



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

FOR INVESTING  
**IN THE  
FUTURE**

**RALPHOLA TAYLOR COMMUNITY CENTER YMCA  
SPRING PROGRAM GUIDE**

**April 22 – June 16, 2019**

# HERE FOR YOU

## Program Session

Spring Session: April 22–June 16

## Registration Dates

Facility Member: Monday, April 1

Community Member: Monday, April 8

## YOUR YMCA STAFF

VP of Bridgeport YMCAs: Carmen Colon

Operations Director: Larry Hamilton Jr.

Program Director: Camille Harris

Basketball Director: Andre Bagot

## STANDARD FACILITY HOURS

Monday–Friday: 9:00–9:00 pm

Saturday: 9:00–2:00 pm

Sunday: Closed

May be open additional hours for special events and programming.

**The Ralphola Taylor Community Center YMCA is governed by our Board of Managers which consists of volunteers from throughout our local community.**

Phyllis Anderson

Lynne Bannister

Lissette Colon

LaShea Hall

James Hodge

Sarah Lewis

Dr. Ceasar Irby– Board Chair



Every day, the Y strengthens our community for kids, adults, seniors and families with programs that protect, teach, connect, heal, nourish and encourage. It's how we help communities and the 'us' who live in them achieve our individual and collective promise.

When you donate to the Ralphola Taylor Community Center YMCA Annual Campaign, you make the communities of Bridgeport better and the "us" who live in them stronger.

All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of caring adults who believe in their potential. We see every interaction with young people as an opportunity for learning and development—all grounded in the Y's core values of caring, honesty, respect and responsibility.

**DONATE FOR A BETTER US. The Y. For a better us.**

**OUR MISSION:** To put Judeo-Christian principles into practice through programs that build healthy spirit, mind, and body for all.

# RALPHOLA TAYLOR COMMUNITY CENTER YMCA

## SPRING SESSION INFO

**SPRING SESSION DATES:** Monday, April 22-Sunday, June 16

**NO CLASSES ON:** Saturday, April 27 AND Monday, May 27

Class fees have been adjusted to recognize these days

### Basketball

Skills and Drills Basketball is for players of all skill levels. Players will go through drills to build skills as well as basketball IQ. Our talented coaches work well with players to build strong fundamentals to help players further their career in the sport.

Program	Age/Grade	Facility Member	Community Member	Day	Time	Location
Skills & Drills Basketball	12-15 years	\$70	\$70	Mon	6:00-7:00pm	Gym
Skills & Drills Basketball	8-11 years	\$80	\$80	Tue	6:00-7:00pm	Gym
Skills & Drills Basketball	5-8 years	\$80	\$80	Wed	6:00-7:00pm	Gym
Skills & Drills Basketball	5-8 years	\$80	\$80	Sat	9:00-10:00am	Gym
Skills & Drills Basketball	8-11 years	\$80	\$80	Sat	10:00-11:00pm	Gym
Skills & Drills Basketball	12-15 years	\$80	\$80	Sat	11:00-12:00pm	Gym
2 Days of Skills & Drills	5-15 years	\$120	\$120	n/a	n/a	Gym

### Personal Basketball Training

Players can receive private or semi-private training with a YMCA basketball coach. Training schedule will accommodate availability of both player and trainer. Training sessions will take place during open gym time.

Program	Age/Grade	Facility Member	Community Member	Day	Time	Location
Private 1 on 1 Training	8-17 years	\$50/Session	\$50/Session	N/A	45 min	Gym
Semi Private Training	8-17 years	\$40/Session	\$40/Session	N/A	1 hour	Gym
Private Training 10 pack	8-17 years	\$500	\$500	N/A	45 min	Gym

### Tae Kwon Do Training

Join Master Gomez as he enhances self-esteem by heightening your physical and mental strength. Tae Kwon Do helps build confidence by encouraging you to succeed and take control of your life. Develop discipline by thoroughly training your body and mind in the tenets and techniques of Tae Kwon Do.

Program	Age/Grade	Facility Member	Community Member	Day	Time	Location
Tae Kwon Do Training	8-10 years	\$140	\$140	Tue, Thu	5:30-6:30pm	Dojo
Tae Kwon Do Training	10-15 years	\$140	\$140	Tue, Thu	6:30-8:00pm	Dojo
Tae Kwon Do Training	8-15 years	\$80	\$80	Sat	10:00-11:00am	Dojo
Tae Kwon Do Training	18+ years	\$80	\$80	Sat	11:00-12:15pm	Dojo



## Y Vacation Club

Participants will take part in structured activities throughout the day. Participants will have to register for each day separately. Early morning drop off and late pick up will be offered at an additional cost.

Program	Age/Grade	Facility Member	Community Member	Time	Location
Y Vacation Club – 4/15	K-8 Grade	\$25/Day	\$25/Day	9:00-5:00pm	RTCCY
Y Vacation Club – 4/16	K-8 Grade	\$25/Day	\$25/Day	9:00-5:00pm	RTCCY
Y Vacation Club – 4/17	K-8 Grade	\$25/Day	\$25/Day	9:00-5:00pm	RTCCY
Y Vacation Club – 4/18	K-8 Grade	\$25/Day	\$25/Day	9:00-5:00pm	RTCCY
Y Vacation Club – 4/19	K-8 Grade	\$25/Day	\$25/Day	9:00-5:00pm	RTCCY
Y Vacation Club Early Drop Off	K-8 Grade	\$5/Day	\$5/Day	8:00-9:00am	RTCCY
Y Vacation Club Late pick up	K-8 Grade	\$5/Day	\$5/Day	5:00-6:00pm	RTCCY

## Drumming

Students will learn the fundamentals of drumming. If students own their own equipment they are encouraged to bring it.

