



VALLEY YMCA  
**WINTER 2**  
**PROGRAM GUIDE**

# HERE FOR YOU



## PROGRAM REGISTRATION

### WINTER 2 SESSION

February 26– April 21, 2024

### Registration Dates

Facility Member: Monday, February 5

Program Participant: Monday, February 12

## VALLEY YMCA

Holy Rosary Church  
10 Father Salemi Drive  
Ansonia, CT 06401  
P 203 732 7778  
W [www.valleyy.org](http://www.valleyy.org)

Valley YMCA Child Care Center  
32 Howard Ave  
Ansonia, CT 06401  
P 203 732 7778

## HOLIDAY HOURS/CLOSURES

Easter– Closed

## CENTRAL CONNECTICUT COAST YMCA STATEMENT OF DIVERSITY & INCLUSION

The Central Connecticut Coast YMCA is an inclusive organization open to all. The Y believes that in a diverse world we are stronger when we are inclusive, when our doors are open to all, and when everyone has an equitable opportunity to learn, grow, and thrive. At the Y, we set the example when we welcome people across all dimensions of diversity. Dimensions include income, faith, ability, age, sexual orientation, gender identity or expression, race, ethnicity, national origin, cultural background or other unique personal characteristics. Together we stand. For a better us.

## BOARD OF MANAGERS

Howard Olderman, Board Chair  
Dave Pantalone  
Christine Cooper  
Donna Virzi Sennott  
David Pellagi  
Mary Ellen Price, Secretary

## YOUR Y STAFF

District Executive Director–Nicole Servas  
District Operations Director–  
Ryan Leworthy  
Youth and Family Coordinator– Felicia Beall  
Child Care Director– Stephanie Trcka

## YMCA PROGRAM CREDIT/ REFUND POLICY

Refunds For Program Fees Will Only Be Approved In the following Instances:

- The YMCA cancels a program (Not weather related)
- Request Form is received prior to the start of the Session.
- After the start of the session, only for medically documented reasons.
- There will be a \$10.00 administrative fee for each refund/credit, unless the YMCA cancels the class.





**FIND A REASON TO GIVE.  
FIND YOUR Y.**

**For a better us.®**

Families are struggling to afford the cost of living, the cost of child care and the cost of enrichment opportunities. The Valley YMCA is committed to help our community meet these challenges head on.

The Y is a charitable non-profit organization ready to serve ALL! When you donate to the Valley YMCA Annual Campaign, you help us respond to the greatest needs in our community. All contributions to the YMCA provide direct financial assistance for ALL who need it.

## **DONATE FOR A BETTER US.**

Watch for more information on the YMCA DAY OF GIVING, March 5, 2024.

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# YOUTH DEVELOPMENT

## VALLEY YMCA SUMMER DAY CAMP

The CENTRAL CONNECTICUT COAST YMCA believes all kids have great potential and deserve the opportunity to discover who they are and what they can achieve.

At the **Valley YMCA** Summer Day camp kids and teens can develop skills, self-confidence, new friendships and a sense of belonging – all while having tons of fun.

In order to have fun and thrive, kids of all ages need to feel both physically and emotionally safe. When you drop your child off at Valley YMCA Summer Day Camp you can rest assured that their total well-being will be supported. Safety is always our number one priority! We keep kids healthy and safe while providing enriching experiences.

As a leading nonprofit committed to nurturing the potential of youth, the Y has been a leader in providing summer camp for over 130 years. Our experienced and caring staff and volunteers model the positive core Y values of caring, honesty, respect and responsibility that help build character.

Financial assistance is available for families who need it to ensure that all kids in our community can have enriching summer experiences. If you'd like to help send a child to camp, you can donate easily on our website or at our Y.

Our camp programs fill up fast, so make plans to reserve your spot today! Visit [www.cccymca.org](http://www.cccymca.org) to learn more about all our Summer Camp programs including YMCA Camp Hi-Rock an overnight experience on a beautiful lake in the Berkshires.

**OUR MISSION:** To put Judeo-Christian principles into practice through programs that build healthy spirit, mind and body for all.

