



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



FOREVER SUPPORTIVE.
Valley YMCA Program Guide
Spring April 26–June 20, 2021

HERE FOR YOU



PROGRAM REGISTRATION

SPRING SESSION

April 26– June 20, 2021

Registration Dates

Facility Member: Monday, April 5

Community Member: Monday, April 12

VALLEY YMCA

Holy Rosary Church
10 Father Salemi Drive
Ansonia, CT 06401
P 203 732 5527
W www.valleyy.org

Valley YMCA Child Care Center
32 Howard Ave
Ansonia, CT 06401

HOLIDAY HOURS/CLOSURES

Memorial Day– Closed

YOUR Y STAFF

District Executive Director: Josh Royce
District Director of Childcare Services: Ryan Leworthy
Preschool Child Care Director: Barbara Eckner

CENTRAL CONNECTICUT COAST YMCA STATEMENT OF DIVERSITY & INCLUSION

The Central Connecticut Coast YMCA is an inclusive organization open to all. The Y believes that in a diverse world we are stronger when we are inclusive, when our doors are open to all, and when everyone has the opportunity to learn, grow, and thrive. At the Y, we welcome all people regardless of dimensions of diversity including race, faith, color, national origin/ancestry, sex, gender identity, marital status, age, sexual orientation, genetic information, disabilities, or socio-economic status.

BOARD OF MANAGERS

Howard Olderman, Board Chair
Dave Pantalone
Christine Cooper
Jeff Gampel
Cheryl Nickerson
Mary Ellen Price, Secretary

SAFETY PROTOCOLS

The Y is here to help you focus on what matters most: your children, your family and our community. Your safety and well-being are our top priorities. We have taken numerous steps to facilitate physical distancing throughout the Y and to ensure the highest standards for cleanliness.

We are following guidance from the State of Connecticut, the CDC and our Health Department.

YMCA PROGRAM CREDIT/ REFUND POLICY

Refunds For Program Fees Will Only Be Approved In The Following Instances:

- The YMCA cancels a program (Not weather related)
- Request Form is received prior to the start of the Session.
- After the start of the session, only for medically documented reasons.
- There will be a \$10.00 administrative fee for each refund/credit, unless the YMCA cancels the class.



FOREVER LEARNING.

For a better us.

We help everyone build and maintain healthy habits for spirit, mind and body in their everyday lives. By helping kids, adults, families and seniors from all walks of life improve their health and well-being, we build a stronger community.

More people than ever need financial assistance to take part in Y programs. These programs are committed to build youth of strong character, close the educational achievement gap, improve health outcomes socially, emotionally and physically and to put an end to chronic homelessness.

When you donate to the Valley YMCA Annual Campaign, you help us best serve and respond to the greatest needs in our community.

DONATE FOR A BETTER US.

**CHILD CARE
VACATION CLUB**

Page 4

SUMMER CAMP

Page 5

BEFORE & AFTER SCHOOL CARE

Page 6

**Y LEARNING CENTERS
LEADERS CLUB**

TOGETHERHOOD

Pages 7, 8 & 9

YOUTH DEVELOPMENT

VALLEY YMCA CHILD CARE CENTER 2020-2021

Child care programs help youngsters gain self-confidence and social skills while developing positive attitudes about school and learning. Our programs are NAEYC accredited and state-licensed allowing parents to go to work with peace of mind knowing that their children are being cared for in a safe, structured and fun environment. We are committed to providing a safe, loving environment for your child and aspire to meet his/her needs while promoting physical, social, emotional and cognitive development.

LEARN THROUGH PLAY at our state-licensed Child Care Center

- Located at 32 Howard Avenue in Ansonia.
- Full-time child care for infants, toddlers, and preschoolers.
- Ansonia and Derby School Readiness Site for 33 Preschoolers (Sliding Fee Scale).
- Program highlights include science, music and movement, and a variety of learning centers (literacy, drama, blocks, art, and writing).
- Outdoor playground includes a play structure, sand/water table, music center with cosmic roof, and tricycle track with pretend gas station and drive-through.
- Hours of operation from 7:00am to 6:00pm, Monday-Friday.

