NEW HAVEN YMCA YOUTH CENTER

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Youth & Teen Coordinator: Robert Hudson
Program Director: Melissa DePino
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WEB SITE newhavenymca.org
FOR MORE INFO email Erin, ekelly@cccymca.org

PROGRAM REGISTRATION DATES:
Session: Spring, April 22-June 16
Facility Member: April 1
Program Participant: April 8

MEMBERSHIP FOR ALL
Membership rates are based on a sliding scale according to household income.
Please contact the Y for more information.

YMCA PROGRAM CREDIT/REFUND POLICY
Credits and Refunds for program fees will only be approved in the following instances:
1. The YMCA cancels a program.
2. At the participant’s request, providing the Request Form is received prior to the start of the program session.*
3. After the start of the program session, only for medically documented reasons.*
   *A $10.00 administrative fee for each will be added for each credit or refund. No credit or refund will be issued if the above conditions are not met. If a system credit is issued, it must immediately be applied to an outstanding balance, or a new program/service.

REGISTER ONLINE at www.newhavenymca.org
View current schedules, programs and events on our website!
All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of caring adults who believe in their potential. We see every interaction with young people as an opportunity for learning and development—all grounded in the Y’s core values of caring, honesty, respect and responsibility.

Donate to the New Haven YMCA Youth Center Annual Campaign. All contributions to the YMCA provide direct financial assistance for ALL who need it.

**DONATE FOR A BETTER US.**

**Our Mission:** To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.
LEARN GROW THRIVE

NEW HAVEN YMCA YOUTH CENTER
Toddler Care, School Readiness, & Preschool

Child care programs help youngsters gain self-confidence and social skills while developing positive attitudes about school and learning. At the Y, we offer a safe, nurturing environment for children to learn and grow. The Y supports their social-emotional, cognitive and physical development. Our early learning child care programs are OEC licensed and our preschool program is NAEYC accredited. We are committed to providing a safe, loving environment for your child and aspire to meet their needs while promoting physical, social, emotional and cognitive development. When you enroll your child at the Y it allows families to go to work with peace of mind knowing that their children are being cared for in a safe, structured and fun environment!

Our programs develop biweekly curriculum with age-appropriate activities for indoor and outdoor learning experiences. Our preschool program participates in the CACFP Food Program to ensure that all children receive healthy meals and snacks throughout the day. Early learning toddler care participants are required to bring their meals to programming daily.

WHERE: 50 Howe Street New Haven CT, 06511
AGES: 1 year – 5 years
WHEN: Monday – Friday
TIME: 7:30 am – 5:30 pm
FEE: Fees are based on program type.

We are an approved Care 4 Kids provider and also have financial aid available for those who qualify!

Care 4 Kids helps low to moderate-income families in Connecticut pay for child care costs. This program is sponsored by the State of Connecticut’s Department of Social Services (also called DSS).
FOREVER LEARNING

Find Your Homework Helper! Enroll in YMCA School Age Child Care!

TIME TO EXPLORE, LET’S GO
We help kids reach their potential and thrive in a safe, trustworthy setting. We offer a curriculum that aligns with the school day and supports growth in literacy, science, math, science, engineering, arts, and technology (STEAM) while infusing the arts, physical activity and fun. We teach kids confidence, encourage self-expression and enrich social development. Providing our youth with the support, encouragement and positive role models that they need, will not only increase their ability to succeed in school but in life. For families, we offer a peace of mind knowing that your child is in a safe and educational program building new relationships and achieving more.

Information about the Y’s before and after school programming can be found in our 2024-25 SACC Brochure. Explore enrollment options, program sites, our curriculum, and discover some of the fun our programs have in store for your child this school year! Register now for the 2024-25 school year!

