



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

STRATFORD YMCA 2020 Preschool Safety Guidelines

Safety is our first priority. All Central Connecticut Coast YMCA Child Care Programs will follow all the guidelines set by the CDC, CT Office of Early Childhood (OEC), local health department, Y-USA, and other sources to ensure our policies and procedures are aligned to keep our participants, staff and volunteers healthy and safe.

All groups will have a limited size of no more than 10 children. Each group will be separated from all other groups.

Health screenings: All staff, volunteers and children are required to be screened for any observable illness, including cough or respiratory distress, and to confirm temperature below 100 degrees Fahrenheit each day on arrival. Screening includes assessing health by taking temperature.

- Program staff will be prepared to take child's temperature with a touchless thermometer; parents may take their own child's temperature upon arrival, as long as they show the temperature to the drop off staff member.
- Thermometers will be disinfected.
- Program staff will ask parents screening questions as provided by the CDC.
- Parents are asked to park in designated spaces and wait to be called to the designated screening area. Half day participants will be walked out at 1:00 to their parent. Full day students will be walked outside to their parents by staff once notified you are in the parking lot. Please call the Y upon arrival. Please be prompt for drop off and pick up.

Staff or children who have a temperature greater than 100 degrees are not permitted into the program and are required to be unmedicated fever free for at least 72 hours.

Any staff or child that develops an elevated temperature or who may be ill, will be put into an isolated area until they can be picked up.

Face masks:

- All staff, volunteers and adults will wear face coverings at the program.
- Children in our care will need to wear a mask during the majority of the day. They can take them off at meals (breakfast, lunch and snack), at nap time, and for outdoor play. We will have planned mask breaks throughout the day at which time we will utilize social distancing (6 feet).
- The mask must cover the child's nose and mouth.

Hand hygiene: Regular hand washing with soap and water for at least 20 seconds will be done.

- Before coming in contact with any child
- Before and after eating
- After sneezing, coughing or nose blowing
- After using the restroom
- Before handling food
- After touching or cleaning surfaces that may be contaminated
- After using any shared equipment like toys, computer keyboards, mouse

If soap and water are not available, use an alcohol-based hand sanitizer. Use of alcohol-based hand sanitizers should always be supervised by adults.

Cleaning protocol: Additional procedures have been put into place to ensure surfaces and areas are sanitized between usages, per guidelines put forth by the OEC.

Communications: Families are required to sign the OEC waiver and the CCC Y waiver prior to the first day of the program. If a child or staff member who has been present in the program is diagnosed with COVID-19, the program will notify families and staff of the program about the exposure.

What to bring: Please keep backpacks at home. Children should arrive with a nut free lunch, snack and drink in a labeled gallon zip-top bag, a sheet and blanket for full time participants in their plastic bins. We ask that personal toys stay home. We also ask for at least one change of clothing for each child also in a labeled plastic bin with a secured top. Full day students can combine their bedding and clothing in the same bin no larger than 15 QT.

Please note that these protocols are important to ensure the health and safety of our children, families, volunteers and staff. All safety measures are subject to change per State of CT, Governor Lamont, Health Department or YMCA needs.

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