FULL TIME CARE MONTHLY TUITION

Infant/Toddler (5 days/week) \$1,200.00
Preschool (5 days/week) \$875.00

A non-refundable registration fee of \$50.00 is required in order to hold your child's space for all programs. Monthly/weekly payments will be scheduled for automatic draft from a credit card or bank account for your convenience. Space is limited, register now! Please visit our website, www.valleyy.org, for our response to the COVID-19 Health Crisis.

VACATION CLUB

The Y Vacation Club is a great place for children ages 5-12 to have fun during day-long or week-long breaks from school! Children will enjoy swimming, crafts, and games in our state-licensed program.

Vacation Club Dates:

Dates: Spring Recess April 12-16

Time: 7:30am – 6:00pm

Location: Valley YMCA

Cost: **Current Before & After School participants:** \$25 per day

Members: \$43 per day **Community Members:** \$53 per day



SWIM LESSONS

Keep your child safe in and around the water. Register for swim lessons at any one of the Central Connecticut Coast YMCAs. For more information visit cccymca.org

YOUTH DEVELOPMENT

VALLEY YMCA SUMMER DAY CAMP

We provide a happy, healthy environment for children to learn and grow. At YMCA Summer Day Camp, participants gain a sense of accomplishment, build relationships and find their sense of belonging. It's a opportunity for physical, social, emotional and cognitive learning experiences. For families, camp offers a peace of mind knowing that your child is in a safe and enriching place. We can't wait to see you at **The Valley Y Summer Day Camp** at Holy Rosary Church in Ansonia! We've planned an awesome, activity-packed summer with tons to learn, play and explore.

Everyone belongs at the Y. To ensure that all youth have the chance to experience summer camp, the Y offers financial assistance to those in need. Please talk with us to learn more. If you'd like to help send a child to camp, you can donate easily on our web site or at our Y.

Camp is open to all children. The Y will work with children of all abilities. If your child requires special accommodations (social, behavioral, medical) please contact the Camp Director. The Y strives to provide each camper with an optimal summer experience but can not guarantee a specific counselor or camp group.

The Y has child care programs available from the day school ends until it begins again! Ask about Y Vacation Club, Y Fun Club, Before and After school programs.

We are ready for another fun and exciting summer at the Valley Y Summer Day Camp. You can expect plenty of the annual favorites like Kid's Dance Classes, Cooking & Baking, Summer Reading, and Water Activities. You can also expect some new additions to our camp! We will now offer more STEAM activities, additional camp games and sports such as soccer, basketball, hula hoop, rock paper scissors and more. There's something for every child - all in one location! Your camper is sure to have fun, make new friends, grow as a person and make memories that will last them a lifetime. We are committed to helping your child have a great summer!

At the Y, we make kids feel welcome and supported. Our counselors are specially chosen using in-person interviews, reference checks and training. They are educators, recreation specialists, future teachers and local students with a genuine interest in working with children. Your children may already know them from other Y programs and after school care. At least eighty percent, are 18 years old and older. After receiving an average of 40 hours of training in safety, positive behavior management and activity planning, they are ready to help campers make new friends and do everything possible to ensure a fun summer.

We can't wait to see you at the Valley YMCA Summer Day Camp! We've planned an awesome, activity-packed summer with tons to learn, play and explore.



YOUTH DEVELOPMENT

Y LEARNING CENTERS 2020-2021

CHILD CARE AND EDUCATIONAL SUPPORT

As one of the Valley Communities largest provider for licensed school-age child care, the YMCA is enhancing its child care programs to meet the needs of working parents as area schools reopen.

