



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



PLAY HARD

PARTY HARD



2023 LAKEWOOD-TRUMBULL YMCA BIRTHDAY BOOK

Make It Personal

What party should I choose?

The Lakewood-Trumbull YMCA has two amazing facilities that offer a variety of party options to celebrate your child's next birthday! Choose one of our year-round, seasonal, indoor, or outdoor parties. Our enthusiastic and experienced staff will work closely with you to customize the activities and space to create a fantastic birthday! To ensure you have memories that last a lifetime, our friendly staff is here to help you from the moment you arrive until all your guests depart.

Party Options:

Indoor Options:

Gymnastics
Dance
Martial Arts
Parkour

Outdoor Options:

Eco-Art
Camp Mania
Scavenger Hunt
Hiking/Wildlife
Low Rope Course
Archery
High Rope/Zipline
Do-It-Yourself

Seasonal Options:

Pool Time, Play Time



Indoor & Seasonal Birthday Party Options

Gymnastics (Ages 2+)

Family Program Center
We will guide your Birthday Child and guests on an adventure through our gymnastics arena, including an obstacle course, in-ground trampoline, 40ft. Tumble Trak, and foam pit, ending with every one's favor-



Dance (Ages 3+)

Family Program Center
There will be Improvisation/ Freeze Dance led by instructor to foster free expression, and a selection from the styles of: Creative Movement, Ballet, Hip Hop, Jazz, Musical Theater or Tap!



Martial Arts (Ages 4+)

Family Program Center
Allow your child and their guests to feel like Ninjas! Our martial arts master will incorporate games, form, and board breaking into this fun filled day!



Parkour (Ages 8+)

Family Program Center
Obstacle course for fast pace movements. Techniques for climbing, jumping, dodging and quick reflexes.



Pool time, Play time (All Ages)

Family Outdoor Center
This party is for kids that you can never get out of the water! During the summer months, enjoy our outdoor pools, go boating on our lake, hike our trails, or have a competitive mini golf games.



Make It Personal

Outdoor Birthday Party Options

Eco-Art (Ages 5-9)

Family Outdoor Center

At this party your guests will create works of art doing EcoArt out of nature supplies! If there is snow, they will also have the option of building snow sculptures and decorate their creations using spray bottles and colored water.

Hiking/Wildlife (Ages 5+)

Family Outdoor Center

At this party your guests will learn a few tips about how to identify a few of the animals that live on our property throughout the winter. They will practice those skills with a photo scavenger hunt, and then we will hit the trails to search for the real thing.



Scavenger Hunt (Ages 5+)

Family Outdoor Center

There are hidden treasures all around our site, so let's try to find them. We provide either "Hidden Objects" or "Nature" hunts that are fun for all ages.

Camp Mania (Ages 5+)

Family Outdoor Center

This party is for the diehard child who simply cannot wait another six months to explore the forests, play Foursquare, mini golf, or compete in Gaga. These parties are offered

High Rope/Zipline (Ages 8+)

Family Outdoor Center

Come enjoy the thrill of Camp Tepee's climbing tower and zipline. Challenge yourselves to climb to the top of the tower, climb our high rope course, and zipline back down with our trained staff.

Archery (Ages 7+)

Family Program Center

Family Outdoor Center

Right on Target for a fun day! Guests will learn bow and arrow techniques while having a blast aiming for a bullseye!

Low Rope Course (Ages 3+)

Family Outdoor Center

Work together to try and get everyone through our low ropes course! This party will have all guests involved in climbing, thinking and communicating while having fun at the same time.

Do-It-Yourself (All Ages)

Family Outdoor Center

Rent out our facilities, but take care of the activities yourself. Go ahead; with our DIY parties you are in charge of the FUN to be had! These parties are offered year-round.

Birthday Party Options

I am ready to party, now what?

Once you've chosen a time and date for your party, it's time to customize it to the Birthday Child's favorite things! Our Birthday Party Coordinator will work with you to choose the best birthday activities for your guests.

For **indoor rentals**, contact **Rose Bogardus**, at rbogardus@cccymca.org

For **outdoor rentals**, contact **Kathleen Riley** at kriley@cccymca.org

For **seasonal rentals**, contact **Oscar Rodriguez** at orodriguez@cccymca.org

Family Program Center

20 Trefoil Drive Trumbull, CT 06611

	Member	Program Participant
1-8 Participants	\$275	\$345
9-14 Participants	\$290	\$370
15-21 Participants	\$310	\$390

Saturdays: 2:30pm - 4:30pm

Sundays 11:30am - 1:30pm

Family Outdoor Center

204 Stanley Road Monroe, CT 06468

	Member	Program Participant
1-8 Participants	\$275	\$345
9-14 Participants	\$290	\$370
15-21 Participants	\$310	\$390

Saturdays and Sundays

90 minute time-frame

Family Outdoor Center Seasonal Parties

204 Stanley Road Monroe, CT 06468

	Member	Program Participant
Pool Saturday & Sunday 1:30 pm-4:30pm	\$300	\$400
Pool, Pedal Boats and Mini Golf Sunday 1:30 pm-4:30pm	\$375	\$475

Pool Parties can have up to 25 participants.

Some important notes:

Remind all guests to wear appropriate clothing for your activity

Arrive 15 minutes before your party time to set up

All participants must have a signed waiver

Parents and non-participating siblings are NOT permitted on equipment

Children must be 3 years old to participate unaccompanied by an adult

The YMCA is an alcohol and nut free environment.

Smoking is also prohibited

A \$75 non-refundable deposit is due upon booking

Pricing subject to change

*Pool activities differ