

# NO PLACE



## Like *This Place*

Lakewood-Trumbull YMCA  
**CAMP TEPEE, GYMNASTICS CAMP  
and SPECIALTY PROGRAMS**

.....

### Summer Day Camp 2026

Registration starts January 2<sup>nd</sup> at 10:00AM





## YMCA SUMMER DAY CAMP, YEAH!

The **CENTRAL CONNECTICUT COAST YMCA** believes all kids have great potential and deserve the opportunity to discover who they are and what they can achieve. At the Lakewood-Trumbull YMCA Camp Tepee and Gymnastics Day camp kids and teens can develop skills, self-confidence, new friendships and a sense of belonging – all while having tons of fun.

In order to have fun and thrive, kids of all ages need to feel both physically and emotionally safe. When you drop your child off at a Lakewood-Trumbull Y camp, you can rest assured that their total well-being will be supported. Safety is always our number one priority! We keep kids healthy and safe while providing enriching experiences.

As a leading nonprofit committed to nurturing the potential of youth, the Y has been a leader in providing summer camp for over 130 years. Our experienced and caring staff and volunteers model the positive core Y values of caring, honesty, respect and responsibility that help build character.

Financial assistance is available for families who need it to ensure that all kids in our community can have enriching summer experiences. If you'd like to help send a child to camp, you can donate easily on our website or at our Y.

Our camp programs fill up fast, so make plans to reserve your spot today! Visit [www.cccymca.org](http://www.cccymca.org) to learn more about all our Summer Camp programs including **YMCA Camp Hi-Rock** an overnight experience on a beautiful lake in the Berkshires.

**OUR MISSION:** To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.





# YMCA CAMP TEPEE

Camp Tepee is located at 204 Stanley Road in Monroe. It was established in 1958, and since then has continued to be a great outdoor summer experience. Daily, campers will explore the 47 acres at Camp Tepee. Campers will participate in activities such as; zip-line, swimming lessons, a climbing wall, arts and crafts, fishing, boating, archery, ropes course, STEAM, nature exploration, outdoor education, survival skills, special events and much more! Camp Tepee accepts children 3-15 years old.

A typical day consists of swim lessons, and a rotation of all of Camp Tepee's unique activity choices and special events relate to the theme of the week.

Generations of families have been involved with Camp Tepee because of the unique stories, traditions, and memories. Camp Tepee offers children and teens opportunities to grow and have new experiences.

Our counselors are specially chosen using in-person interviews, reference checks and training. They are educators, future teachers and local students with a genuine interest in working with children. Your children may already know them from other Y programs. At least 80% are 18 years old and older. After receiving an average of 40 hours of training in safety, positive behavior management and activity planning, they are ready to help campers make new friends and do everything possible to ensure a fun summer.

The Y works with children of all abilities. If your child requires special accommodations (social, behavioral, medical) please contact the Camp Director. The Y strives to provide each camper with an optimal summer experience but can not guarantee a specific counselor or camp group.

## WEEKLY THEMES

June 22 - 26	Camp Sunshine
June 29 - July 2 closed July 3	Time Warp
July 6 - 10	Space
July 13 - 17	Sports Mania
July 20-24	Camp Tepee's Got Talent
July 27 - 31	Color Wars
August 3 - 7	Wacky Water Week
August 10 - 14	Animal Planet
August 17 - 21	Festival of Fun
August 24 - 28	Camp Tepee Spirit

ENTERING GRADE	CAMP GROUP
Pre K Ages 3, 4, 5	Discovery
Kindergarten-1st	Greenhorns
2nd-3rd	Explorers
4th-6th	Pioneers
7th-8th	Adventurers
9th-10th	CIT - Counselor In Training





# GYMNASTICS CAMP

For more than 20 years, families have trusted the Lakewood–Trumbull YMCA to bring the fun, energy, and excitement of gymnastics to kids of all ages. Our upbeat instructors help campers make friends, build confidence, and discover just how strong and capable they really are.

