

THE
*where curiosity
begins place*
PLACE

Fairfield YMCA

EARLY LEARNING BROCHURE
2026-2027



EARLY LEARNING

At the Y, we offer a safe, nurturing environment for children aged two to 5 years old to learn and grow. The Y supports their social-emotional, cognitive and physical development. When you know your child is well cared for, you and your family have the opportunity to focus at work, plan healthy meals, enjoy family activities and establish a routine.

FOR YOUTH DEVELOPMENT

All kids have great potential. At the Y, we help set them on a path to learning. Children gain confidence as they recognize the Y as a place where they belong and can feel comfortable. Whether it's gaining the confidence that comes from learning new experiences, building positive relationships or participating in activities, it's about nurturing the whole child, from the inside out.

FOR HEALTHY LIVING

The Central Connecticut Coast YMCA is a leading nonprofit committed to nurturing the potential of every child. For many, the Y is the starting point for children to develop healthy habits nutritionally and physically, that they'll carry with them throughout their lives. We understand that everyone needs to eat well and be physically active to live a full life and reach their potential, and this is especially important for children. Our experienced and caring staff, partners and volunteers model the positive core Y values of caring, honesty, respect and responsibility that help build character. Our core values are woven throughout our early learning program to create a warm, nurturing, home away from home. Your child's growth, development and education are important to us, as we do our best to ensure their future is bright.

FOR SOCIAL RESPONSIBILITY

Family unity is strengthened in a child's ability to work and play together through events, workshops and family activities. Plus, everyone belongs at the Y. To ensure that all youth have the chance to participate, the Y offers financial assistance to those in need. Please talk with us to learn more. If you'd like to help send a child to child care, you can donate easily on our web site or at our Y. We also participate in the State of CT Care4Kids program.

CONTACT US: FAIRFIELD YMCA

A Branch of the Central Connecticut Coast YMCA
841 Old Post Road, Fairfield CT 06824 | P: 203-255-2834 | F: 203-259-7744 | fairfield.org

OUR MISSION:

To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.



TODDLER & PRESCHOOL PROGRAMS

PROGRAM CREDENTIALS

Our Early Learning program is State licensed with the Office of Early Childhood (OEC). Partnerships are developed with families, schools and community to support the optimal development of each child.

PARTICIPANTS

Our Toddler program serves children 20 months to age 3. Our Preschool Program services children 2.9-5 years of age. All Office of Early Childhood (OEC) licensing ratios are followed. Preschoolers must be 3yrs of age to participate in our weekly swim lessons.

OUR CURRICULUM

Early Learning Experience Plans are aligned with Connecticut Early Learning and Development Standards. Activities and materials are geared to the child's developmental level. We encourage individual abilities to enhance self-esteem. A combination of literacy, math, physical fitness, art, science and social studies is included in our programming. Active and engaging learning activities are planned. Classrooms are well-equipped for a wide range of developmental activities which meet curricular goals. Children are motivated to explore, manipulate, question, discover and express their needs through play, group and individual activities. Fun prevails as well as aligning with school day site themes.

HEALTHY EATING AND PHYSICAL ACTIVITY (HEPA)

The Y follows a set of HEPA standards to build a healthier future for our children. Each day children run, jump, play games and are physically active; indoors and outdoors.

EXPERIENCED EDUCATORS

Our staff are role models with a passion for working with children. All staff go through a rigorous interview process with reference and background checks before being offered employment. They are trained in First Aid/CPR, Medication Administration, Child Abuse recognition and prevention plus receive instructions related to child safety and development.

CONNECT TO THE Y

Join the Y and gain access to all of our full-facility Y Branches, discounted fees for youth programs, swim lessons and camp. Join as a family to participate in family nights, open swims and other events. Don't forget yourself! Adult members receive group exercise classes and more. Connect and get healthier together. Call the Y Branch for more information. Financial Assistance may be available.

PROGRAM LOCATION

Fairfield YMCA 841 Old Post Road Fairfield, CT 06824

OUR PROGRAM

Open September through early June, Monday through Friday, our program offers half-day and partial-week enrollment options and follows the Fairfield Public School calendar. Serving children ages two through five, our program is rooted in the CT DOTS and Connecticut Early Learning and Development Standards (ELDS) and guided by an emergent, relationship-based philosophy. Children learn best through hands-on exploration, discovery, and meaningful relationships. Our collaborative approach brings together families, teachers, and children to build a strong, supportive community grounded in respect, responsibility, and connection. Our dedicated staff are CPR, First Aid, Medication Administration, and EpiPen certified, and state-licensed staff-to-child ratios are followed at all times to ensure a safe, nurturing environment.

EXPANDED PROGRAMMING

Our popular Lunch Bunch program offers a convenient daily drop-in extended day option from 1:00–4:00 PM, including a 30-minute rest period. Children enjoy additional arts and crafts, fine and gross motor activities, playground time, or organized games in our dance studio. A minimum of four participants per day is required. Available to 3s and 4/5s only. Limited spaces.

GENERAL INFORMATION

Our State of Connecticut Office of Early Childhood (OEC) licensed program serves children ages two through five in a warm, supportive learning environment. Our youngest learners enjoy developmentally appropriate play, stories, arts and crafts, and music and movement that encourage curiosity, independence, and early social skills. Children must be two years old by December 31. State-licensed ratios are maintained at 1:4 (under age two) and 1:5 (two-year-olds).

Preschoolers participate in a dynamic day featuring weekly swim lessons, Kids Zumba, and engaging STEAM, fine motor, and gross motor activities that build confidence and foster a love of learning. Our 4/5s program includes walking field trips to extend learning beyond the classroom. Preschoolers must be toilet trained, and three years old for swim lessons. A 1:10 ratio ensures individualized attention. Care-4-Kids accepted. Financial assistance available. Contact fairfieldpreschool@cccymca.org for more information.

ENROLLMENT INFORMATION

A \$50 non-refundable, non-transferable registration fee is required. A registration packet and yearly physical must be completed and signed to attend. Program fees are **due on the 20th of the month prior to service, tuition is based on 10 equal payments** paid monthly by credit card or checking account. Enrollment materials are available for pick-up at the Fairfield YMCA. or at fairfieldy.org.

ENROLLMENT STEPS

Step 1: Download or pickup the registration packet. Download at FairfieldY.org **Step 2:** Fill out the registration forms.

Step 3: Drop off your registration packet and health forms at the Y to register.

2026 EARLY LEARNING PROGRAM FEES

YMCA Youth Membership	\$45/Monthly	N/A
PROGRAM	Y MEMBER	PROGRAM PARTICIPANT
2 year olds: 3 Days MWF 9:00am-12:00pm	\$415.00	\$599.00
3 year olds: 3 Days MWF 9:00am-1:00pm	\$415.00	\$599.00
3 year olds: 5 Days M-F 9:00am-1:00pm	\$695.00	\$999.00
4/5 year olds: 5 Days M-F 9:00am-1:00pm	\$695.00	\$999.00
Lunch Bunch: 3's & 4's 1:00pm-4:00pm	\$25.00 a day, \$110.00 weekly	\$25.00 a day, \$110.00 weekly



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