The Y is working with its school partners to create a flexible program that can accommodate changes to school plans and offer consistent care that meets children’s social, emotional, and academic needs for the 2020-21 school year.

The Y offers child care options for the different educational plans open to the families, Plan A (In Person), Plan B (hybrid in-person and remote) and Plan C (Fully Remote). As always, the programs are affordable and accessible to all.

Option 1:

Schools open for in person learning Traditional Before and Afterschool Programs.

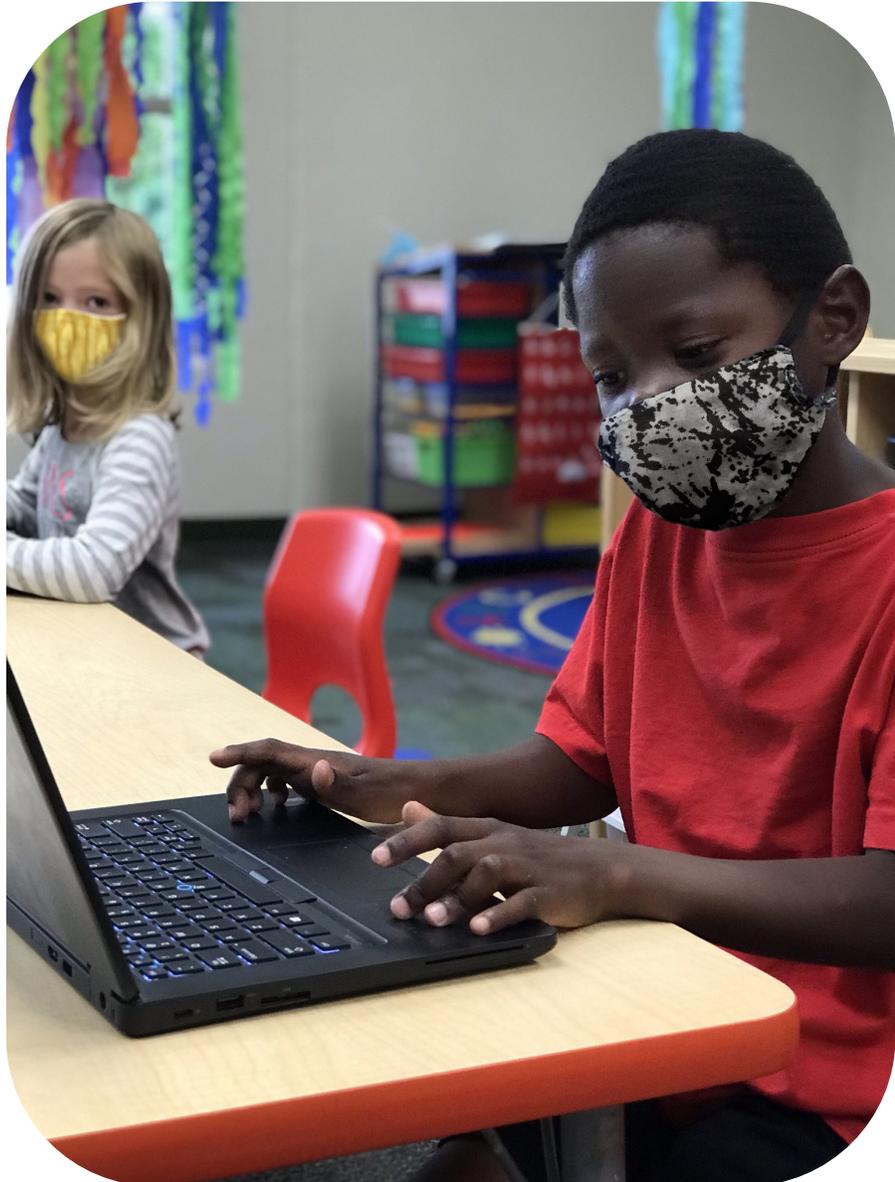
Option 2:

Schools open for Hybrid learning, both in person and distance learning. Combination of distance learning support programs and full or part day childcare available

Option 3:

Fully remote learning or homeschooling.

