As a leading nonprofit committed to nurturing the potential of youth, the Y has been a leader in providing summer camp for over 130 years. The Central Connecticut Coast YMCA continues to give youth an enriching and safe experience. Our experienced and caring staff and volunteers model the positive core Y values of caring, honesty, respect and responsibility that help build character.

Everyone belongs at the Y. To ensure that all youth have the chance to experience summer camp, the Y offers financial assistance to those in need. Please talk with us to learn more. If you’d like to help send a child to camp, you can donate easily on our website or at our Y.

OUR MISSION: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.

CAMP NONOMA

At Camp Nonoma, we are committed to helping your child have The Best Summer Ever through fun activities and games that encourage children (ages 3-15) to develop new skills and try new things. We pride ourselves on the variety of activities we offer that keep campers engaged, busy and active. Each activity period is 35 minutes long, allowing each camper to participate in a variety of activities throughout the day. This summer, campers will enjoy participating in Camp Nonoma favorites like Sports, Arts & Crafts, Ropes, Gaga Ball and Swimming. Campers will also enjoy new additions to our camp schedule such as Field Day, Camp Olympics, Wacky Science and more!

Each new week at Camp Nonoma is celebrated with a new theme, and with each new theme comes unique fun and games! This summer, we will celebrate Disney, Party in the USA, Amazing Animals, Dr. Seuss and much more! Pre-K through Grade 3 will have a special event every week, while Grades 4-9 will attend at least one field trip per week. Campers can also look forward to the annual Talent Show, Color Wars, the Annual Carnival, Penny Wars and much more!

We believe that all children should know how to be safe in and around the water, so all campers Grades Pre-K through 1 will be offered free swim lessons twice a week.

We can’t wait for you to join us for The Best Summer Ever!

SOUNDVIEW FAMILY YMCA P 203 481 9622 W soundviewymca.org
THE BEST SUMMER EVER, FOR EVERY AGE

At the Y, we make kids feel welcome and supported. Our counselors are specially chosen using in-person interviews, reference checks and training. They are educators, recreation specialists, future teachers and local students with a genuine interest in working with children. Your children may already know them from other Y programs and after school care. At least eighty percent are 18 years old and older. After receiving an average of 40 hours of training in safety, positive behavior management and activity planning, they are ready to help campers make new friends and do everything possible to ensure The Best Summer Ever.

We focus on the Y’s core values of caring, honesty, respect and responsibility in all of our activities from camper-chosen sessions, to swimming, to arts and crafts and games. We provide fun filled activities that allow for physical involvement, social interaction, educational opportunities, leadership building, personal growth and creativity.

Join us for a week or for the entire summer of fun! Campers are divided into groups by the grade level they’ll enter in the fall, and include activities appropriate to the interests and needs of each group.

Camp is open to all children and the Y will work with children of all abilities. If your child requires special accommodations (social, behavioral, medical) please contact the Camp Director. The Y strives to provide each camper with an optimal summer experience but can not guarantee a specific counselor or camp group.

The Y has child care programs available from the day school ends until it begins again! Ask about Y Vacation Club, Y Fun Club, Before and After school programs.

YMCA CAMP HI-ROCK

We also offer an overnight camp experience, a ‘home-away-from-home’ where campers will grow as individuals, learn to sail and water ski on a beautiful private lake in the Berkshires. Attend an info session at the Y or visit camphirock.org for more information.

<table>
<thead>
<tr>
<th>GRADE LEVEL GROUPS</th>
<th>WEEKLY THEMES</th>
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<tbody>
<tr>
<td>ENTERING GRADE</td>
<td>CAMP GROUP</td>
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<tr>
<td>Pre K Ages 3, 4, 5</td>
<td>Discovery</td>
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<tr>
<td>Kindergarten - 1st</td>
<td>Greenhorns</td>
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<td>2nd - 3rd</td>
<td>Explorers</td>
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<td>4th - 6th</td>
<td>Pioneers</td>
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<td>7th - 9th</td>
<td>Adventurers</td>
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<tr>
<td>14 - 15 year old</td>
<td>CIT – Counselor In Training</td>
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Our Specialty Camps will be located at the Soundview Family YMCA. Specialty Camp participants have the option of enjoying a full or half day of camp. Campers will engage in unique activities specific to their Specialty until lunchtime. These confidence building activities will involve exploration, inventiveness and creativity. Full day Specialty Campers will have the opportunity to swim daily and participate in traditional camp activities in the afternoon.