Y VACATION CLUB and Y FUN CLUB
Children can enjoy planned vacation days or emergency school closing days at the Y, lead by staff members from our school age child care program. They’ll be with others they already know and that you trust. (Pre-registration and additional fees may apply). For additional information, please contact the New Haven YMCA Youth Center or email Aishah Brice at abrice@ccymca.org or Melissa DePino at mdepino@ccymca.org.

FOR MORE INFORMATION VISIT OUR WEBSITE, WWW.NEWHAVENYMCA.ORG, OR CALL 203 776 9622
YOUTH DEVELOPMENT

FIND YOUR FUN
FIND YOUR FRIENDS
SUMMER DAY CAMP

Find your adventure at Camp Mountain Laurel this summer!
Camp Mountain Laurel provides children and teens with an opportunity to have fun, meet new friends, play and create memories that last a lifetime.

At our Summer Camp, participants gain a sense of accomplishment, build relationships and find their sense of belonging. It’s an opportunity for physical, social, emotional and cognitive learning experiences. For families, our Summer Camp offers a peace of mind knowing that your child is in a safe and enriching environment.

AGES
Classic Camp - Ages 3–15
Swim Camp - Ages 6–15
Specialty Camp - Vary by age/program

LOCATION
2705 Downes Road,
Hamden, CT 06518

REGISTER
Registration is open for camp this summer. Check out our website, or speak with the front desk for registration details.

OPEN HOUSES
Please come visit Camp Mountain Laurel and learn more about our camps!
Saturday, April 20 10am–1pm
Saturday, May 11 10am–1pm
Saturday, June 1 10am–1pm

*Open House held at Camp Mountain Laurel in Hamden.
HEALTHY KIDS DAY®
April 20 10am–1pm
Free to the Public

FIND YOUR JOY.
FIND YOUR Y.
New Haven YMCA
Youth Center
Goffe Street Park
255 Goffe Street, New Haven
W cccymca.org P 203 776 9622

For a better us.

National Sponsor
YOUTH DEVELOPMENT

EAT SMART
BE ACTIVE TOGETHER

NUTRITION EDUCATION PROGRAM

Join us on Thursday, March 18 at the New Haven YMCA Youth Center for the beginning of our Family Nutrition Education Program. The program will be a six part, monthly series, beginning in November and running through May 2024.

The Eating Smart–Being Active Workshop curriculum will center around hands-on activities to reinforce learning and apply new skills, including food preparation, food tasting, and physical activity. This program is open to all families, free of charge.

When: May 16
Time: 3:00–4:00pm
Where: New Haven YMCA Youth Center
52 Howe Street, New Haven

Register: Front desk at the New Haven YMCA Youth Center or by emailing Aishah, abrice@cccymca.org

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YOUTH DEVELOPMENT

ADVENTURE AWAITS
INDOOR FUN
NEW HAVEN YMCA YOUTH CENTER

SPRING PROGRAMMING OPTIONS

FLOOR HOCKEY
Coach Pat invites you to join the team for a game of floor hockey each week. Participants will focus on skill building and teamwork during each class. Whether you are a beginner or a pro, this is the place to go!
Saturday: 11:30am–12:15pm
Member: $50      Program Participant: $100

KIDS ZUMBA
Whether you’re a beginner or a pro, Kids Zumba is the way to go! Kids Zumba is movement through dance combined with Spanish language.
Monday: 5:30pm–6:15pm
Member: $0      Program Participant: $50

SOCCER
Learn the basics of soccer while having fun and practicing with friends! Each week will be dedicated to learning a different skill and each session will conclude with a game.
Saturday: 10:30am–11:15am
Member: $50      Program Participant: $100

YOUTH BASKETBALL
Learn the basic skills of basketball from our experienced staff members. Kids will learn how to dribble, shoot, and pass while learning the importance of teamwork.
Saturday: 9:30am–10:15am
Member: $50      Program Participant: $100

