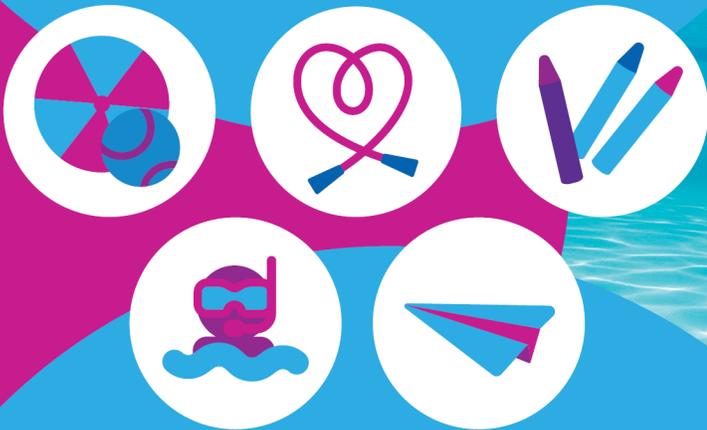




FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BEST SUMMER EVER™



LAKWOOD-TRUMBULL YMCA
Camp Tepee
Gymnastics Camp and Sports Clinics
2020 Summer Day Camp Brochure





GREAT SUMMERS START HERE!

We provide a happy, healthy environment for children to learn and grow. At YMCA Summer Day Camp, participants gain a sense of accomplishment, build relationships and find their sense of belonging. It's a opportunity for physical, social, emotional and cognitive learning experiences. For families, camp offers a peace of mind knowing that your child is in a safe and enriching place.



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We can't wait to see you at **LAKEWOOD-TRUMBULL YMCA, CAMP TEPEE & GYMNASTICS CAMP!** We've planned an awesome, activity-packed summer with tons to learn, play and explore. **The Best Summer Ever!**

As a leading nonprofit committed to nurturing the potential of youth, the Y has been a leader in providing summer camp for over 130 years. The Central Connecticut Coast YMCA continues to give youth an enriching and safe experience. Our experienced and caring staff and volunteers model the positive core Y values of **caring, honesty, respect** and **responsibility** that help build character.

Everyone belongs at the Y. To ensure that all youth have the chance to experience summer camp, the Y offers financial assistance to those in need. Please talk with us to learn more. If you'd like to help send a child to camp, you can donate easily on our web site or at our Y.

OUR MISSION: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.

CAMP TEPEE

Camp Tepee was established in 1958, at the current location, and since then has continued to be a great outdoor summer experience. On a daily basis, campers will explore the 47 acres at Camp Tepee. Campers will participate in activities such as; zip-line, swimming lessons (with state approval), a climbing wall, arts and crafts, fishing, archery, ropes course, STEAM, nature, outdoor education, survival skills, special events and much more! Camp Tepee accepts children 3-15 years old.

At Camp Tepee, youth have an opportunity to build new skills and talents, foster relationships with friends and role models, and develop a sense of belonging so they feel comfortable to be themselves. Our welcoming and inspiring setting motivates kids to push past their comfort zones, to try new things and build confidence in their abilities.

A typical day consists of a daily opening and closing ceremony, swim lessons (with state approval), and a rotation of all of Camp Tepee's unique activity choices and special events related to the theme of the week. Camp Tepee even offers half day programs for our littlest campers that can't last an entire day.

Generations of families have been involved with Camp Tepee because of the unique stories, traditions, and memories that exist within and because of the program. Camp Tepee offers children and teens opportunities to grow and have new experiences. We are committed to helping your child have **The Best Summer Ever.**



LAKEWOOD-TRUMBULL YMCA P 203 445 9633 W lakewoodtrumbullymca.org

THE BEST SUMMER EVER, FOR EVERY AGE

At the Y, we make kids feel welcome and supported. Our counselors are specially chosen using in-person interviews, reference checks and training. They are educators, recreation specialists, future teachers and local students with a genuine interest in working with children. Your children may already know them from other Y programs and after school care. At least eighty percent, are 18 years old and older. After receiving an average of 40 hours of training in safety, positive behavior management and activity planning, they are ready to help campers make new friends and do everything possible to ensure **The Best Summer Ever**.

We focus on the Y's core values of **caring, honesty, respect** and **responsibility**, in all of our activities, from camper-chosen sessions, to swimming, to arts and crafts and games. We provide fun filled activities that allow for physical involvement, social interaction, educational opportunities, leadership building, personal growth and creativity.

Join us for a week or for the entire summer of fun! Campers are divided into groups, by the grade level they'll enter in the fall, with activities appropriate to the interests and needs of each group.

Camp is open to all children. The Y will work with children of all abilities. If your child requires special accommodations (social, behavioral, medical) please contact the Camp Director. The Y strives to provide each camper with an optimal summer experience but can not guarantee a specific counselor or camp group.

Our weekly themes may change as detail summer activity plans are finalized.

The Y has child care programs available from the day school ends until it begins again! Ask about Y Vacation Club, Y Fun Club, Before and After school programs.



YMCA CAMP HI-ROCK



We also offer an overnight camp experience, a 'home-away-from-home' where campers will grow as individuals, learn to sail and water ski on a beautiful private lake in the Berkshires. Attend an info session at the Y or visit camphirock.org for more information.