**AMERICAN GIRL: SUMMER DAYS**
I scream; you scream; we all scream for American Girl Dolls! Each day will focus on a different historical character. Campers will create matching shirts for themselves and their favorite doll, put together and decorate doll sleeping bags and more!

**BUGS, SLUGS & MORE!**
Creepy crawlers! Campers will experience a hands-on introduction to the tiny world of bugs, insects, amphibians and reptiles. What will campers find living at camp?

**DISNEY’S PIRATES & PRINCESSES**
Good day, your Majesty! Argg, matey! Off we go to a time when royalty ruled the land and pirates ruled the sea! Campers will go on treasure hunts, create crowns, swords and more!

**GIRL POWER!**
Celebrate all things GiRL in this fun specialty camp. Campers will discover new role models, bond over games, while focusing on building confidence, communication and relationship skills.

**BASKETBALL**
Three points! This camp is designed to teach foundational skills in basketball in a fun, safe, non-competitive environment.

**SPORTS MIX**
Game on! This camp is designed to teach foundational skills in a variety of sports including swimming, field games, and t-ball. Sports camp is a safe, fun, non-competitive program designed to build teamwork, leadership skills and self-esteem.

**SOCCER**
Goal! This camp is designed to teach foundational skills in soccer in a fun, safe, non-competitive environment.

**START YOUR ENGINES!**
Love cars and trucks? Then gas up and get ready to explore the world of automotive with hands-on experiments, crafts and more!

**LEGO® MANIA**
Creativity, skill building, while incorporating math concepts of symmetry, shape, geometry are just a few of the proven benefits of building and playing with LEGO® bricks. This camp will create an environment where children will explore a variety of different LEGO® building activities including making their own creations.
SPECIALTY CAMPS CONTINUED...

JEWELRY MAKING
Très chic! If your child has a flair for design, then this is the perfect camp for them! Campers are introduced to jewelry design and will learn simple jewelry making techniques. They will create their own jewelry and have the opportunity to repurpose old jewelry to make it more trendy!

MYTH BUSTERS JR.
Can a car levitate? Can duct tape act like a parachute? Put your questions, myths, and urban legends to the test. Are they true, or will the myths be busted?

WILDERNESS
Young nature lovers will enjoy the great outdoors as they explore the wonders of nature! Campers will develop their outdoor living skills through multiple activities. They will learn about various mammals, insects, and birds, while navigating around camp they can identify different plant and animal species, find supplies for shelter-building and more!

ARCHERY
Do you dream of being like Katniss Everdeen (Hunger Games) or Hawkeye (Avengers)? If so, then this camp is for you! Whether or not you’ve picked up a bow and arrow before, we have a fun course that will teach you the basics and help you on your way to a bulls-eye! Learn a new skill, practice your technique and compete with your friends all week long!

YOGA
Bring your hands to heart’s space. Om! Campers will enjoy a nurturing atmosphere while learning to stretch, strengthen, and energize their bodies and minds. They will be introduced to new activities and poses, practice self-regulation techniques and develop special friendships!

IRON CHEF
Oh la la! C’est magnifique! Perfetto! Campers will don chef’s hats and cook fun healthy foods from around the world. They will even write a cookbook to bring home at the end of the week!

CHEERLEADING
#Cheerlife! Campers will learn foundational cheerleading skills in a fun, safe, non-competitive environment. Campers will create their own chants, shake their pom-poms and more!
SPECIALTY CAMPS CONTINUED...

RACE 4 CHASE TRIATHLON PROGRAM
In collaboration with the CMAK (Chase Michael Anthony Kowalski) Foundation, the Soundview Family YMCA is proud to present a six week, Monday–Friday, life-changing triathlon program. Have your child learn to Run, Bike, and Swim like Chase did! Not only will your child be incredibly active over the summer, but they will make new friends and develop a healthy confidence they will carry for the rest of their lives.