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YOUTH DEVELOPMENT

SPRING PROGRAMMING OPTIONS
AT THE NEW HAVEN YMCA YOUTH CENTER

FLAG FOOTBALL
Join us for Flag Football Fun on Tuesdays. This activity is geared toward children 5-8 years old. Bring your water bottle and sneakers. Space is limited, registration is required.
Tuesday: 6:00pm-6:45pm
Member: $0  Program Participant: $50

YOUTH FITNESS
This class is geared for middle school students of any fitness level. In this class we will approach fitness in a fun healthy way. From stretching to fitness related games to a mile run. This class will be a great opportunity to learn about health and fitness while having a great time.
Wednesday: 5:00pm-5:45pm
Member: $50  Program Participant: $100

ARTS & CRAFTS
An instructed creative art class focusing on exploration and self discovery. Our arts & crafts guru will lead this seasonally themed craft class.
Saturday: 10:30am-11:15am
Member: $50  Program Participant: $100

YOUTH VOLLEYBALL
Whether you’re a novice or a pro, the volleyball court is the place to be at the Y! Staff will help build skills, develop a sense of teamwork, and friendship too!
Wednesday: 5:30pm-6:15pm
Member: $50  Program Participant: $100

FOR MORE INFORMATION VISIT OUR WEBSITE, WWW.NEWHAVENYMCA.ORG, OR CALL 203 776 9622
SPRING PROGRAMMING OPTIONS
SPEND FRIDAY NIGHTS WITH FAMILY & FRIENDS AT THE Y!
AT THE NEW HAVEN YMCA YOUTH CENTER

KIDS NIGHT OUT
You might initially think it this as a night out for the parents, but it’s really a night out for your kids! Not only will your kids get the chance to swim, but they will have dinner, dessert, participate in arts & crafts, as well as plenty of other activities! Now, on the plus side, you get to have a little more down time for yourself as well!
Dates: April 26
Time: 5:30pm-8:30pm
Member: $10  Program Participant: $20

MOVIE NIGHT
Enjoy a different family-friendly movie each month while you float around in our heated pool. Movie showings will begin within 30 minutes of event start.
Dates: May 10, June 7
Location: New Haven YMCA Youth Center
Time: 6:00pm-8:00pm
Member: $0  Program Participant: $5/person

MAD SCIENTIST NIGHT
Our Mad Scientists Night will engage children in a variety of activities centering around Science, Technology, Engineering, and Math. Join us for learning and fun with motivational Y staff. Children will work hands on, making and creating different projects from slime, to crystal stars, to their own mousetraps! We will provide the materials. This program is for scientists aged 5-10.
Dates: May 24
Time: 6:00pm-8:00pm
Member: $0  Program Participant: $5/person

FAMILY GAME NIGHT-JUMBO GAMES
There is no better exercise (for the brain & body) than play! Bring the family to a night of fun jumbo games. We’ll be taking the games to the gym!
Dates: May 31
Time: 6:00pm-7:00pm
Member: $10/family  Program Participant: $20/family
YOUTH DEVELOPMENT

SPRING PROGRAMMING OPTIONS
AT THE NEW HAVEN YMCA YOUTH CENTER

FIRST AID/CPR/AED-BLENDED LEARNING
First Aid/CPR/AED program helps participants recognize and respond appropriately to cardiac, breathing and first aid emergencies. Registration is required by the Monday before class begins to provide ample time to complete the required online material prior to the in-person portion of the class. Must be 15 years or older to take the class. For further information or to register, contact Kathryn Forsyth, kforsyth@cccymca.org
Dates: April 17
Times: 10:00am-2:00pm
Member: $75     Program Participant: $150

LIFEGUARD CERTIFICATION COURSE
The Lifeguarding course provides participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide professional-level care for breathing and cardiac emergencies, injuries and sudden illnesses until emergency medical services (EMS) personnel take over. Registration is required by Monday, December 19 to provide ample time to complete the required online material prior to the in-person portion of the class. Must be 15 years or older to take the class. All classes must be attended. Registration does not guarantee certification.