For more questions and to register, please reach out to Felica Beall, Youth and Family Coordinator, 203 732 7778, or by email at [fbeall@cccymca.org](mailto:fbeall@cccymca.org)





# YOUTH DEVELOPMENT

## VALLEY YMCA CHILD CARE CENTER 2023-2024

Child care programs help youngsters gain self-confidence and social skills while developing positive attitudes about school and learning. Our programs are NAEYC accredited and state-licensed allowing parents to go to work with peace of mind knowing that their children are being cared for in a safe, structured and fun environment. We are committed to providing a safe, loving environment for your child and aspire to meet his/her needs while promoting physical, social, emotional and cognitive development.

### FULL TIME CARE MONTHLY TUITION

Infant/Toddler (5 days/week) \$1,290.00

Preschool (5 days/week) \$ 903.00

### Child Care Leadership Team

Stephanie Trcka, Child Care Director, Phone: 203 732 7778 Email: [strcka@cccymca.org](mailto:strcka@cccymca.org)

Ryan Leworthy, District Operations Director Phone: 203 732 7778 Email: [rleworthy@cccymca.org](mailto:rleworthy@cccymca.org)



## NO SCHOOL, NO PROBLEM Y VACATION CLUB

Even though school is closed the Valley YMCA is here for your child care needs. Drop your child off with our experienced staff for a fun-filled day of games, activities, arts & crafts and more! Ages 5-12. State-licensed program. Please bring a nut-free lunch. Space is limited, preregistration is required.

### Vacation Club Dates:

**Dates:** Winter Recess, 2/16 and 2/19

**Time:** 7:30am – 6:00pm

**Location:** Valley YMCA, Holy Rosary Church, 10 Father Salemi Drive, Ansonia

**Cost:** **Current Before & After School participant:** \$25 per day  
**Members:** \$43 per day **Program Participant** \$53 per day



# YOUTH DEVELOPMENT

## BEFORE AND AFTER SCHOOL CARE

## FIND YOUR HOMEWORK HELPER

## REGISTER NOW for 2024-2025 SCHOOL YEAR

The Valley YMCA understands that kids need a safe, enjoyable place to go before and after school. Our Before and After School Child Care programs keep kids busy while having fun. Whether your child is interested in arts and crafts or sports and games, our staff is trained to provide a well-rounded, quality program that will nurture each child's development. Our state licensed programs follow the school schedule starting on the first day of school and ending on the last day of school. Registration Fee is \$50.00 per family. Current participants will also receive discounted rates for Y Vacation Club & Y Fun Club Days.

Contact the Valley Y for more information, 203-732-7778

We currently have programs in Ansonia, Derby and Shelton School Systems. This includes Before and Afterschool at Prendergast and Mead Schools in Ansonia, Afterschool at Bradley School in Derby, and Before and Afterschool at Sunnyside Elementary in Shelton.

### Child Care Leadership Team

Ryan Leworthy, District Operations Director  
Phone: 203 732 7778  
Email: rleworthy@cccymca.org

Felicia Beall, Youth and Family Coordinator  
Phone: 203 732 7778  
Email: fbeall@cccymca.org

## CREATIVE CRAFTS

Every child needs to feel creative. Arts and Crafts boost self-esteem, encourages self-expression and enhances decision-making skills. We all need more of that!

Day: Saturdays 10:00-11am, Date: 3/2-4/20

Age: 5-9 yrs

Fee: Member- \$40. Program Participant- \$80

## BOOKING AND COOKING

Booking and Cooking is an 8 week program geared toward reading a book each week and preparing a healthy meal or snack that corresponds with the reading.

Day: Saturdays, 10:30am-12:00pm, Date: 3/2-4/20

Age: 4 - 10 yrs

Fee: Member- \$40. Program Participant- \$80

## SWIM LESSONS

Keep your child safe in and around the water. Register for swim lessons at any one of the Central Connecticut Coast YMCAs.



# YOUTH DEVELOPMENT

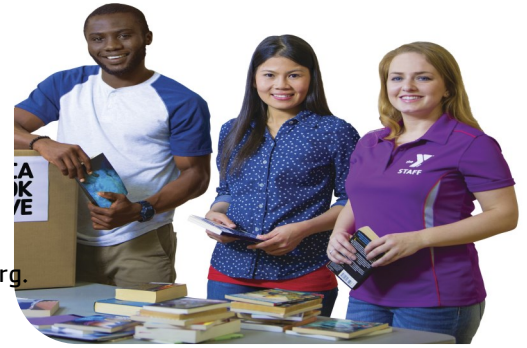
## TOGETHERHOOD PROGRAM

Togetherhood is the Y's member-led volunteer service program and the Y's Signature Program for Social Responsibility.

