



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



FOREVER SUPPORTIVE.

Hamden/North Haven YMCA Program Guide
Spring April 26 – June 20, 2021



HAMDEN/NORTH HAVEN YMCA

YOUR YMCA STAFF

Interim Executive Director: Erin Kelly
Child Care/Camp Director: Erin Kelly
SACC/Camp Coordinator: Kathryn Forsyth

BOARD OF MANAGERS

Mark Candido, Chair
Ndeye Fall
Donald Camerato, Jr.
Jennifer Levine
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Katrina Rice
Walter Morton IV
Dan Smolnik

PHONE 203 535 2569

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FOR MORE INFO email Erin Kelly,
ekelly@cccymca.org

PROGRAM REGISTRATION DATES:

Session: Spring, 4/26-6/20/2021

Facility Member: 4/5/2021

Community Member: 4/12/2021



MEMBERSHIP FOR ALL

Membership rates are based on a sliding scale according to household income.

Please contact the Y for more information.

YMCA PROGRAM CREDIT/REFUND POLICY

Credits and Refunds for program fees will only be approved in the following instances:

1. The YMCA cancels a program.
2. At the participant's request, providing the Request Form is received prior to the start of the program session.*
3. After the start of the program session, only for medically documented reasons.*

*A \$10.00 administrative fee for each will be added for each credit or refund. No credit or refund will be issued if the above conditions are not met. If a system credit is issued, it must immediately be applied to an outstanding balance, or a new program/service.

REGISTER ONLINE at www.hnhymca.org



We help everyone build and maintain healthy habits for spirit, mind and body in their everyday lives. By helping kids, adults, families and seniors from all walks of life improve their health and well-being, we build a stronger community.

More people than ever need financial assistance to take part in Y programs. These programs are committed to build youth of strong character, close the educational achievement gap, improve health outcomes socially, emotionally and physically and to put an end to chronic homelessness.

When you donate to the Hamden/North Haven YMCA Annual Campaign, you help us best serve and respond to the greatest needs in our community.

DONATE FOR A BETTER US.

Our Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.

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YOUTH DEVELOPMENT

FOREVER SUMMER

Summer Day Camp

Camp Mountain Laurel Summer Day Camp provides children and teens with an opportunity to have fun, meet new friends, play and create memories that last a lifetime.

We provide a happy, healthy environment for children to learn and grow. At Y Summer Day Camp, participants gain a sense of accomplishment, build relationships and find their sense of belonging. It's a opportunity for physical, social, emotional and cognitive learning experiences. For families, camp offers a peace of mind knowing that your child is in a safe and enriching place.

We can't wait to see you at Camp Mountain Laurel! We've planned an awesome, activity-packed summer with tons to learn, play and explore. The summer is filled with fun-filled activities, visitors different weekly camping options, and more! Whether classic, specialty, or swim camp is the path you choose, there is a unique and adventurous summer experience here for everyone.



WHEN: June 14 - August 27 (Weekly Sessions)

TIME: 9 am - 4 pm Extended hours available!

WHERE: Camp Mountain Laurel, 2705 Downes Road Hamden, CT
P 203 535 2569 W hnhymca.org

REGISTER: Download, pickup, or have us mail you the registration packet. Download at W hnhymca.org. For additional information on all YMCA Summer Camp Programs, please visit hnhymca.org or contact the Hamden Y at 203 535 2569.

YOUTH DEVELOPMENT

JUMP INTO SPRING OUTDOOR FUN CAMP MOUNTAIN LAUREL

SPRING PROGRAMMING OPTIONS

CHALLENGE COURSE ADVENTURE

Reach new heights on Saturday mornings with our challenge course gurus! Skill build with our climbing walls, low & high ropes course, and zipline each week under the direction of our certified staff.

Saturday: 11:00am-12:00pm

Member: \$60 Community: \$120

TAKE AIM WITH ARCHERY

Whether you are a novice or a pro, archery is the way to go! Join John each Friday as he teaches basic archery skills while you are having fun and making new friends.

Saturday: 10:00am-10:45am

Member: \$50 Community: \$100

FAMILY NATURE HIKES

Walk, climb, explore camp and its surrounding trails with Jake! Each week you'll experience something new while spending time outdoors with your family.

Saturday: 12:00pm-1:00pm

Member: \$60 Community: \$120

GET CRAFTY

Set your creativity free with our spring craft session. Each week, participants will have the opportunity to complete crafts to take home with the assistance of our arts & crafts director.

Saturday: 9:00am-9:45am

Member: \$50 Community: \$100



YOUTH DEVELOPMENT

JUMP INTO SPRING OUTDOOR FUN CAMP MOUNTAIN LAUREL

SPRING PROGRAMMING OPTIONS

FLOOR HOCKEY

Coach Pat invites you to join the team for a game of floor hockey each week. Participants will focus on skill building and teamwork during each class. Whether you are a beginner or a pro, this is the place to go!

Saturday: 9:00am-9:45am

Member: \$50 Community: \$100

KIDS ZUMBA

Whether you're a beginner or a pro, Kids Zumba is the way to go! Kids Zumba is movement through dance combined with Spanish language.

Tuesday: 5:00pm-5:45pm

Member: \$50 Community: \$100

Y KICKERS

Learn the basics of soccer while having fun and practicing with friends! Each week will be dedicated to learning a different skill and each session will conclude with a game.

Saturday: 11:00am-11:45am

Member: \$50 Community: \$100

BASKETBALL BLAST OFF

Learn the basic skills of basketball from our experienced staff members. Kids will learn how to dribble, shoot, and pass while learning the importance of teamwork.

