



**FIND YOUR
HOMEWORK HELPER.
FIND YOUR Y.**

**2025-2026
Before and After School
School Age Child Care
Brochure**

**The Y's Child Care program provides
a safe, enriching and fun environment
for kids to enjoy.**

**WOODRUFF FAMILY
YMCA**



BEFORE & AFTER SCHOOL CHILD CARE

We strive to meet the needs of our families while providing quality experiences for the children in our programs. Where and how children spend their time is vital to their growth and success in life. At the Y's afterschool program kids can get homework help and unwind with games and physical activity to end the day on a high note.

FOR YOUTH DEVELOPMENT

We help kids reach their potential and thrive in a safe, trustworthy setting. We support your family needs before and after school. Kids have a safe place to explore their interests and discover their passions. The Y offers a curriculum that aligns with the school day and supports growth in literacy, arts science, math, science, engineering and technology (STEAM) while infusing the arts, physical activity and fun. We teach kids confidence, encourage self-expression and enrich social development. Providing our youth with the support, encouragement and positive role models that they need, will not only increase their ability to succeed in school but in life. For families, we offer a peace of mind knowing that your child is in a safe and educational program building new relationships and achieving more.

FOR HEALTHY LIVING

As a leading nonprofit committed to nurturing the potential of every child and teen, supporting their social-emotional, cognitive and physical development. The Central Connecticut Coast YMCA continues to give youth an enriching and safe experience. Our experienced and caring staff and volunteers model the positive core Y values of **caring, honesty, respect** and **responsibility** that help build character. Our core values are woven throughout our child care program to create a warm, nurturing, home away from home. Your child's growth, development and education are important to us, as we do our best to ensure their future is bright.

FOR SOCIAL RESPONSIBILITY

Everyone belongs at the Y. To ensure that all youth have the chance to participate, the Y offers financial assistance to those in need. Please talk with us to learn more. If you'd like to help send a child to child care, you can donate easily on our web site or at our Y. We also participate in the State of CT Care4Kids program.

CONTACT INFORMATION

WOODRUFF FAMILY YMCA

A Branch of the Central Connecticut Coast YMCA

631 Orange Ave. Milford CT 06461

P 203 878 6501 F 203 878 0619 W woodruffymca.org

OUR MISSION: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.



OUR CURRICULUM

A combination of active and engaging learning activities are organized so that kids receive academic support to complement their school day, helping boost their confidence. Fun prevails, as well as! All activities are designed to encourage participation by all age groups. Kids work, learn and play together.

HEALTHY EATING AND PHYSICAL ACTIVITY (HEPA)

The Y follows a set of HEPA standards to build a healthier future for our children. Each day children run, jump, play games and are physically active. Healthy snacks are served to teach children to live a healthy life!

HOMEWORK HELP

Time is short at home at the end of the day. We can help! Children can complete homework with the support of our team. No homework, no problem! Children are encourage to read, play and interact with others.

SCIENCE, TECHNOLOGY, ENGINEERING and MATH (STEAM)

Children are challenged to be critical thinkers, creatively make predictions and become inventors while participating in hands-on activities.

ENRICHMENT

To inspire a child's creative mind, they can undertake crafts, painting, drama and other art projects. From drama and board games to reading, literacy is infused in our programming.

EXPERIENCED EDUCATORS

The Y program is run by caring adults who are invested in helping every kid reach their potential. Our staff are role models with a passion for working with children. All staff go through a rigorous interview process with reference and background checks before being offered employment. They are trained in First Aid/CPR, Medication Administration, Child Abuse recognition and prevention plus receive instructions related to the safety and child development. All Y school age child care sites are licensed through the CT Office of Early Childhood. Many staff members also lead Y youth classes and are Summer Camp leaders.

Y VACATION CLUB and Y FUN CLUB

Children can enjoy planned vacation days or emergency school closing days at the Y, lead by staff members from our school age child care program. They'll be with others they already know and that you trust. (Pre-registration and additional fees may apply).

SUMMER CAMP

We provide a happy, healthy environment for children to learn and grow during the summer months. For families, camp offers a peace of mind knowing that your child is in a safe and enriching place with adults and other children they have met during the school year.

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**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

CONNECT TO THE Y

Join the Y and gain access to all of our full-facility Y Branches, discounted fees for youth programs, swim lessons and summer camp. Join as a family to participate in family nights, open swims and other events. Don't forget yourself! Adult members receive group exercise classes and more. Connect and get healthier together. Call the Y for more information. Financial Assistance may be available.

EXPANDED PROGRAMMING

In addition to active recreation, STEAM and healthy living, our students create artwork on a monthly basis to showcase in the YMCA lobby. Our students participate in group games to increase their social awareness of others. Students also participate in service projects for the community.

GENERAL INFORMATION

We are licensed by the State of Connecticut and adhere by their ratio guidelines. Our programs are located in all 8 Milford Elementary Schools.

ENROLLMENT INFORMATION

A registration packet must be completed and signed to register your child for the program. Health forms are to be handed in with the application. Payments are due on the 20th of the month prior to service. Financial Assistance forms are due no later the May 1, 2025.

ENROLLMENT STEPS

Step 1: Download or pickup a the registration packet. Download at woodruffymca.org **Step 2:** Fill out the registration forms. **Step 3:** Calculate the deposit (if applicable). **Step 4:** Drop off forms at the Y with your method of payment.

2025-2026 CHILD CARE FEES						
YMCA Youth Membership \$36/Month/Child				Program Participant N/C		
	One Child	Two Children	Three Children	One Child	Two Children	Three Children
Before School Program	\$125	\$219	\$318	\$137	\$237	\$333
After School Program	\$219	\$388	\$542	\$236	\$418	\$582
Before & After School Program	\$286	\$511	\$739	\$310	\$549	\$794
Y Vacation Club	\$50			\$100		
Y Fun Club (2 package)	\$65			\$90		
* Elementary rates are for 5 days a week.						
Before and After School Child Care fees are agreed upon through a partnership with the Milford Board of Ed.						