

CENTRAL CONNECTICUT COAST YMCA



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# LEARNING & GROWING TOGETHER

2025-2026  
EARLY LEARNING BROCHURE

Woodruff Family YMCA



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# EARLY LEARNING

At the Y, we provide a safe, nurturing environment where children ages 3 to 5 years can learn and grow.

Our programs support every aspect of their development—social-emotional, cognitive, and physical.

When you know your child is in good hands, your whole family benefits: you can focus at work, plan healthy meals, enjoy meaningful family time, and establish a consistent routine.

## FOR YOUTH DEVELOPMENT

All kids have great potential. At the Y, we help set them on a path to learning. Children gain confidence as they recognize the Y as a place where they belong and can feel comfortable. Whether it's gaining the confidence that comes from learning new experiences, building positive relationships or participating in activities, it's about nurturing the whole child, from the inside out.

## FOR HEALTHY LIVING

The Central Connecticut Coast YMCA is a leading nonprofit committed to nurturing the potential of every child. For many, the Y is the starting point for children to develop healthy habits nutritionally and physically, that they'll carry with them throughout their lives. We understand that everyone needs to eat well and be physically active to live a full life and reach their potential, and this is especially important for children. Our experienced and caring staff, partners and volunteers model the positive core Y values of **caring, honesty, respect** and **responsibility** that help build character. Our core values are woven throughout our early learning program to create a warm, nurturing, home away from home. Your child's growth, development and education are important to us, as we do our best to ensure their future is bright.

## FOR SOCIAL RESPONSIBILITY

Family unity is strengthened in a child's ability to work and play together through events, workshops and family activities. Plus, everyone belongs at the Y. To ensure that all youth have the chance to participate, the Y offers financial assistance to those in need. Please talk with us to learn more. If you'd like to help send a child to child care, you can donate easily on our web site or at our Y. We also participate in the State of CT Care4Kids program.

## CONTACT INFORMATION WOODRUFF FAMILY YMCA

A Branch of the Central Connecticut Coast YMCA  
**631 Orange Ave, Milford, CT, 06461**  
**P 203 878 6501 F 203 878 0619 [www.woodruffymca.org](http://www.woodruffymca.org)**

**OUR MISSION: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.**







# Woodruff Family YMCA

## EARLY LEARNING CHILD CARE

### Preschool Program

#### PROGRAM CREDENTIALS

Our Early Learning Program is state-licensed by the Office of Early Childhood (OEC) and proudly accredited by the National Association for the Education of Young Children (NAEYC). We foster strong partnerships with families, schools, and the community to support the optimal development of every child.

#### PARTICIPANTS

Our Infant and Toddler Program serves children from 8 weeks to 3 years of age. The Early Start CT Program is available to Connecticut residents between the ages of 2.8 and 5 years. All programs strictly adhere to the Office of Early Childhood (OEC) licensing ratios. If you have specific needs or questions, please let us know — we're here to help!

#### OUR CURRICULUM

Early Learning Experience Plans are aligned with Connecticut Early Learning and Development Standards. Activities and materials are geared to the child's developmental level. We encourage individual abilities to enhance self-esteem. A combination of literacy, math, physical fitness, art, science and social studies is included in our programming. Active and engaging learning activities are planned. Classrooms are well-equipped for a wide range of developmental activities which meet curricular goals. Children are motivated to explore, manipulate, question, discover and express their needs through play, group and individual activities. Fun prevails as well as aligning with school day site themes.

#### HEALTHY EATING AND PHYSICAL ACTIVITY (HEPA)

The Y follows a set of HEPA standards to build a healthier future for our children. Each day children run, jump, play games and are physically active; indoors and outdoors. Healthy meals and snacks are served to encourage children to live a healthy life!

#### EXPERIENCED EDUCATORS

Our staff are role models with a passion for working with children. All staff go through a rigorous interview process with reference and background checks before being offered employment. They are trained in First Aid/CPR, Medication Administration, Child Abuse recognition and prevention plus receive instructions related to child safety and development.





### **CONNECT TO THE Y**

Join the Y and gain access to all of our full-facility Y Branches, discounted fees for youth programs, swim lessons and camp. Join as a family to participate in family nights, open swims and other events. Don't forget yourself! Adult members receive group exercise classes and more. Connect and get healthier together. Call the Y Branch for more information. Financial Assistance may be available.

### **PROGRAM LOCATION**

Woodruff Family YMCA, 631 Orange Ave, Milford, CT, 06461 | Phone 203 878 6501

### **OUR PROGRAM**

Open year round; Monday - Friday 7:00am - 6:00pm Our program helps children gain self-confidence and social skills while developing positive attitudes about school and learning. Children learn through play and at their own pace and way. Teachers develop learning experiences to meet each child's needs which includes schedules, daily routines, choice times, small and large group activities and a classroom community where children can learn how to get along and peacefully solve problems. A partnership is developed between families, school and community to support the optimal development of each child. The Woodruff Family YMCA is open to provide child care services for children between the ages of 3 to 5 years old.

### **EXPANDED PROGRAMMING**

Community Events are offered throughout the year such as our annual Trunk or Treat and Healthy Kids day. Weekend enrichment activities are offered throughout the year offering activities such as swim lessons and Parents Night Out

### **GENERAL INFORMATION**

Our state licensed program serves the Milford area. Care4Kids is accepted and we offer financial assistance. We follow the guidelines set by the CDC, CT Office of Early Childhood (OEC), YUSA, and other sources to ensure our policies and procedures are aligned to keep our children and staff healthy and safe. Contact Sue Buglione, Pre-school Coordinator, at [sbuglione@cccymca.org](mailto:sbuglione@cccymca.org) to schedule a tour.

**ENROLLMENT INFORMATION**

YMCA Early Learning Child Care Registration Packet  
Complete and updated physical (updated annually)

**ENROLLMENT STEPS**

**Step 1:** Download or pickup a registration packet. Download at [www.valleyy.org](http://www.valleyy.org) **Step 2:** Fill out the registration forms. **Step 3:** bring back required documents **Step 4:** Director will calculate Early Start CT Fee **Step 5:** add payment information.

2025 –2026 EARLY LEARNING PROGRAM FEES		
YMCA Youth Membership	\$36.00 Monthly	N/A
Program	Y Member	Program Participant
Full Day Program	\$972	\$1480
Half Day Program 3 yrs	\$244	\$365
Half Day Program 4yrs	\$380	\$570