Combination of distance learning support, full or part day child care and homeschool enrichment activities available.



YOUTH DEVELOPMENT

BEFORE AND AFTER SCHOOL CARE 2020-2021 – OPTION 1 ENGAGE BEYOND THE SCHOOL DAY

The Valley YMCA understands that kids need a safe, enjoyable place to go before and after school. Our Before and After School Child Care programs keep kids busy while having fun. Whether your child is interested in arts and crafts or sports and games, our staff is trained to provide a well-rounded, quality program that will nurture each child's development. Our state licensed programs follow the school schedule starting on the first day of school and ending on the last of day of school. Registration Fee is \$50.00 per family. YMCA members receive a 10% discount for siblings registered in the same program. Current participants will also receive discounted rates for Y Vacation Club & Y Fun Club Days. Membership must be valid at time of registration and remain active throughout the school year. Monthly rates are determined by dividing annual fee by 10 (half days & school vacations are factored in to the monthly fee). The number of school days will vary per month but monthly rate is the same September through June. Contact the Valley Y for more information.

If you are interested please reach out to Ryan Leworthy, District Director of Childcare Services, at rleworthy@cccymca.org.

ANSONIA

Before and After Care Programs for students attending Mead and/or Prendergast School

Before Care held at Prendergast School

After Care held at Mead School

Students attending Prendergast School are transported to Mead School in the afternoon and students attending Mead School are transported from Prendergast to Mead in the morning via Ansonia Public School buses.

BEFORE SCHOOL (BEGINNING AT 7am)

5 days per Week: \$120 per month; Community Member: \$180

4 days per Week: \$110 per month; Community Member: \$165

1-3 days per Week: \$85 per month; Community Member: \$127

AFTER SCHOOL (SCHOOL DISMISSAL TO 6pm)

5 days per Week: \$232 per month; Community Member: \$348

4 days per Week: \$212 per month; Community Member: \$318

1-3 days per Week: \$172 per month; Community Member: \$258

DERBY

After Care Program for students attending Bradley School

Program Held At Bradley School

AFTER SCHOOL (SCHOOL DISMISSAL TO 6pm)

5 days per Week: \$232 per month; Community Member: \$348

4 days per Week: \$212 per month; Community Member: \$318

1-3 days per Week: \$172 per month; Community Member: \$258

SHELTON

Before and After Care Programs for students attending Perry Hill, Long Hill and Sunnyside Schools.

Program Held At Sunnyside School

Students attending Long Hill and Perry Hill Schools will be transported via Shelton Public School Buses.

BEFORE SCHOOL (BEGINNING AT 7am)

5 days per Week: \$120 per month; Community Member: \$180

4 days per Week: \$110 per month; Community Member: \$165

1-3 days per Week: \$85 per month; Community Member: \$127

AFTER SCHOOL (SCHOOL DISMISSAL TO 6pm)

5 days per Week: \$208 month; Community Member: \$312

4 days per Week: \$188 month; Community Member: \$282

1-3 days per Week: \$158 month; Community Member: \$237

Additionally we are now registering for the 2021-2022 Before and Afterschool programs! Forever Learning

If you are interested please reach out to Ryan Leworthy, District Director of Childcare Services, at rleworthy@cccymca.org.



YOUTH DEVELOPMENT

VALLEY YMCA LEARNING CENTER 2020-2021 OPTION 2 AND 3 CHILD CARE AND EDUCATIONAL SUPPORT

The Valley YMCA is committed to serving families and students during these uncertain times; even when families are engaging in virtual education. We are excited to announce that we have developed the Y Learning Center, a safe and structured environment that will allow for students to attend virtual classes, benefit from peer interaction, and participate in engaging enrichment activities, while parents return to work.