Saturday: 1:00pm-1:45pm

Member: \$50 Community: \$100



YOUTH DEVELOPMENT

IGNITE YOUR CHILD'S POTENTIAL BEFORE AND AFTER SCHOOL

TIME TO EXPLORE, LET'S GO

We help kids reach their potential and thrive in a safe, trustworthy setting. We offer a curriculum that aligns with the school day and supports growth in literacy, science, math, science, engineering, arts, and technology (STEAM) while infusing the arts, physical activity and fun. We teach kids confidence, encourage self-expression and enrich social development. Providing our youth with the support, encouragement and positive role models that they need, will not only increase their ability to succeed in school but in life. For families, we offer a peace of mind knowing that your child is in a safe and educational program building new relationships and achieving more.

Registration is now open for the 2021-22 school year. Information about the Y's before and after school programming can be found in our 2021-22 SACC Brochure. Explore enrollment options, program sites, our curriculum, and discover some of the fun our programs have in store for your child this school year!

Y VACATION CLUB and Y FUN CLUB

Children can enjoy planned vacation days or emergency school closing days at the Y, lead by staff members from our school age child care program. They'll be with others they already know and that you trust. (Pre-registration and additional fees may apply). For additional information, please contact the Hamden/North Haven Y or email Erin Kelly at ekelly@cccymca.org or Kathryn Forsyth at kforsyth@cccymca.org. Upcoming Y Vacation Club dates are April 2 and April 5-9.





RECIPE

FOR A HEALTHY KID



INGREDIENTS & STEPS

1. Start with a tummy full of healthy food



2. Stir in a cup of physical activity



3. Add a tablespoon of laughter



4. Mix in a pinch of curiosity



5. Sprinkle with a dash of fun!



HEALTHY KIDS DAY®

Get the Recipe for a Healthy Kid!

Healthy Kids Day provides all the ingredients for developing healthy, resilient kids.

Join the Y for a day full of fun activities that celebrate kids being kids!

All are welcome to join our free physically distanced event on Saturday, April 24. Preregistration is encouraged.

Share in the fun by donating socks on this day as we support our local shelter.

Saturday, April 24
10am–1pm

Hamden/North Haven YMCA
Camp Mountain Laurel
2705 Downes Road Hamden, CT 06518
203 535 2569
hnhymca.org

For a better us.

YOUTH DEVELOPMENT

LEARNING OUTSIDE THE CLASSROOM

Y LEARNING CENTER

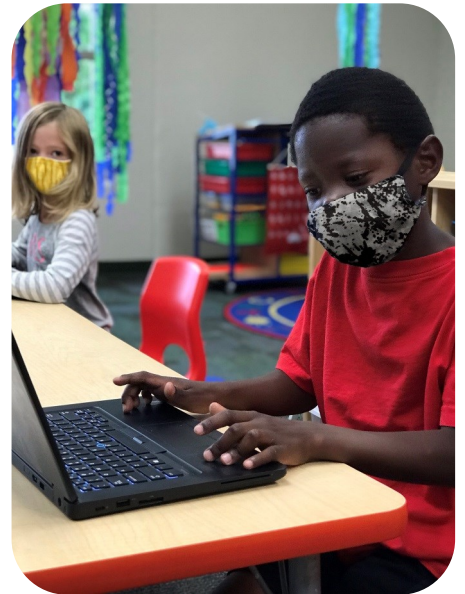
The Y is here to meet your school age child care needs! Our program combines academics with play, and offers a caring and safe environment where kids can achieve, feel a sense of belonging, build friendships and explore new interests.

At our Y Learning Center, kids will have scheduled time for distance learning in quiet spaces equipped with Wi-Fi and with YMCA staff for academic support. When distanced learning is completed for the day, Y staff will lead the participants in various enrichment activities including STEAM, kids fitness, and fine arts.

Y Learning Centers are located at Wintergreen School, located at 670 Wintergreen Avenue as well as at the Keefe Community Center in Hamden. Hamden Public Schools will continue to help subsidize a portion of the cost for the program for program participants. We also accept Care 4 Kids and offer financial assistance to help offset the cost of the program.

Y Learning Centers operate 8:00am-6:00pm, Monday through Friday. Lunch is provided through Hamden Public Schools for all participants. Daily snack and a light breakfast are served as well. For more information and to register for the program, email Erin, ekelly@cccymca.org, or Katie, kforsyth@cccymca.org. or by calling 203-535-2569.

We genuinely believe that through equitable, intentional, and mindful school-age programming, the diverse needs of the Hamden communities will be met.



YOUTH DEVELOPMENT

UNLIMITED POTENTIAL

TEEN LEADERS CLUB

Join us on Thursdays at 6:30pm for the Hamden/North Haven YMCA's Teen Leaders Club! Invite your friends! Leaders is a Nationwide YMCA program for Middle School and High School teens that teaches leadership skills through community service, volunteerism, and personal growth.

In Teen Leaders Club you will have fun and can...

- Meet other teens from our community and from the New England area.
- Be a leader in the YMCA and in the community.
- Plan events and field trips.
- Participate in regional leadership retreats.
- Earn volunteer service hours and recommendations.

Weekly Club Meetings will be held on Thursdays at 6:30pm for about an hour and a half.

Location: Hamden/North Haven YMCA Zoom Meeting

Registration: Show up anytime! New leaders can participate in two meetings before making the decision to join.

For more information, contact: Kevin or Erin by calling 203-535-2569.

"A good leader inspires others with confidence in him; a great leader inspires them with confidence in themselves."

