2022 SUMMER DAY CAMP

LAKEWOOD-TRUMBULL YMCA
Camp Tepee, Gymnastics Camp & Specialty Clinics
SUMMER IS A TIME FOR KIDS TO BE KIDS.
Y Day Camp is the place to make every precious summer day a great one!

The CENTRAL CONNECTICUT COAST YMCA believes all kids have great potential and deserve the opportunity to discover who they are and what they can achieve.

The Lakewood–Trumbull Y Day Camp Tepee, Gymnastic Camp and Specialty Clinics provide kids with a safe, healthy, familiar, and fun-filled environment for them to explore, build confidence, develop skills, make lasting friendships and memories so they can grow as individuals and leaders. For families, day camp offers a peace of mind knowing that your child is in a safe and enriching place.

Y camps have always strived to provide a physically safe environment for all Y campers, our team and our volunteers. Our camp will maintain the highest standards, safety protocols and sanitization procedures.

Campers will be in small groups, surrounded by positive role models and peers that are crucial to their social–emotional growth and a healthy youth development journey.

As a leading nonprofit committed to nurturing the potential of youth, the Y has been a leader in providing summer camp for over 130 years. The Central Connecticut Coast YMCA continues to give youth an enriching and safe experience. Our experienced and caring staff and volunteers model the positive core Y values of caring, honesty, respect and responsibility that help build character.

Everyone belongs at the Y. To ensure that all youth have the chance to experience summer camp, the Y offers financial assistance to those in need. Please talk with us to learn more. If you’d like to help send a child to camp, you can donate easily on our website or at our Y.

OUR MISSION: To put Judeo–Christian principles into practice through programs that build healthy spirit, mind and body for all.

VISIT cccymca.org FOR ALL Y SUMMER CAMP PROGRAMS
CAMP TEPEE

Camp Tepee was established in 1958, and since then has continued to be a great outdoor summer experience. Daily, campers will explore the 47 acres at Camp Tepee. Campers will participate in activities such as; zip-line, swimming lessons, a climbing wall, arts and crafts, fishing, archery, ropes course, STEAM, nature exploration, outdoor education, survival skills, special events and much more! Camp Tepee accepts children 3-15 years old.

A typical day consists of swim lessons, and a rotation of all of Camp Tepee’s unique activity choices and special events relate to the theme of the week. Camp Tepee even offers half day programs for our littlest campers that can’t last an entire day.

Generations of families have been involved with Camp Tepee because of the unique stories, traditions, and memories that exist within and because of the program. Camp Tepee offers children and teens opportunities to grow and have new experiences.

At the Y, we make kids feel welcome and supported. Our counselors are specially chosen using in-person interviews, reference checks and training. They are educators, recreation specialists, future teachers and local students with a genuine interest in working with children. Your children may already know them from other Y programs and after school care. At least eighty percent are 18 years old and older. After receiving an average of 40 hours of training in safety, positive behavior management and activity planning, they are ready to help campers make new friends and do everything possible to ensure a fun summer.

Camp is available to all children. The Y will work with children of all abilities. If your child requires special accommodations (social, behavioral, medical) please contact the Camp Director. The Y strives to provide each camper with an optimal summer experience but can not guarantee a specific counselor or camp group.

The Y has child care programs available from the day school ends until it begins again! Ask about Y Vacation Club, Y Fun Club, Before and After school programs and Preschool (for the little ones.)

YMCA CAMP HI–ROCK

We also offer an overnight camp experience, a ‘home-away-from-home’ where campers will grow as individuals. Campers can learn to sail and water ski on a beautiful private lake in the Berkshires. Attend an info session at the Y or visit camphirock.org for more information.
GYMNASTICS CAMP

For over 20 years, the Lakewood-Trumbull Y Gymnastics program has been a proud leader in the community, providing gymnastics programs for all!

