FIND YOUR FRIENDS. FIND YOUR Y.

SPRING PROGRAM GUIDE

At the Y, there are no strangers – only friends you haven't met yet. Friends that will inspire you to develop new skills and confidence to lead positive change in yourself and our community.

For a better us.®

HAMDEN/NORTH HAVEN YMCA

HAMDEN/NORTH HAVEN YMCA

YOUR YMCA STAFF
District Executive Director: Erin Kelly
Youth & Families Director: Kathryn Forsyth
Program Director: Melissa DePino

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PHONE 203 535 2569
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WEB SITE hnhymca.org
FOR MORE INFO email ekelly@cccymca.org

PROGRAM REGISTRATION DATES

Session: Spring, 4/25-6/19/2022
Facility Member: 4/4/2022
Community Member: 4/11/2022

MEMBERSHIP FOR ALL

Membership rates are based on a sliding scale according to household income.

Please contact the Y for more information.

YMCA PROGRAM CREDIT/REFUND POLICY

Credits and Refunds for program fees will only be approved in the following instances:
1. The YMCA cancels a program.
2. At the participant's request, providing the Request Form is received prior to the start of the program session.*
3. After the start of the program session, only for medically documented reasons.*

***A $10.00 administrative fee for each will be added for each credit or refund.** No credit or refund will be issued if the above conditions are not met. If a system credit is issued, it must immediately be applied to an outstanding balance, or a new program/service.

REGISTER ONLINE at www.hnhymca.org

View current schedules, programs and events on our website!

FIND WHAT MATTERS MOST. FIND YOUR Y.

Whenever a neighbor needs support, the Hamden/North Haven YMCA stands ready to help with open arms and caring hearts. Find what matters most and discover what a gift it is to give!

When you donate to the Hamden/North Haven YMCA Annual Campaign, you help us best serve and respond to the greatest needs in our community.

All contributions to the YMCA provide direct financial assistance for ALL who need it.

FIND YOUR REASON TO GIVE. DONATE FOR A BETTER US.

Connect with Erin Kelly to learn more.

Our Mission: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.

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YOUTH DEVELOPMENT

TIME FOR KIDS TO BE KIDS

SUMMER DAY CAMP

Camp Mountain Laurel is the place to make every precious summer day a great one!

CAMP MOUNTAIN LAUREL provides children and teens with an opportunity to have fun, meet new friends, play and create memories that last a lifetime.

At our Summer Camps and Clinics, participants gain a sense of accomplishment, build relationships and find their sense of belonging. It's an opportunity for physical, social, emotional and cognitive learning experiences. For families, our Summer Camps and Clinics offers a peace of mind knowing that your child is in a safe and enriching environment.

AGES
Classic Camp - Ages 3-15
Specialty & Swim Camps - Vary by age

LOCATIONS
Camp Mountain Laurel- 2705 Downes Road, Hamden, CT

REGISTER
Registration is now open! Download or pickup your registration packet at the New Haven YMCA Youth Center

OPEN HOUSES
Please come visit Camp Mountain Laurel and meet the staff.

Saturday April 30	**10am-1pm**
Saturday May 14	**10am-1pm**
Saturday June 4	**10am-1pm**

FOR MORE INFORMATION VISIT OUR WEBSITE, WWW.HNHYMCA.ORG, OR CALL 203 535 2569

FOREVER LEARNING

Enroll in YMCA School Age Child Care!

THE Y OFFERS SCHOOL AGED ENRICHMENT THAT PARENTS CAN FEEL GOOD ABOUT

We help kids reach their potential and thrive in a safe, trustworthy setting. We offer a curriculum that aligns with the school day and supports growth in literacy, science, math, science, engineering, arts, and technology (STEAM) while infusing the arts, physical activity and fun. We teach kids confidence, encourage self-expression and enrich social development. Providing our youth with the support, encouragement and positive role models that they need, will not only increase their ability to succeed in school but in life. For families, we offer a peace of mind knowing that your child is in a safe and educational program building new relationships and achieving more.

Registration is now open for the 2022-23 school year. Information about the Y's before and after school programming can be found in our 2022-23 SACC Brochure. Explore enrollment options, program sites, our curriculum, and discover some of the fun our programs have in store for your child this school year!

Y VACATION CLUB and Y FUN CLUB

Children can enjoy planned vacation days or emergency school closing days at the Y, lead by staff members from our school age child care program. They'll be with others they already know and that you trust. (Pre-registration and additional fees may apply). For additional information, please contact the Hamden/North Haven Y or email Kathryn Forsyth at kforsyth@cccymca.org or Melissa DePino at mdepino@cccymca.org. Upcoming Y Vacation Club dates are April 18-22.

YOUTH DEVELOPMENT

ADVENTURE AWAITS
INDOOR FUN
NEW HAVEN YMCA YOUTH CENTER

SPRING PROGRAMMING OPTIONS

FLOOR HOCKEY
Coach Pat invites you to join the team for a game of floor hockey each week. Participants will focus on skill building and teamwork during each class. Whether you are a beginner or a pro, this is the place to go!
Saturday: 9:00am-9:45am
Member: $50 Community: $100

KIDS ZUMBA
Whether you're a beginner or a pro, Kids Zumba is the way to go! Kids Zumba is movement through dance combined with Spanish language.
Tuesday: 5:00pm-5:45pm
Member: $50 Community: $100

Y KICKERS
Learn the basics of soccer while having fun and practicing with friends! Each week will be dedicated to learning a different skill and each session will conclude with a game.
Saturday: 11:00am-11:45am
Member: $50 Community: $100

BASKETBALL BLAST OFF
Learn the basic skills of basketball from our experienced staff members. Kids will learn how to dribble, shoot, and pass while learning the importance of teamwork.
Saturday: 10:00pm-10:45pm
Member: $50 Community: $100

YOUTH DEVELOPMENT

UNLIMITED POTENTIAL

TEEN LEADERS CLUB

Join us on Thursdays at 6:30pm the Hamden/North Haven YMCA's Teen Leaders Club! Invite your friends! Leaders is a Nationwide YMCA program for Middle School and High School teens that teaches leadership skills through community service, volunteerism, and personal growth.

In Teen Leaders Club you will have fun and can...

- Meet other teens from our community and from the New England area.
- Be a leader in the YMCA and in the community.
- Plan events and field trips.
- Participate in regional leadership retreats.
- Earn volunteer service hours and recommendations.

Weekly Club Meetings will be held on Thursdays at 6:30pm for about an hour and a half.

Location: New Haven YMCA Youth Center
50 Howe Street, New Haven

Registration: Show up anytime! New leaders can participate in two meetings before making the decision to join. For more information, contact: Kevin or Erin by calling 203-535-2569.

"A good leader inspires others with confidence in him; a great leader inspires them with confidence in themselves."

FOR MORE INFORMATION VISIT OUR WEBSITE, WWW.HNHYMCA.ORG, OR CALL 203 535 2569