





# BEFORE & AFTER SCHOOL CHILD CARE

We strive to meet the needs of our families while providing quality experiences for the children in our programs. Where and how children spend their time is vital to their growth and success in life.

## FOR YOUTH DEVELOPMENT

We help kids reach their potential and thrive in a safe, trustworthy setting. We support your family needs before school, after school or when your child is required to distance learn. The Y offers a curriculum that aligns with the school day and supports growth in literacy, arts science, math, science, engineering and technology (STEAM) while infusing the arts, physical activity and fun. We teach kids confidence, encourage self-expression and enrich social development. Providing our youth with the support, encouragement and positive role models that they need, will not only increase their ability to succeed in school but in life. For families, we offer a peace of mind knowing that your child is in a safe and educational program building new relationships and achieving more.

# FOR HEALTHY LIVING

As a leading nonprofit committed to nurturing the potential of every child and teen, supporting their social-emotional, cognitive and physical development. The Central Connecticut Coast YMCA continues to give youth an enriching and safe experience. Our experienced and caring staff and volunteers model the positive core Y values of caring, honesty, respect and responsibility that help build character. Our core values are woven throughout our child care program to create a warm, nurturing, home away from home. Your child's growth, development and education are important to us, as we do our best to ensure their future is bright.

# FOR SOCIAL RESPONSIBILITY

Everyone belongs at the Y. To ensure that all youth have the chance to participate, the Y offers financial assistance to those in need. Please talk with us to learn more. If you'd like to help send a child to child care, you can donate easily on our web site or at our Y. We also participate in the State of CT Care4Kids program.

#### **CONTACT INFORMATION**

VALLEY YMCA, at the Holy Rosary Church A Branch of the Central Connecticut Coast YMCA 10 Father Salemi Dr, Ansonia CT, 06401 P 203 732 5527 W valleyy.org

OUR MISSION: To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.



#### **OUR CURRICULUM**

A combination of active and engaging learning activities are planned. Fun prevails as well as aligning with school day site themes. All activities are designed to encourage participation by all age groups.

# **HEALTHY EATING AND PHYSCIAL ACTIVITY (HEPA)**

The Y follows a set of HEPA standards to build a healthier future for our children. Each day children run, jump, play games and are physically active. Healthy snacks are served to teach children to live a healthy life!

#### **HOMEWORK HELP**

Time is short at home at the end of the day. We can help! Children can complete homework with the support of our team. No homework, no problem! Children are encourage to read, play and interact with others.

# SCIENCE, TECHNOLOGY, ENGINEERING, ART and MATH (STEAM)

Children are challenged to be critical thinkers, creatively make predictions and become inventors while participating in hands-on activities.

#### **ENRICHMENT**

To inspire a child's creative mind, they can undertake crafts, painting, drama and other art projects. From drama and board games to reading, literacy is infused in our programming.

# **EXPERIENCED EDUCATORS**

Our staff are role models with a passion for working with children. All staff go through a rigorous interview process with reference and background checks before being offered employment. They are trained in First Aid/CPR, Medication Administration, Child Abuse recognition and prevention plus receive instructions related to the safety and child development. All Y school age child care sites are licensed through the CT Office of Early Childhood. Many staff members also lead Y youth classes and are Summer Camp leaders.

# Y VACATION CLUB and Y FUN CLUB

Children can enjoy planned vacation days or emergency school closing days at the Y, lead by staff members from our school age child care program. They'll be with others they already know and that you trust. (Pre-registration and additional fees may apply).

#### **SUMMER CAMP**

We provide a happy, healthy environment for children to learn and grow during the summer months. For families, camp offers a peace of mind knowing that your child is in a safe and enriching place with adults and other children they have met during the school year.





# **CONNECT TO THE Y**

Join the Y and gain access to all of our full-facility Y Branches, discounted fees for youth programs, swim lessons and summer camp. Join as a family to participate in family nights, open swims and other events. Don't forget yourself! Adult members receive group exercise classes and more. Connect and get healthier together. Call the Y for more information. Financial Assistance may be available.

## **EXPANDED PROGRAMMING**

Every child has a creative mind and expresses it in many ways. Being creative can boost self-esteem, encourages self expression and enhances decision making skills. Participants will undertake crafts, Physical actives, Reading and environmental education. The Valley YMCA offers enrichment programs every week at Holy Rosary Church throughout the year. The classes include Creative Crafts, Booking and Cooking, A Fresh Start program and a Multi-Sports class. For more information take a look at our program guide.

#### **GENERAL INFORMATION**

The Valley YMCA School Age Child Care programs are all licensed through the Connecticut Office of Early Childhood, The staff to child ratio is 1 to 10. Prendergast, Mead and Sunnyside Before School programs begin at 7:00am. Our Mead After School Program, Bradley After School Program and Sunnyside After School Program run from the time school is dismissed until 6pm. When educational enrichment is completed for the day, Y staff will lead the participants in various enrichment activities including STEAM, kids fitness, and fine arts. The Valley YMCA also accepts Care 4 Kids.

#### **ENROLLMENT INFORMATION**

A completed registration form and health form will be needed at he time of enrollment. **\$50.00 non-refundable, non-transferrable registration fee is required.** Payments are due on the 20th of the month prior to service. Financial Assistance forms are due no later than May 1, 2023.

#### **ENROLLMENT STEPS**

**Step 1:** Download or pickup a the registration packet. Download at valleyy.org **Step 2:** Fill out the registration forms. **Step 3:** Write out your check and drop off forms at the Y.

2023-2024 FEES		
YMCA Youth Membership	\$32.00 Monthly	N/A
Partner School	Y Member	Program Participant
Ansonia Before School Program– Prendergast and Mead School	5 Days/Week- \$123/Month 4 Days/Week- \$113/Month 3 Days/Week- \$87/Month	5 Days/Week- \$185/Month 4 Days/Week- \$169/Month 3 Days/Week- \$130/Month
Ansonia After School Program– Mead School	5 Days/Week- \$238/Month 4 Days/Week- \$218/Month 3 Days/Week- \$177/Month	5 Days/Week- \$357/Month 4 Days/Week- \$326/Month 3 Days/Week- \$266/Month
Derby After School Program– Bradley School	5 Days/Week- \$238/Month 4 Days/Week- \$218/Month 3 Days/Week- \$177/Month	5 Days/Week- \$357/Month 4 Days/Week- \$326/Month 3 Days/Week- \$266/Month
Shelton Before School Program– Sunnyside School	5 Days/Week- \$123/Month 4 Days/Week- \$113/Month 3 Days/Week- \$87/Month	5 Days/Week- \$185/Month 4 Days/Week- \$169/Month 3 Days/Week- \$130/Month
Shelton Afterschool Program– Sunnyside School	5 Days/Week- \$238/Month 4 Days/Week- \$218/Month 3 Days/Week- \$177/Month	5 Days/Week-\$357/Month 4 Days/Week-\$326/Month 3 Days/Week- \$266/Month