



**FIND YOUR POTENTIAL.  
FIND YOUR Y.  
2023 EARLY LEARNING BROCHURE**

**BRIDGEPORT YMCA**

**For a better us.®**



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# EARLY LEARNING

At the Y, we offer a safe, nurturing environment for Infant, Toddlers and Preschool children to learn and grow. The Y supports their social-emotional, cognitive and physical development. When you know your child is well cared for, you and your family have the opportunity to focus at work, plan healthy meals, enjoy family activities and establish a routine.

## FOR YOUTH DEVELOPMENT

All kids have great potential. At the Y, we help set them on a path to learning. Children gain confidence as they recognize the Y as a place where they belong and can feel comfortable. Whether it's gaining the confidence that comes from learning new experiences, building positive relationships or participating in activities, it's about nurturing the whole child, from the inside out.

## FOR HEALTHY LIVING

The Central Connecticut Coast YMCA is a leading nonprofit committed to nurturing the potential of every child. For many, the Y is the starting point for children to develop healthy habits nutritionally and physically, that they'll carry with them throughout their lives. We understand that everyone needs to eat well and be physically active to live a full life and reach their potential, and this is especially important for children. Our experienced and caring staff, partners and volunteers model the positive core Y values of **caring, honesty, respect** and **responsibility** that help build character. Our core values are woven throughout our early learning program to create a warm, nurturing, home away from home. Your child's growth, development and education are important to us, as we do our best to ensure their future is bright.

## FOR SOCIAL RESPONSIBILITY

Family unity is strengthened in a child's ability to work and play together through events, workshops and family activities. Plus, everyone belongs at the Y. To ensure that all youth have the chance to participate, the Y offers financial assistance to those in need. Please talk with us to learn more. If you'd like to help send a child to child care, you can donate easily on our web site or at our Y. We also participate in the State of CT Care4Kids program.

## CONTACT INFORMATION

### Bridgeport YMCA

A Branch of the Central Connecticut Coast YMCA

850 Park Ave Bridgeport, CT 06608

P 203 332-5551 F 203 334 2847 W [www.cccymca.org](http://www.cccymca.org)

**OUR MISSION: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.**



# BRIDGEPORT YMCA

## 2023 EARLY LEARNING PROGRAM

### Preschool, School Readiness, Infants and Toddlers



#### PROGRAM CREDENTIALS

Our Early Learning program is State licensed with the Office of Early Childhood (OEC) and NAEYC accredited. Partnerships are developed with families, schools and community to support the optimal development of each child.

#### PARTICIPANTS

Our infant/ toddler program serves children 8 weeks to age 3. Our school readiness program services Bridgeport children 2.8-5 years of age. We also accommodate a 10% of non Bridgeport residents with employment in the city of Bridgeport. All Office of Early Childhood (OEC) licensing ratios are followed.

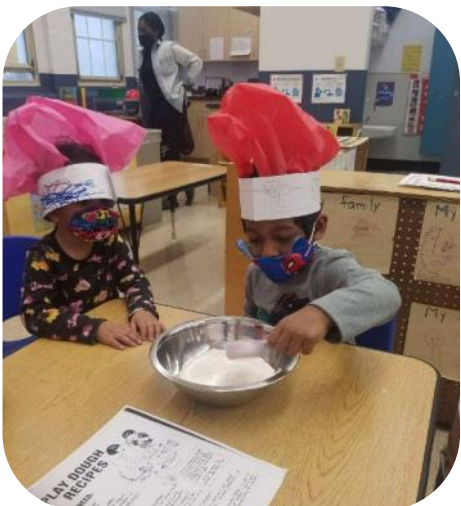
#### OUR CURRICULUM

Early Learning Experience Plans are aligned with Connecticut Early Learning and Development Standards. Activities and materials are geared to the child's developmental level. We encourage individual abilities to enhance self-esteem. A combination of literacy, math, physical fitness, art, science and social studies is included in our programming. Active and engaging learning activities are planned. Classrooms are well-equipped for a wide range of developmental activities which meet curricular goals. Children are motivated to explore, manipulate, question, discover and express their needs through play, group and individual activities. Fun prevails as well as aligning with school day site themes.