Program begins late June and runs through the first week in August. All participants will complete the program by competing in a youth triathlon. Applications to be considered for this program will be available late March 2020. Final selection will be decided mid April 2020.

RACE 4 CHASE TRIATHLON PROGRAM EXTENDED CARE
The best of both worlds, tri-training in the morning and then Day Camp after lunch! The Soundview Family YMCA will bus your athlete to the Y for a fun afternoon with our Day Camp after they have had lunch. In the afternoon, campers will have many activities to do including but not limited to Ropes, Swimming, sports games and art.

YMCA/TABOR ARTS THEATRE EXPERIENCE
In the morning you will get to experience the great outdoors with all the fun that Day Camp has to offer including Archery, Ropes, Swimming Arts & Crafts and much more.

Everyone will be bused to Branford High School for Hot Lunch or you may bring your own bag lunch. In the afternoon you will focus on your Musical Theatre Experience (Music, Acting, Dance). There will be specialty focus workshops and a guest artist teacher. At the end of each week, our campers will put on a presentation showing what they learned.

Week 8  Aug. 3–7  Seussville
Week 9  Aug. 10–14  Once Upon a Time
Week 10 Aug. 17–21  Under the Big Top
Week 11 Aug. 24–28  When You Wish Upon A Star

COUNSELOR IN TRAINING
At the Y, we build leaders. Our Counselor in Training program is ideal for 14–15 year old campers. CIT’s will be mentored by YMCA staff who will help foster independence and self-confidence in a secure environment. Hands-on experience working with young campers gives CIT’s the opportunity to cultivate their skills in a camp setting. CIT Application, Reference Forms, Registration Packet and practice interview must be submitted and completed to the Y to be considered for this program.
# CAMP NONOMA AND SPECIALTY CAMP OPTIONS

<table>
<thead>
<tr>
<th>Week 1</th>
<th>Week 2</th>
<th>Week 3</th>
<th>Week 4</th>
<th>Week 5</th>
<th>Week 6</th>
<th>Week 7</th>
<th>Week 8</th>
<th>Week 9</th>
<th>Week 10</th>
<th>Week 11</th>
</tr>
</thead>
</table>
## CAMP NONOMA
- **Discovery: Pre K - Ages 3,4,5**
- **Greenhorns: Kindergarten– 1st gr.**

## SPECIALTY CAMPS
- **Bugs, Slugs & More!**
- **Sports Mix**
- **American Girl: Summer Days**
- **Disney’s Pirates & Princesses**
- **Basketball**
- **Soccer**
- **Girl Power!**
- **Start Your Engines**

<table>
<thead>
<tr>
<th>GRADES PK - 1</th>
</tr>
</thead>
<tbody>
<tr>
<td>CAMP NONOMA</td>
</tr>
<tr>
<td>Explorers: 2nd-3rd gr.</td>
</tr>
<tr>
<td>Race 4 Chase: Ages 6-12 yr. old</td>
</tr>
</tbody>
</table>

## GRADES 2 - 3
- **Tabor Arts Theatre**
- **Wilderness**
- **Cheerleading**
- **Jewelry Making**
- **Myth Busters Jr.**
- **Lego Mania**
- **Iron Chef**

<table>
<thead>
<tr>
<th>CAMP NONOMA</th>
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</thead>
<tbody>
<tr>
<td>Pioneers: 4th-6th gr.</td>
</tr>
<tr>
<td>Race 4 Chase: Ages 6-12 yr. old</td>
</tr>
</tbody>
</table>

## GRADES 4 - 9
- **Tabor Arts Theatre**
- **Adventurers: 7th-9th gr.**
- **Archery**
- **Yoga**
- **Jewelry Making**
- **Iron Chef**

<table>
<thead>
<tr>
<th>CAMP NONOMA</th>
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</thead>
<tbody>
<tr>
<td>CIT: Counselor In Training: 14-15 yr. old</td>
</tr>
</tbody>
</table>

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*Images of children participating in camp activities.*
GENERAL CAMP INFORMATION
At Camp Nonoma, your child will receive a FREE hot lunch daily for most of the summer. Check out the lunch menu and our weekly newsletter for more information.

