



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



PLAY HARD

PARTY HARD



LAKWOOD-TRUMBULL YMCA BIRTHDAY BOOK

Birthday Party Options

What party should I choose?

The Lakewood-Trumbull YMCA has two amazing facilities that offer a variety of party options to celebrate your child's next birthday! Choose one of our year-round, seasonal, indoor, or outdoor parties. Our enthusiastic and experienced staff will work closely with you to customize the activities and space to create a fantastic birthday! To ensure you have memories that last a lifetime, our friendly staff is here to help you from the moment you arrive until all your guests depart.

Party Options:

Gymnastics
Sports
Camp Mania
Dance
Martial Arts
Eco-Art

Seasonal Options:

Pool Time, Play Time
Snow Play



I am ready to party, now what?

For **indoor reservations**, contact **Rose Bogardus**, at rbogardus@cccymca.org

For **outdoor reservations**, contact **Kathleen Riley** at kriley@cccymca.org

For **pool reservations**, contact **Oscar Rodriguez** at orodriguez@cccymca.org

Some important notes:

All safety and cleaning protocols will be adhered, following the latest guidelines and CCCY policies.

Remind all guests to wear appropriate clothing for your activity

Arrive 15 minutes before your party time to set up

All participants must have a signed waiver

Parents and non-participating siblings are NOT permitted on equipment

Children must be 3 years old to participate unaccompanied by an adult

The YMCA is an alcohol and nut free environment.

Smoking is also prohibited

Family Program Center

20 Trefoil Drive Trumbull CT 06611

	Member	Program Participant
1-8 Children	\$175	\$245
9-14 Children	\$190	\$270
15-21 Children	\$210	\$290
Saturdays: 2:30pm-4:00pm		
Sundays: 11:30am-1:00pm		

Camp Teepee and Family Outdoor Center

204 Stanley Rd Monroe, CT 06468

	Member	Program Participant
1-8 Children	\$175	\$245
9-14 Children	\$190	\$270
15-21 Children	\$210	\$290
Saturday and Sundays		
90 minute time-frame		

A \$75 non-refundable deposit is due upon booking

A larger room can be rented for food/cake for an additional \$50

Pricing subject to change

*Pool activities differ

Make It Personal

I booked my party, now what?

Once you've chosen a time and date for your party, it's time to customize it to the Birthday Child's favorite things! Our Birthday Party Coordinator will work with you to choose the best birthday activities for your guests.

Birthday Party Details

Gymnastics (Ages 2+)

Family Program Center
We will guide your Birthday Child and guests on an adventure through our gymnastics arena, including an obstacle course, in-ground trampoline, 40ft. Tumble Trak, and foam pit, ending with every one's favorite, parachute.



Dance (Ages 3+)

Family Program Center
There will be Improvisation/ Freeze Dance led by instructor to foster free expression, and a selection from the styles of: Creative Movement, Ballet, Hip Hop, Jazz, Musical Theater or Tap!



Martial Arts (Ages 4+)

Family Program Center
Allow your child and their guests to feel like Ninjas! Our martial arts master will incorporate games, form, and board breaking into this fun filled day!



Camp Mania (Ages 5+)

Family Outdoor Center
This party is for the diehard child who simply cannot wait another six months to explore the forests, play Foursquare, mini golf, or compete in Gaga. These parties are offered year-round.



Eco-Art (Ages 5-9)

Family Outdoor Center
At this party your guests will create works of art doing EcoArt out of nature supplies! If there is snow, they will also have the option of building snow sculptures and decorate their creations using spray bottles and colored water.

Pool time, Play time (All Ages)

Family Outdoor Center
This party is for kids that you can never get out of the water! During the summer months, enjoy our outdoor pools, go boating on our lake, hike our trails, or have a competitive mini golf games.



Do-It-Yourself (All Ages)

Family Outdoor Center
Rent out our facilities, but take care of the activities yourself. Go ahead; with our DIY parties you are in charge of the FUN to be had! These parties are offered year-round.