Program	Age/Grade	Facility Member	Community Member	Day	Time	Location
Drumming	3-6 Grade	\$40	\$40	Mon	5:30-6:30pm	Multipurpose Room
Drumming	7-9 Grade	\$40	\$40	Tue	5:30-6:30pm	Multipurpose Room
Drumming	10-12 Grade	\$40	\$40	Wed	5:30-6:30pm	Multipurpose Room
Private Lessons	3-12 Grade	\$45	\$45	TBD	30 mins	Multipurpose Room
Private Lessons	3-12 Grade	\$80	\$80	TBD	1 Hour	Multipurpose Room

## Healthy Kids Day

Are the kids in your life already dreaming of summer? When kids are inspired, they can do anything. Let's awaken their imagination so they can explore new activities and healthy habits. Our Healthy Kids Day event includes: Fit Camp; Tae Kwon Do; Basketball Skills & Drills; Sidewalk Chalk Art; Medical Professionals and Local Vendors; Healthy Snacks; Raffles; Games; and so much more!

Program	Age/Grade	Facility Member	Community Member	Day	Time	Location
Healthy Kids Day	N/A	Free	Free	April 27	10:00-1:00pm	Gym



The Central Connecticut Coast YMCA is a charitable, not-for-profit, community service organization dedicated to putting Judeo-Christian principles into practice through programs that build healthy spirit, mind, and body for all.

## Youth Development

All kids deserve the opportunity to discover who they are and what they can achieve, under the guidance of caring adults who believe in their potential. We see every interaction with young people as an opportunity for learning and development—all grounded in the Y's core values of caring, honesty, respect and responsibility.

## Healthy Living

We help people and families build and maintain healthy habits for spirit, mind and body in their everyday lives. By helping kids, adults, families and seniors from all walks of life improve their health and well-being, we build a stronger community.

## CENTRAL CONNECTICUT COAST YMCA STATEMENT OF DIVERSITY & INCLUSION

The Central Connecticut Coast YMCA is an inclusive organization open to all. The Y believes that in a diverse world we are stronger when we are inclusive, when our doors are open to all, and when everyone has the opportunity to learn, grow, and thrive. At the Y, we welcome all people regardless of dimensions of diversity including race, faith, color, national origin/ ancestry, sex, gender identity, marital status, age, sexual orientation, genetic information, disabilities, or socio-economic status.

## Social Responsibility

With our doors open to all, we bring together people from all backgrounds, to support those in need. We take on the most urgent needs in our community and inspire a spirit of service in return. Our members, volunteers, supporters and staff demonstrate the power of what we can achieve by giving back together.

## CENTRAL CONNECTICUT COAST YMCA BRANCH LOCATIONS

**ASSOCIATION OFFICE** 1240 Chapel Street, New Haven CT 06511 P 203 777 9622

**ALPHA COMMUNITY SERVICES YMCA** 387 Clinton Avenue, Bridgeport CT 06604 P 203 366 2809

**BRIDGEPORT YMCA** 850 Park Avenue, Bridgeport CT 06604 P 203 334 5551

**FAIRFIELD YMCA\*** 841 Old Post Road, Fairfield, CT 06824 P 203 255 2834

**HAMDEN/NORTH HAVEN YMCA\*** 1605 Sherman Avenue, Hamden CT 06514 P 203 248 6361

**LAKEWOOD-TRUMBULL BRANCH** 20 Trefoil Drive, Trumbull CT 06611 P 203 445 9633

**NEW HAVEN YOUTH CENTER** 52 Howe Street, New Haven CT 06511 P 203 776 9622

**RALPHOLA TAYLOR COMMUNITY CENTER YMCA** 790 Central Avenue, Bridgeport CT 06607 P 203 576 7430

**SOUNDVIEW FAMILY YMCA\*** 628 East Main Street, Branford CT 06405 P 203 481 9622

**STRATFORD YMCA\*** 3045 Main Street, Stratford CT 06614 P 203 375 5844

**WOODRUFF FAMILY YMCA\*** 631 Orange Avenue, Milford CT 06461 P 203 878 6501

**VALLEY YMCA\*** 12 State Street, Ansonia CT 06401 P 203 736 9622

**YMCA CAMP HI-ROCK** 162 East Street, Mount Washington MA 01258 P 413 528 1227

\*Indicates a full-facility branch equipped with an indoor swimming pool.

**OUR MISSION:** To put Judeo-Christian principles into practice through programs that build healthy spirit, mind, and body for all.

## RALPHOLA TAYLOR CENTER COMMUNITY YMCA

790 Central Ave, Bridgeport CT 06607

P 203 576 7430 W [cccymca.org](http://cccymca.org)