#### HEALTHY EATING AND PHYSICAL ACTIVITY (HEPA)

The Y follows a set of HEPA standards to build a healthier future for our children. Each day children run, jump, play games and are physically active; indoors and outdoors. We also have the advantage of being able to offer swim lessons! Healthy meals and snacks are served to teach children to live a healthy life! Our program also participates in the CACFP food program to ensure that all children receive the nourishing meals they deserve.



#### EXPERIENCED EDUCATORS

Our staff are role models with a passion for working with children. All staff go through a rigorous interview process with reference and background checks before being offered employment. They are trained in First Aid/CPR, Medication Administration, Child Abuse recognition and prevention plus receive instructions related to child safety and development.



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

### CONNECT TO THE Y

Join the Y and gain access to all of our full-facility Y Branches, discounted fees for youth programs, swim lessons and camp. Join as a family to participate in family nights, open swims and other events. Don't forget yourself! Adult members receive group exercise classes and more. Connect and get healthier together. Call the Y Branch for more information. Financial Assistance may be available.

### PROGRAM LOCATIONS

Kolbe Education Center, 401 Kossuth St Bridgeport, CT 06608 **P** 203 334 6447 **F** 203 394 6036  
Bridgeport YMCA, 850 Park Avenue, Bridgeport CT 06604 **P** 203 334 5551 **F** 203 334 2847

### OUR PROGRAM

Open year around; Monday - Friday 7:30am to 5:30pm except for one week in August for staff development and one week for Christmas break. We only offer full-time slots. Here at the Bridgeport Y we use the Jean Piaget approach. Children learn through play. We encourage children to be active, engaged and allow creating situations where children can naturally develop their mental abilities. Children's intelligence undergoes changes as they grow which are Sensorimotor Stage (0-2 years old) Preoperational stage (2-7) years old) Concrete operational stage (7 -11 years olds) Formal operational stage (11-through adulthood). Our relationship-based approach will be a collaboration between parents, teachers, and children. We offer a comprehensive program to foster the social, emotional, cognitive, physical, and creative needs and growth of the child. Our relationship-based approach will be a collaboration between parents, teachers, and children. We offer a comprehensive program to foster the social, emotional, cognitive, physical, and creative needs and growth of the child.

Safety is our first priority. All Central Connecticut Coast YMCA child care programs follow all the guidelines set by the CDC, CT Office of Early Childhood (OEC), Y-USA, and other sources to ensure our policies and procedures are aligned to keep our children, staff and volunteers healthy and safe. Please call the Y to schedule a tour.

**Infants 8weeks:** Sustain independent tummy time, stories, music and arts, monthly instructional movement an exploration State licensed 1:4 staff/child ratio.

**Two-Year-Old's:** Sustained independent and group free play, stories, arts and crafts, monthly instructional gym and creative movement, and music. State licensed 1:4 staff/child ratio. Must be age Two by December 31.

**Preschool 2.8yrs-5yrs old:** Sustained independent and group free play, stories, arts and crafts, monthly instructional gym and creative movement, math, science, and music. State licensed 1:10staff/child ratio.

### EXPANDED PROGRAMMING

Swim Lessons are available at our Park Avenue location. Summer Camp Programs are also available for our graduating children ages 5 and up. Our Raphola Taylor Center, 790 Central Ave Bridgeport facility provides great opportunity for any school age children.

### ENROLLMENT INFORMATION

A registration packet must be completed and signed to register your child for our program. All documents must be received previous to a start date a list of necessary documents will be provided with the application. Payments are due on the 1st of every month and are charged a month to month basis. Care 4 Kids is also accepted. Financial Assistance is provided to any qualifying parents.

### ENROLLMENT STEPS

<b>2023 EARLY LEARNING PROGRAM FEES</b>		
<b>YMCA Youth Membership</b>	<b>\$32.00 Monthly</b>	N/A
<b>Program</b>	<b>Y Member</b>	<b>Program Participant</b>
Infant	Sliding Scale	\$1036.00
Two-Year Old's	Sliding Scale	\$1036.00
Preschool 2.8yr-5yr	Sliding Scale	\$817.00