



THE
*where curiosity
begins place*
PLACE

Woodruff Family YMCA

EARLY LEARNING BROCHURE
2026-2027



EARLY LEARNING

At the Y, we offer a safe, nurturing environment for children ages 3 to 5 years to learn and grow. The Y supports their social-emotional, cognitive and physical development. When you know your child is well cared for, you and your family have the opportunity to focus at work, plan healthy meals, enjoy family activities and establish a routine.

FOR YOUTH DEVELOPMENT

All kids have great potential. At the Y, we help set them on a path to learning. Children gain confidence as they recognize the Y as a place where they belong and can feel comfortable. Whether it's gaining the confidence that comes from learning new experiences, building positive relationships or participating in activities, it's about nurturing the whole child, from the inside out.

FOR HEALTHY LIVING

The Central Connecticut Coast YMCA is a leading nonprofit committed to nurturing the potential of every child. For many, the Y is the starting point for children to develop healthy habits nutritionally and physically, that they'll carry with them throughout their lives. We understand that everyone needs to eat well and be physically active to live a full life and reach their potential, and this is especially important for children. Our experienced and caring staff, partners and volunteers model the positive

core Y values of caring, honesty, respect and responsibility that help build character. Our core values are woven throughout our early learning program to create a warm, nurturing, home away from home. Your child's growth, development and education are important to us, as we do our best to ensure their future is bright.

FOR SOCIAL RESPONSIBILITY

Family unity is strengthened in a child's ability to work and play together through events, workshops and family activities. Plus, everyone belongs at the Y. To ensure that all youth have the chance to participate, the Y offers financial assistance to those in need. Please talk with us to learn more. If you'd like to help send a child to child care, you can donate easily on our web site or at our Y. We also participate in the State of CT Care4Kids program.

CONTACT US:

WOODRUFF FAMILY YMCA

A Branch of the Central Connecticut Coast YMCA

631 Orange Ave Milford CT 06461 | P: 203-878-6501 | F: 203-878-0619 | woodruffymca.org

OUR MISSION:

To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.



PRESCHOOL PROGRAMS

PROGRAM CREDENTIALS

Our Early Learning program is State licensed with the Office of Early Childhood (OEC), part of the Early Start CT Program, and NAEYC accredited. Partnerships are developed with families, schools and community to support the optimal development of each child.

PARTICIPANTS

Our Toddler program serves children 12 months to age 3. Our Preschool Program services children 2.9–5 years of age. If you need to add something else, please use this line. All Office of Early Childhood (OEC) licensing ratios are followed.

OUR CURRICULUM

Early Learning Experience Plans are aligned with Connecticut Early Learning and Development Standards. Activities and materials are geared to the child's developmental level. We encourage individual abilities to enhance self-esteem. A combination of literacy, math, physical fitness, art, science and social studies is included in our programming. Active and engaging learning activities are planned. Classrooms are well-equipped for a wide range of developmental activities which meet curricular goals. Children are motivated to explore, manipulate, question, discover and express their needs through play, group and individual activities. Fun prevails as well as aligning with school day site themes.

HEALTHY EATING AND PHYSICAL ACTIVITY (HEPA)

The Y follows a set of HEPA standards to build a healthier future for our children. Each day children run, jump, play games and are physically active; indoors and outdoors. Our Preschool Program also participates in the CACFP food program, serving breakfast, lunch, and PM snack.

EXPERIENCED EDUCATORS

Our staff are role models with a passion for working with children. All staff go through a rigorous interview process with reference and background checks before being offered employment. They are trained in First Aid/CPR, Medication Administration, Child Abuse recognition and prevention plus receive instructions related to child safety and development.

CONNECT TO THE Y

Join the Y and gain access to all of our full-facility Y Branches, discounted fees for youth programs, swim lessons and camp. Join as a family to participate in family nights, open swims and other events. Don't forget yourself! Adult members receive group exercise classes and more. Connect and get healthier together. Call the Y Branch for more information. Financial Assistance may be available.

PROGRAM LOCATION

Woodruff Family YMCA 631 Orange Ave. Milford CT 06461 | Phone: 203-878-6501

OUR PROGRAM

Open year round; Monday - Friday, 7:30am-5:30pm. Full Time and Part Time options available. Our Program helps children gain self-confidence and social skills while developing positive attitudes about school and learning. Children learn through play and at their own pace and way. Teachers develop learning experiences to meet each child's needs which includes schedules, daily routines, choice times, small and large group activities and a classroom community where children can learn how to get along and peacefully solve problems. A partnership is developed between families, school and community to support the optimal development of each child. The Woodruff Family YMCA is open to provide child care services for children between the ages of 3 to 5 years old.

EXPANDED PROGRAMMING

Community Events are offered throughout the year such as our annual Trunk or Treat and Healthy Kids Day. Weekend enrichment activities are offered throughout the year offering activities such as Swimming Lessons and Parents Night Out.

GENERAL INFORMATION

Our state licensed program serves the Milford area. Care4Kids is accepted and we offer financial assistance. We follow the guidelines set by the CDC, CT Office of Early Childhood (OEC), YUSA, and other sources to ensure our policies and procedures are aligned to keep our children and staff healthy and safe. Contact Sue Buglione, Preschool Coordinator, at sbuglione@cccymca.org to schedule a tour.

ENROLLMENT INFORMATION

A registration packet must be completed and signed to register your child for the Preschool Programs. Program fees are determined by income for those who qualify! **Payments are due on the 20th of the month prior to service, tuition is based on 12 equal payments** paid monthly by Master Card, Visa, or Checking Account. Enrollment materials are available for pick-up at the Woodruff Family YMCA.

ENROLLMENT STEPS

Step 1: Download or pick up a registration packet. Download at woodruffymca.org **Step 2:** Fill out the registration forms. **Step 3:** Bring back required documents. **Step 4:** Director will calculate Early Start CT fee **Step 5:** add payment information

2026 EARLY LEARNING PROGRAM FEES

YMCA Youth Membership	\$45/Monthly	N/A
PROGRAM	Y MEMBER	PROGRAM PARTICIPANT
Full Day Program Monday-Friday, 7:15AM-5:30PM	\$1015	\$1530
Half Day 3 yrs Program Tuesday & Thursday, 9:00AM-1:00PM	\$255	\$385
Half Day 4 yrs Program Mon. Wed. Fri, 9:00AM-1:00PM	\$395	\$595



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