GRADE LEVEL GROUPS	
ENTERING GRADE	CAMP GROUP
Pre K Ages 3, 4, 5	Discovery
Kindergarten - 1st	Greenhorns
2nd - 3rd	Explorers
4th - 6th	Pioneers
7th - 9th	Adventurers
14 - 15 year olds	CIT - Counselor In Training

WEEKLY THEMES	
June 22-26	Safari
June 29-July 3	Stars & Stripes
July 6-10	Color Wars
July 13-17	Movie Magic
July 20-24	Splish Splash
July 27-31	World Games
August 3-7	Choose Your Adventure
August 10-14	Jedi Training
August 17-21	Best of the Best

GYMNASTICS CAMP

There is never a dull moment as we swing on the bars, flip on the trampolines, cartwheel and vault our way to awesome, activity-packed summer with tons to learn, play and explore. **The Best Summer Ever!**

Through our comprehensive program designed for youth ages 3-15, our campers will enjoy a day full with a variety of high energy activities, as well as crafts and STEAM.

For over 20 years, the Lakewood-Trumbull Y Gymnastics program has been a proud leader in the community, providing gymnastics programs for all!

Led by fun, dedicated and talented gymnastics leaders, participants will feel the excitement as they interact with their peers, build self-esteem and gain confidence. A child who does gymnastics sets a foundation for a lifetime of athleticism and physical awareness. At the most basic level, a beginner at our camp will be challenged to move their body in as many ways as possible. Experienced gymnasts will learn advanced skills and have time to focus on improving specific elements. All will develop strength, flexibility, balance, coordination and promote healthy cognitive function. Campers will be placed in similar age and skill appropriate groups.

Throughout the morning campers will train on six different types of gymnastics equipment: floor, bars, beam, trampoline, vault and TumbleTrak. During rotations they will also have the opportunity to participate in various sports, including basketball and pickleball.

Campers will enjoy gym games and open gym where they will be able to practice and refine the skills they have been working on. We finish the week with "Skit Day", where campers proudly perform their new skills for friends and family. Watch as your child's confidence grows and as they form new friendships that could last a lifetime!

The Lakewood-Trumbull YMCA summer Gymnastics Camp is located at 20 Trefoil Drive, Trumbull CT. Our camp features an air conditioned facility with an in-ground trampoline and full-size TumbleTrak. Through the use of Olympic equipment, our staff will deliver a summer experience that will be talked about as the **Best Summer Ever!**



RACE 4 CHASE TRIATHLON PROGRAM

Due to recent concerns, the Race4Chase Finale's at YMCA Camp Sloper, CT, Fort Adams RI and Clover SC has been cancelled this year. However, the spirit of Chase lives on, and the CMAK Foundation will be working closely with the Lakewood-Trumbull YMCA to offer a modified Race 4 Chase program for the summer of 2020. Details will be forthcoming!





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CONTACT INFORMATION



LAKWOOD-TRUMBULL YMCA
**A Branch of the Central Connecticut
 Coast YMCA**
20 Trefoil Drive, Trumbull, CT 06611
P 203 445 9633 F 203 445 9080
W Lakewoodtrumbullymca.org

GENERAL CAMP INFORMATION

Camp Tepee is located at 204 Stanley Road, Monroe. The camp day begins at 9:00am and ends at 3:30pm. Extended hours are available and hours are listed below.

Pre Care-7:15am-9:00am
 Post Care-3:30pm-6:00pm



Gymnastics Camp is located at 20 Trefoil Drive, Trumbull. The camp day begins at 8:00am and ends at 4:00pm.

Sibling Discount-Camp Tepee offers a \$50 per session discount for each sibling beyond the first child, for equal amount of weeks. Gymnastics camp offers a 10% sibling discount for each sibling registered beyond the first child.

Bus Transportation-Due to COVID-19 concerns, bus transportation will not be offered this year.

The parent handbook has a list of important items to bring each day and what to wear to camp. It also goes over important policies regarding camp.

There will be updated addendums added to accommodate COVID-19 guidelines.

Camp Tepee and Gymnastics Camp are licensed by the CT Office of Early Childhood.



BECOME A Y MEMBER

Join the Y and gain access to all of our full-facility Y Branches. Enjoy free child watch, group exercise classes, reduced rates for swim lessons and camp. Be social, connect, and get healthier together. Call the Y Branch for more information. Financial Assistance may be available.

2020 CAMP FEES

Camp Choice	Weeks Offered	Member	Community Member
Youth Membership	Monthly	\$29.00	N/A
Camp Discovery Full day	All	\$310	\$460
Camp Discovery Half Day	All	\$170	\$265
Greenhorns			
Explorers	All	\$282	\$415
Pioneers			
Adventurers	All	\$300	\$440
CIT	All	\$130	\$195
Camp Tepee Pre/Post Care	All	\$55/\$75	\$70/85
Gymnastics Full Day	All	\$215	\$405

\$25.00 non-refundable, non-transferable registration fee per camper is required. \$50.00 non-refundable, non-transferable deposit per camper per week required upon registration. EZ Pay Options are available. Payments can be made monthly, weekly, or biweekly prior to your child's start date of camp once deposits and fees have been paid. Final payments for each session are due the Wednesday prior to the start date of sessions of camp. Financial Assistance forms are due no later than May 1 2020.

REGISTRATION STEPS

- Step 1:** Download, pickup, or have us mail you the registration packet. Download at lakewoodtrumbullymca.org
- Step 2:** Fill out the registration forms.
- Step 3:** Calculate the deposit.
- Step 4:** Write out your check and either mail or drop off forms at the Y.