Led by fun, dedicated and talented gymnastics leaders, participants will feel the excitement as they interact with their peers, build self-esteem and gain confidence. A child who does gymnastics sets a foundation for a lifetime of athleticism and physical awareness. At the most basic level, a beginner at our camp will be challenged to move their body in as many ways as possible.

Experienced gymnasts will learn advanced skills and have time to focus on improving specific elements. All will develop strength, flexibility, balance, coordination and promote healthy cognitive function. Campers will be placed in similar age and skill-appropriate groups.

Through our comprehensive program designed for youth ages 3-15, our campers will enjoy a day filled with a variety of high-energy activities, as well as crafts and STEAM. Watch as your child’s confidence grows and as they form new friendships that could last a lifetime!

The Lakewood-Trumbull YMCA summer Gymnastics Camp is located at 20 Trefoil Drive, Trumbull CT. Our camp features an air conditioned facility with an in-ground trampoline, full-size TumbleTrak, and a 400 sq.ft. foam safety pit system. Through the use of Olympic equipment, our staff will deliver a summer experience that will make this a great summer!

SPECIALTY CLINICS

MARTIAL ARTS (Grades K & up)
Whether they are little Ninjas, Beginner or Advanced, participants engage in the Cheezic Tang Soo Do discipline with a Master Martial Artist. At the Y, kids learn important life lessons such as focus, discipline and team building while having a great time!

CREATIVE DANCE (Grades K – 3)
Allow your young dancer to explore the world of dance through creative movement, self expression and beautiful technique. Join us this summer for an amazing time growing in creativity!

SAMPLE WORKSHOP (Grades 4 & up)
Whether your dancer is experienced or taking their very first leap, our sample workshop will immerse them in several styles, including modern and hip hop. Let the Y give your dancer an experience of a lifetime of dancing with their friends!

The Lakewood-Trumbull YMCA summer clinics are located at 20 Trefoil Drive, Trumbull CT, and run from 9:00am – 1:00pm. Our clinics offer you the option to extend your child’s day by choosing pre care 7:30-9:00am, clinic extension 1:00-3:30pm and post care 3:30-6:00pm. All children extending their day will join gymnastics camp for open gym, group games and additional activities.

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<tr>
<th>DATE</th>
<th>CLINIC</th>
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<tr>
<td>Jun 20- Jun 24</td>
<td>Martial Arts</td>
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<tr>
<td>Jul 25 - Jul 29</td>
<td>Creative Dance</td>
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<tr>
<td>Aug 8- Aug 12</td>
<td>Martial Arts</td>
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<td>Aug 15 - Aug 19</td>
<td>Sample Workshop</td>
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2022 SPECIALTY CLINIC SCHEDULE
WHAT TO KNOW BEFORE YOU GO!
Camp Tepee is located at 204 Stanley Road, Monroe. The camp day begins at 9:00am and ends at 3:30pm. Extended hours are available and hours are listed below.

Pre Care (Camp Tepee) 7:15am-9:00am
Pre Care (Gymnastics Camp) 7:30am-9:00am
Post Care: 3:30pm-6:00pm
Clinic Extension 1:00pm-3:30pm.

Sibling Discount—Camp Tepee offers a $50 per session discount for each sibling beyond the first child, for equal amount of weeks. Gymnastics camp offers a 10% sibling discount for each sibling registered beyond the first child.

State regulations require that a completed and signed health form must be on file in the camp office for each camper. Health forms are due at the time of registration. No camper will be allowed to attend camp without current and complete forms.

The parent handbook has a list of important items to bring each day and what to wear. It also goes over important policies regarding camp. Please be sure to read it over prior to your child’s first day of camp!

Open house meet and greet events are on:
Saturday March 12 10 am - 1 pm
Saturday April 30 10 am - 1 pm
Saturday May 14 10 am - 1 pm
Saturday June 4 10 am - 1 pm

Please visit camp and meet the staff. Ask specific questions and prepare for a positive experience.

Camp Tepee and Gymnastics Camp are licensed day camp with the CT Office of Early Childhood.