Participants are eligible to take this class no cost pending a successful reference and background check, and an agreement to work at the Hamden/North Haven YMCA & New Haven YMCA Youth Center for six months.
Dates: April 15-18
Times: 10:00am-4:00pm
Member: $250     Program Participant: $350

ADULT BASKETBALL-OPEN GYM
Something new for 2023! We will be offering adult basketball pick up games weekly at the Y each program cycle. Registration is required.
Monday: 6:30pm-8:00pm
Member: $50     Program Participant: $100

BABYSITTERS TRAINING
For future and current babysitters, this American Red Cross class will provide youth with the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants develop leadership skills, learn how to develop a babysitting business, keep themselves and others safe, and learn about basic child care and first aid. For further information or to register, contact Kathryn Forsyth, kforsyth@cccymca.org
Dates: June 1
Time: 10:00am-4:00pm
Member: $75     Program Participant: $150
FUN WITH FRIENDS

WALK-IN PROGRAM
What are your kids doing after school? At the YMCA Walk-in Program kids build self-esteem, values, and leadership skills. Our Walk-in Program provides a safe environment where teens age 13-21 can focus on developing confidence and character with trained professionals guiding them. Participants will be able to take part in open gym basketball, open swim, and have access to computers for homework support on scheduled days. Interested participants will also have the option to participate in Y Aquatic Leaders.

OPEN GYM
When: Monday, Tuesday, Thursday, Friday
Time: 4:00pm–6:00pm

OPEN SWIM
When: Thursday
Time: 4:45–5:30pm

*Applications for the Walk-in Program can be found at the New Haven YMCA Youth Center located at 52 Howe Street New Haven, CT 06511.

FOR MORE INFORMATION VISIT OUR WEBSITE, WWW.NEWHAVENYMCA.ORG, OR CALL 203 776 9622
BE A PART OF
SOMETHING BIGGER

New Haven YMCA Youth Center 3v3 Tournament

The YMCA welcomes all basketball enthusiasts 18 years of age and older to participate in our YMCA 3v3 Basketball Tournament! All proceeds will benefit our older youth Walk-in Basketball program. Events like this allow the Y to continue to operate the walk-in program at no cost to its participants, limiting the barriers to New Haven youth by providing access to a safe space to play and socialize with their peers.

We ask that all teams have a minimum of 3 players and come together prepared to play at your scheduled time.

Registration is first come first serve and space is limited!

Registration Deadline: April 10, 2024

When: April 14, 2024
Time: 11:00am-3:00pm
Cost: $35 per person
Where: New Haven YMCA Youth Center, 50 Howe Street, New Haven
Contact: Aishah Brice: abrince@cccymca.org or (203) 776-9622 ext:2122
Robert Hudson: rhudson@cccymca.org
UNLIMITED POTENTIAL

TEEN LEADERS CLUB
Join us on Thursdays at 6:30 pm for the Hamden/North Haven & New Haven YMCA’s Teen Leaders Club! Invite your friends! Leaders is a Nationwide YMCA program for Middle School and High School teens that teaches leadership skills through community service, volunteerism, and personal growth.

In Teen Leaders Club you will have fun and can...
- Meet other teens from our community and from the New England area.
- Be a leader in the YMCA and in the community.
- Plan events and field trips.
- Participate in regional leadership retreats.
- Earn volunteer service hours and recommendations.

Weekly Club Meetings will be held on Thursdays at 6:30 pm for about an hour and a half.

Location: New Haven YMCA Youth Center
50 Howe Street, New Haven

Registration: Show up anytime! New leaders can participate in two meetings before making the decision to join. For more information, contact: Mush by calling 203-776-9622.

“A good leader inspires others with confidence in him; a great leader inspires them with confidence in themselves.”

FOR MORE INFORMATION VISIT OUR WEBSITE, WWW.NEWHAVENYMCA.ORG, OR CALL 203 776 9622