Togetherhood is run by a **Togetherhood committee**, made up of Y members and community leaders working as volunteers, with the support and guidance of a **Y Staff Advisor**.

With the help of the programs resources the team will plan and execute service projects that strengthen communities while enabling volunteers to form meaningful connections with people from diverse backgrounds.

For additional information please reach out to Ryan Leworthy, District Operations Director at 203 732 7778 or by email at [rleworthy@cccymca.org](mailto:rleworthy@cccymca.org).



## YMCA360 ON-DEMAND AND LIVE

At the YMCA we believe that when people experience all that our Y has to offer, they will be drawn into supportive, healthier relationships with one another and their community.

YMCA360 is an on-demand video platform for our Y community. YMCA360 offers 1000+ group exercise classes, youth sports training, well-being classes and more to serve you wherever you are. Whether you are at home or on the road, take the Y with you along with your favorite classes, instructors and more.

These programs are free to all full-facility members of the Central Connecticut Coast YMCAs.

From your desktop, laptop, tablet, smart TV or mobile device, YMCA360 is available wherever you are with an internet connection. Instructions for access please reach out to Ryan Leworthy at [rleworthy@cccymca.org](mailto:rleworthy@cccymca.org) Please visit [ymca360.org](http://ymca360.org)



## SLEEPAWAY CAMP!

YMCA Camp Hi-Rock is a sleepaway located in Western Massachusetts. We are nestled among 1,000 acres in the Berkshire Mountains, surrounded by conservation forest, and centered around our pristine, private, ninety-acre lake. This gives us the ideal backdrop for the wide variety of activities we offer, which include swimming, climbing, water skiing, archery, sailing and arts & crafts among many others. Camp Hi-Rock is dedicated to the growth and development of all of the participants we serve. We seek to help each camper develop his or her sense of personal worth and responsibility as a cooperative member of a group. In addition, we want campers to discover, learn, cultivate new skills, develop healthy lifestyles, create meaningful relationships, and become more caring, honest, respectful and responsible people.

Please visit us at the **Woodruff Family YMCA** for a drop-in information session to speak face to face with a camp representative, view camp videos and slides, and learn more!

**Tuesday, February 27, 4:00 – 6:00 PM**

**Tuesday, March 19, 4:00 – 6:00 PM**

Can't make it to one of these? Please check out our website for alternative dates and locations including virtual information sessions and open houses on camp in the spring: <https://camphirock.org/2024-information-session-open-house-dates/>







# MAKE IT A PLAY DATE

## Leave the kids with us, shop till you drop!

Calling all children! Join us for our Winter 2 Session Drop and Shop events. Drop your kids off with us and we'll take care of them while you get some weekly shopping done. We will serve a healthy snack and provide fun and engaging activities.

Preregistration is required. Ages 3-12

**When:** Saturdays, 3/2-4/20

**Time:** 9am-Noon

**Where:** Valley YMCA

**Contact:** Felicia Beall, Youth and Family Coordinator, 203 732 7778

**Fees:** Member \$10 per child  
Program Participant \$20 per child







# NO SCHOOL NO PROBLEM

## Y Vacation Club

Even though school is closed the Valley YMCA is here for your child care needs. Drop your child off with our experienced staff for a fun-filled day of games, activities, arts & crafts and more! Please bring a nut-free lunch and Snacks. Space is limited, preregistration is required. Please contact Felicia Beall at [fbeall@cccymca.org](mailto:fbeall@cccymca.org) or 203 732 7778 for registration.

### When

- February 16 and 19

### Time

- 7:00 am - 6:00 pm

### Where

- Valley YMCA, at the Holy Rosary Church  
10 Father Salemi Dr  
Ansonia, CT 06401
- Member \$43/Program Participant \$53



### VALLEY YMCA

10 Father Salemi Dr, Ansonia, CT 06401  
P 203 732 7778 W [www.valleyy.org](http://www.valleyy.org)