for access please reach out to Ryan Leworthy at [rleworthy@cccymca.org](mailto:rleworthy@cccymca.org) or visit [ymca360.org](http://ymca360.org)



### PARENTS NIGHT OUT

Every parent deserves a night out! Drop off your kid(s) for a movie and pizza night here at the Valley YMCA. Our caring Y staff will engage your kids in age specific activities!

AGES: 4 – 12

DATE: 9/12/2025

TIME: 6:00pm-9:00pm

FACILITY MEMBER: \$10

PROGRAM PARTICIPANT: \$20



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