



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# DAYS OF SERVICE DONATE, VOLUNTEER, GIVE BACK

## Food and Toiletries Drive for the Alpha Community Services YMCA

**Dates: January 1–January 18**

Collection boxes will be available in the lobby of the YMCA. All items collected will be given to the Alpha Community Services YMCA to create care packages for families and adults entering their shelters. For more information and other volunteer opportunities, please visit our website, [cccymca.org](http://cccymca.org)

### Collecting

- Shampoo
- Body Wash
- Toothbrushes
- Tooth Paste
- Hand Soap
- Deodorant
- Kids Toiletries
- Cereals
- Canned Fruit
- Canned Vegetables
- Soup
- Condiments
- Boxed Meals

