



THE
*where curiosity
begins place*
PLACE

Valley YMCA Child Care Center
EARLY LEARNING BROCHURE
2026-2027



EARLY LEARNING

At the Y, we offer a safe, nurturing environment for infants, toddlers, and preschoolers to learn and grow. The Y supports their social-emotional, cognitive, and physical development. When you know your child is well cared for, you and your family have the opportunity to focus at work, plan healthy meals, enjoy family activities, and establish a routine.

FOR YOUTH DEVELOPMENT

All kids have great potential. At the Y, we help set them on a path to learning. Children gain confidence as they recognize the Y as a place where they belong and can feel comfortable. Whether it's gaining the confidence that comes from learning new experiences, building positive relationships or participating in activities, it's about nurturing the whole child, from the inside out.

FOR HEALTHY LIVING

The Central Connecticut Coast YMCA is a leading nonprofit committed to nurturing the potential of every child. For many, the Y is the starting point for children to develop healthy habits nutritionally and physically, that they'll carry with them throughout their lives. We understand that everyone needs to eat well and be physically active to live a full life and reach their potential, and this is especially important for children. Our experienced and caring staff, partners, and volunteers model the positive core Y values of **caring, honesty, respect** and **responsibility** that help build character. Our core values are woven throughout our early learning program to create a warm, nurturing, home away from home. Your child's growth, development and education are important to us, as we do our best to ensure their future is bright.

FOR SOCIAL RESPONSIBILITY

Family unity is strengthened in a child's ability to work and play together through events, workshops, and family activities. Plus, everyone belongs at the Y. To ensure that all youth have the chance to participate, the Y offers financial assistance to those in need. Please talk with us to learn more. If you'd like to help send a child to child care, you can donate easily on our web site or at our Y. We also participate in the State of CT Care4Kids program.

CONTACT US:

Valley YMCA Child Care Center

A Branch of the Central Connecticut Coast YMCA
32 Howard Ave, Ansonia, CT, 06401 | P: 203-732-7778 | F: 203-732-7799 | valley.org

OUR MISSION:

To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.



TODDLER & PRESCHOOL PROGRAMS

PROGRAM CREDENTIALS

Our Early Learning program is State licensed with the Office of Early Childhood (OEC), part of the Early Start CT Program, and NAEYC accredited. Partnerships are developed with families, schools, and community to support the optimal development of each child.

PARTICIPANTS

Our Infant and Toddler Program serves children from 8 weeks to 3 years of age. The Early Start CT Program is available to Connecticut residents between the ages of 8 weeks and 6 years. All programs strictly adhere to the Office of Early Childhood (OEC) licensing ratios. If you have specific needs or questions, please let us know — we're here to help

OUR CURRICULUM

Early Learning Experience Plans are aligned with Connecticut Early Learning and Development Standards. Activities and materials are geared to the child's developmental level. We encourage individual abilities to enhance self-esteem. A combination of literacy, math, physical fitness, art, science, and social studies is included in our programming. Active and engaging learning activities are planned. Classrooms are well-equipped for a wide range of developmental activities that meet curricular goals. Children are motivated to explore, manipulate, question, discover, and express their needs through play, group, and individual activities. Fun prevails as well as aligning with school day site themes.

HEALTHY EATING AND PHYSICAL ACTIVITY (HEPA)

The Y follows a set of HEPA standards to build a healthier future for our children. Each day children run, jump, play games and are physically active; indoors and outdoors. Our Program also participates in the CACFP food program, serving breakfast, lunch, and PM snack.

EXPERIENCED EDUCATORS

Our staff are role models with a passion for working with children. All staff go through a rigorous interview process with reference and background checks before being offered employment. They are trained in Pediatric First Aid/CPR, Medication Administration, Child Abuse recognition and prevention plus receive instructions related to child safety and development.

VALLEY YMCA CHILD CARE CENTER



CONNECT TO THE Y

Join the Y and gain access to all of our full-facility Y Branches, discounted fees for youth programs, swim lessons and camp. Join as a family to participate in family nights, open swims and other events. Don't forget yourself! Adult members receive group exercise classes and more. Connect and get healthier together. Call the Y Branch for more information. Financial Assistance may be available.

PROGRAM LOCATION

Valley YMCA Child Care Center, 32 Howard Ave, Ansonia, CT, 06401

OUR PROGRAM

Our NAEYC-accredited program helps children gain self-confidence and social skills while developing positive attitudes about school and learning. Children learn through play and at their own pace and way. Teachers develop learning experiences to meet each child's needs, which include schedules, daily routines, choice times, small and large group activities, and a classroom community where children can learn how to get along and peacefully solve problems. A partnership is developed between families, the school, and the community to support the optimal development of each child.

EXPANDED PROGRAMMING

Community Events are offered throughout the year such as our annual Trunk or Treat and Healthy Kids day. Weekend enrichment activities are offered throughout the year offering activities such as paint and sip and different sports programs.

GENERAL INFORMATION

Our state licensed NAEYC accredited program opened in 2009 serving the Valley area. Care4Kids is accepted and we offer financial assistance. We follow the guidelines set by the CDC, CT Office of Early Childhood (OEC), YUSA, NAEYC, and other sources to ensure our policies and procedures are aligned to keep our children and staff healthy and safe. Contact Stephanie Trcka, Child Care Director, at strcka@cccymca.org to schedule a tour.



VALLEY YMCA CHILD CARE CENTER



ENROLLMENT INFORMATION

EARLY START CT REQUIREMENTS:

- Early Start CT Application Packet
- Income Verification (tax return (recommended) or W-2, social security income, or statement from employer on company letterhead verifying hours and rate of pay, or pay stubs that will equal a month of pay) (fee redetermination done annually)
- Medical Insurance Card
- Birth Certificate (certified copy)
- Complete and updated physical (updated annually)
- Proofs of residency:
- Required: (Current Deed to home or up-to-date rental agreement, escrow papers or signed mortgage commitment) and
- Valid Connecticut Driver's License/ID, as well as
- 1 utility bill-(telephone bills, cable, electric, water, DSS/CT state document)
- Individual Education Plan (I.E.P.) or Individual Family Service Plan (I.F.S.P.) if applicable,
- Parent Permission form (children entering preschool who are under the age of 3), if applicable.

INFANT/TODDLER ENROLLMENT REQUIREMENTS:

- YMCA Early Learning Child Care Registration Packet
- Complete and updated physical (updated annually)

ENROLLMENT STEPS

1. Download or pickup a registration packet. Download at www.valley.org
2. Fill out the registration forms.
3. Bring back required documents
4. Director will calculate Early Start CT Fee
5. Add payment information.



2026 EARLY LEARNING PROGRAM FEES

YMCA Youth Membership	\$45/Monthly	N/A
PROGRAM	Y MEMBER	PROGRAM PARTICIPANT AGES
Infant/Toddler Program	\$1290	8 weeks—3 years
Early Start CT Infant/Toddler Program	Sliding Fee Schedule	8 weeks—3 years
Early Start CT Preschool Program	Sliding Fee Schedule	2.8 years - 6 years



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