



CENTRAL CONNECTICUT COAST YMCA 2026 SUMMER CAMP INFORMATION SHEET WELCOME TO BRIDGEPORT YMCA!

Here's a quick overview to help families prepare for the summer.

CAMP DATES:

9 weekly sessions from June 22 – August 21

WHAT TO BRING DAILY

- Water bottle
- Closed-toe shoes
- Sunscreen & bug spray (labeled)
 - Backpack
- Swimsuit and towel

(Breakfast, Lunch & Snack provided through CACFP)

CAMP HOURS:

Regular Day: 8:00 AM – 4:00 PM

Post-Care: 4:00 – 5:30 PM

COMMUNICATION:

The Camp Director will email weekly reminders. Emergency alerts will be sent via email/text.

MEDICAL REQUIREMENTS:

- Updated physical & immunization forms due May 1
- Medication authorization forms required (if applicable)

BEHAVIOR EXPECTATIONS Campers are expected to:

- Show respect and kindness
- Use safe and appropriate language
 - Follow directions
- Keep hands and feet to themselves
- Be open to new experiences and teamwork

CONTACT INFORMATION:

For questions or updates, please reach out via email to your branch Camp Directors at bridgeportinfo@cccymca.org