CAMP NONOMA HOURS
Full Day Camps 9:00am - 4:00pm
Half Day Camps 9:00am - 12:30pm (Discovery)
AM Care 7:30am - 9:00am
PM Care 4:00pm - 6:00pm

SPECIALTY HOURS
Half Day 9:00am - 12:00pm
Full Day 9:00am - 4:00pm

State Regulations require that a fully completed and signed health form from within the last two years must be on file in the camp office for each camper. Health forms are due no later than June 1. Campers must have all current forms completed. The parent handbook has a list of important items to bring each day and what to wear to camp.

OPEN HOUSES
Saturday March 14 10 am - 1 pm
Saturday April 25 10 am - 1 pm
Saturday May 2 10 am - 1 pm
Saturday June 6 10 am - 1 pm

On these dates, please come visit the camp, meet the staff, see all the great things our camp has to offer and get answers to any questions you may have.

Call for more information 203 481 9622 or visit www.soundviewymca.org

Soundview Family YMCA Camp Nonoma is a licensed Day Camp with the CT Office of Early Childhood.

BECOME A Y MEMBER
Join the Y and gain access to all of our full-facility Y Branches. Enjoy free child watch, group exercise classes, reduced rates for swim lessons and camp. Be social, connect and get healthier together. Call the Y Branch for more information. Financial Assistance may be available.

2020 CAMP FEES

<table>
<thead>
<tr>
<th>Camp Choice</th>
<th>Weeks Offered</th>
<th>Member</th>
<th>Community Member</th>
</tr>
</thead>
<tbody>
<tr>
<td>Youth Membership</td>
<td>Monthly</td>
<td>$29.00</td>
<td>N/A</td>
</tr>
<tr>
<td>Greenhorns</td>
<td>Weekly 6/15-8/24</td>
<td>$240</td>
<td>$340</td>
</tr>
<tr>
<td>Explorers</td>
<td>Weekly 6/15-8/24</td>
<td>$240</td>
<td>$340</td>
</tr>
<tr>
<td>Pioneers</td>
<td>Weekly 6/15-8/24</td>
<td>$245</td>
<td>$345</td>
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<tr>
<td>Adventurers</td>
<td>Weekly 6/15-8/24</td>
<td>$260</td>
<td>$370</td>
</tr>
<tr>
<td>CIT</td>
<td>Weekly 6/15-8/24</td>
<td>$140</td>
<td>$240</td>
</tr>
<tr>
<td>Race 4 Chase</td>
<td>Weekly 6/22-7/27</td>
<td>$75.00</td>
<td>N/A</td>
</tr>
<tr>
<td>Tabor Theatre</td>
<td>Weekly 8/3-8/24</td>
<td>$245</td>
<td>$345</td>
</tr>
<tr>
<td>Speciality (Grades K-3)</td>
<td>Weekly 6/22-8/10</td>
<td>$165/$232</td>
<td>$265/$332</td>
</tr>
<tr>
<td>Half Day/Full Day</td>
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<td></td>
</tr>
<tr>
<td>Speciality (Grades 4-9)</td>
<td>Weekly 6/22-8/10</td>
<td>$185/$252</td>
<td>$285/$352</td>
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<tr>
<td>Half Day/Full Day</td>
<td></td>
<td></td>
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<tr>
<td>AM Care</td>
<td>Weekly 6/15-8/24</td>
<td>$48</td>
<td>$88</td>
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<tr>
<td>PM Care</td>
<td>Weekly 6/15-8/24</td>
<td>$59</td>
<td>$99</td>
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$25.00 non-refundable, non-transferrable registration fee per camper is required. $50.00 non-refundable, non-transferrable deposit per camper per week required upon registration. EZ Pay Options are available. Payments can be made monthly, weekly or biweekly prior to your child’s start date of camp once deposits and fees have been paid. Final payments for each session are due the Wednesday prior to the start date of sessions of camp. Financial Assistance forms are due no later than May 1, 2020.

REGISTRATION STEPS
Step 1: Download, pickup or have us mail you the registration packet. Download at www.soundviewymca.org
Step 2: Fill out the registration forms.
Step 3: Calculate the deposit.
Step 4: Write out your check and either mail or drop off forms at the Y.