Whether your child is brand new or already flipping with confidence, they'll learn new skills, move their bodies in creative ways, and grow in strength, balance, and coordination—all in groups tailored to their age and level. Campers ages 3–15 also enjoy crafts, STEAM projects, and plenty of high-energy play.

Our cool, air-conditioned gym at 20 Trefoil Drive features awesome equipment like an in-ground trampoline, full Tumble Trak, and a giant foam pit—everything needed for a summer packed with smiles, movement, and memorable moments.

## WEEKLY THEMES

June 15 - 19	Welcome Week
June 22 - 26	Hawaiian Tropical
July 6 - 10	Spirit Week
July 13 - 17	Super Heroes
July 20 - 24	Holiday Week
July 27 - 31	Olympic Week
August 3 - 7	Under the sea
August 10 - 14	Circus
August 17 - 21	Outerspace Week

## FINANCIAL ASSISTANCE

The Central Connecticut Coast YMCA offers financial assistance for programs to qualified individuals. We are community based and believe that our programs should be available to everyone and that no one should be turned away because of their inability to pay. Our Financial Assistance Program is made possible because caring people and businesses in our communities fund the program through our Annual Campaign. Financial Assistance is available on a sliding scale that is based on total household income, family size and number of participants for a specific program. The Lakewood–Trumbull YMCA also accepts Care4Kids.





# MARTIAL ARTS CLINIC

The Lakewood-Trumbull YMCA summer clinics are located at 20 Trefoil Drive, Trumbull CT, and run from 9:00AM-1:30PM. These clinics are broken into two age groups K-3 grade and 4 grade and up.

Our clinics offer you the option to extend your child's day by choosing precare 7:30AM-9:00AM, clinic extension 1:30PM-3:30PM and post care 3:30PM-6:00PM. All children extending their day will join gymnastics camp for open gym, group games and additional activities.

## MARTIAL ARTS (Grades K & up)

Whether they are little Ninjas, Beginner or Advanced, participants engage in the Cheezic Tang Soo Do discipline with our Master 9th Degree Black Belt, Dave DeGuzman. At the Y, kids learn important life lessons such as focus, discipline and team building while having a great time!

### 2026 MARTIAL ARTS CLINICS

July 6-10

July 20-24

August 8-14

# RACE 4 CHASE TRIATHLON PROGRAM

In collaboration with the CMAK (Chase Michael Anthony Kowalski) Foundation, the Lakewood-Trumbull YMCA is proud to present a free six week, Monday-Friday, life-changing triathlon program. Have your child learn to run, bike, and swim like Chase did! Not only will your child be incredibly active over the summer, but they will make new friends and develop a healthy confidence they will carry for the rest of their lives. Program begins late June and runs through the first week in August. All participants will complete the program by competing in a youth triathlon. **Applications to be considered for this program will be available late March 2026. Final selection will be decided mid April 2026.**





### CONTACT INFORMATION

**LAKEWOOD-TRUMBULL YMCA**  
 A Branch of the Central Connecticut Coast YMCA  
 20 Trefoil Drive, Trumbull CT 06611  
 Gymnastics Camp P: 203-445-9633 | F: 203-445-9080  
 Camp Tepee P: 203-261-2566 | F: 203-261-3146  
 W: Lakewoodtrumbullymca.org

### OUR CREDENTIALS

Lakewood-Trumbull YMCA Camp Tepee and Gymnastics Camp are licensed day camps with the CT Office of Early Childhood. The parent handbook has a list of important items to bring each day and what to wear. It also contains important policies regarding camp. Please be sure to read it prior to your child's first day of camp!

### NEED ADDITIONAL CARE?

The camp day **begins at 9:00AM and ends at 3:30PM**.  
 Extended hours are available, and hours are listed below.  
 Pre Care (Camp Tepee): 7:15AM-9:00AM  
 Pre Care (Gymnastics): 7:30AM-9:00AM  
 Post Care 3:30PM-6:00PM  
 Clinic Extension: 1:30PM-3:30PM

### WANT TO LEARN MORE?

Join us for an Open House meet and greet on:  
**Saturday, January 2<sup>nd</sup> | 10:00AM-1:00PM**  
**Saturday, February 7<sup>th</sup> | 10:00AM-1:00PM**  
**Saturday April 18<sup>th</sup> | 10:00AM-1:00PM**  
 (Healthy Kids Day Celebration)  
**Saturday May 16<sup>th</sup> | 10:00AM-1:00PM**  
 Please visit camp and meet the staff. Ask specific questions and prepare for a positive experience.