Y Learning Center hours are 7:30am-3pm, similar to normal school hours. Space will be provided for students to participate in virtual learning, with counselors available to provide assistance. A educational consultant will also be hired to provide instructional support, as needed, to ensure achievement. The YMCA will provide experienced and trained counselors, maintaining a 1:10 staff-to-child ratio.

Parents will have the option of selecting an all-day program, which will include both academic and enrichment sessions. Each session will be separated by a lunch break. Parents may also choose to opt for only the academic session, based on their family's needs. If needed, Aftercare will be available for an additional cost, until 6 pm.

If you are interested please reach out to Ryan Leworthy, District Director of Childcare Services, at rleworthy@cccymca.org . We will be able to discuss all options and help you decide what might be best for your child and your family!



Cost:

- Academic Session 7:30am-3 pm: \$96 per child per week
- Enrichment & Aftercare 3-6 pm: \$30 per child per week

CDC Guidelines and Safety Protocols

We are committed to keeping our participants and staff safe and healthy and the following procedures will be in place:

- Small group sizes with a 1:10 ratio
- Separate areas/rooms for each group of young people with the same staff each day
- Scheduled hand washing and access to hand sanitizer
- Staff are currently wearing face masks while in program area as well as children age 3+
- Increased cleaning and disinfecting processes throughout the day

YOUTH DEVELOPMENT

FUN WITH FRIENDS – Y LEADERS CLUB

CALLING ALL TEENAGERS! VIRTUAL MEETINGS ON WED. AT 6:15PM

Leaders Club provides high school students with extensive leadership training, offering opportunities for service to the YMCA and the community. Leaders Club also serves as a recruiting program for future Y professionals!

We are here to develop leaders, fostering with them a culture of service in addition to knowledge and training that will help them better serve others and shape a healthy and productive life for themselves. Leaders Club meets once a week virtually, until the time we can meet in person. Leaders Club provides a safe, genuine place for high schoolers and helps direct their energy to positive outcomes.

If you are interested in this great program please contact District Director of Child Care Services Ryan Leworthy at the Valley YMCA at rleworthy@cccymca.org or Nicole Servas, Operations Director at the Woodruff Family YMCA at nservas@cccymca.org so we can send you the log on details for the Virtual Meetings.



TOGETHERHOOD PROGRAM

Togetherhood is the Y's member-led volunteer service program and the Y's Signature Program for Social Responsibility.

Togetherhood is run by a **Togetherhood committee**, made up of Y members and community leaders working as volunteers, with the support and guidance of a **Y Staff Advisor**.

With the help of the programs resources the team will plan and execute service projects that strengthen communities while enabling volunteers to form meaningful connections with people from diverse backgrounds.

For additional information please reach out to Ryan Leworthy, District Director of Childcare Services at 203 732 5527 or by email at rleworthy@cccymca.org.



YOUTH AND GOVERNMENT PROGRAM

The CT YMCA Youth and Government Program is designed to allow students throughout the state to gain a better understanding of their state legislature by placing them in the roles of Representative or Senator, debating and voting on bills written and presented by their peers.

This program has been serving CT for over 77 years by allowing students the opportunity to share their views and engage with others respectfully. The friendships and insights taken from these experiences are life-changing!

For additional information please reach out to Ryan Leworthy, District Director of Childcare Services at 203 732 5527 or by email at rleworthy@cccymca.org.

CCCY YMCA DAYS OF SERVICE

In honor of Earth Day, on April 22, every CCCY should plan to hold some type of event and/or a theme-appropriate donation drive. Earth Day is an annual event celebrated around the world on April 22 to demonstrate support for environmental protection. First celebrated in 1970, it now includes events coordinated globally by the Earth Day Network in more than 193 countries. Opportunities to volunteer will begin on April 17 and culminate on April 23.

For additional information please reach out to Ryan Leworthy, District Director of Childcare Services at 203 732 5527 or by email at rleworthy@cccymca.org.