### REGISTRATION FEES

\$50 non-refundable, non-transferrable deposit per camper per week required upon registration. EZ Pay Options are available. Financial Assistance may be available.  
**Financial Aid forms are due no later than May 1, 2026.**

### BECOME A Y MEMBER

Join the Y and gain access to all of our full-facility Y Branches. Enjoy free child watch, group exercise classes, access to our Outdoor Pool at Camp Tepee, and reduced rates for swim lessons and camp. The Y has childcare programs available from the day school ends until it begins again! Ask about Vacation Club, Y Fun Club, Before and After school programs and Preschool programs. Call the Y for more information.

Financial Assistance may be available.

### 2026 CAMP FEES

Camp Choice	Weeks Offered	Member	Program Participant
Youth Membership	Monthly	\$45	N/A
Discovery	All	\$365	\$525
Greenhorn	All	\$350	\$505
Explorer			
Pioneer			
Adventurer			
CIT	All	\$169	\$245
Gymnastics Camp	All	\$289	\$415
Pre/Post Care	All	\$75/95	\$109/135
Specialty Clinics	Varies	\$205	\$295
5 Day Clinic Extension	Varies	\$85	\$120

### REGISTRATION STEPS

Please refer to our website for details.  
 Kept your membership since camp 2025?  
 You're guaranteed a spot if you register between January 2<sup>nd</sup>-14<sup>th</sup>.  
 We are open to all registrations starting January 15<sup>th</sup>.

**Register at [lakewoodtrumbullymca.org](http://lakewoodtrumbullymca.org).**

For assistance or paper registration forms, please visit or call the Family Program Center at 20 Trefoil Drive, Trumbull, CT 06611 or 203-445-9633.

For Financial Assistance/Care4Kids support, please contact Patty Fogle at [Pfogle@cccymca.org](mailto:Pfogle@cccymca.org).



Photo: YMCA Camp Hi-Rock

## ADDITIONAL CAMP LOCATIONS

### DAY CAMP LOCATIONS:

#### Fairfield YMCA

841 Old Post Road Fairfield, CT 06824

#### Lakewood Trumbull YMCA-Camp Tepee

204 Stanley Road, Monroe, CT 06468

#### Bridgeport YMCA

850 Park Avenue, Bridgeport, CT 06604

#### ↳ Ralphola Taylor Community Center

790 Central Ave, Bridgeport, CT 06604

#### Stratford YMCA

3045 Main Street, Stratford, CT 06614

#### Valley YMCA

32 Howard Avenue, Ansonia, CT 06401

#### Woodruff Family YMCA-Camp Wepawaug

631 Orange Avenue, Milford, CT 06461

#### Soundview Family YMCA-Camp Nonoma

628 East Main Street, Branford, CT 06405

#### Hamden/North Haven YMCA-Camp Mountain Laurel

2705 Downes Road, Hamden, CT 06514

#### New Haven Youth Center YMCA

50 Howe Street, New Haven, CT 06511

### OVERNIGHT CAMP LOCATION:

#### Camp Hi-Rock

544 East Street, Mount Washington, MA 01258



**SUMMER CAMP DATES:**  
June 15<sup>th</sup> -August 28<sup>st</sup>



**3 years - 17 years**  
\*DEPENDING ON WHICH CAMP YOU CHOOSE



**Registration begins Jan 2<sup>nd</sup>**

\*\*Financial Assistance available for those who qualify





*Lakewood Trumbull YMCA*

**CAMP TEPEE**

204 Stanley Road, Monroe, CT 06468

*A branch of the Central Connecticut Coast YMCA*