FIND YOUR FRIENDS.
FIND YOUR Y.

SPRING PROGRAM GUIDE

At the Y, there are no strangers – only friends you haven’t met yet. Friends that will inspire you to develop new skills and confidence to lead positive change in yourself and our community.

VALLEY YMCA

For a better us.®
PROGRAM REGISTRATION

WINTER II SESSION
April 25–June 19, 2022

Registration Dates
Facility Member: Monday, April 4
Community Member: Monday, April 11

VALLEY YMCA
Holy Rosary Church
10 Father Salemi Drive
Ansonia, CT 06401
P 203 732 5527
W www.valleyy.org

Valley YMCA Child Care Center
32 Howard Ave
Ansonia, CT 06401

HOLIDAY HOURS/CLOSURES
Memorial Day– Closed

CENTRAL CONNECTICUT COAST
YMCA STATEMENT OF
DIVERSITY & INCLUSION
The Central Connecticut Coast YMCA is an inclusive organization open to all. The Y believes that in a diverse world we are stronger when we are inclusive, when our doors are open to all, and when everyone has an equitable opportunity to learn, grow, and thrive. At the Y, we set the example when we welcome people across all dimensions of diversity. Dimensions include income, faith, ability, age, sexual orientation, gender identity or expression, race, ethnicity, national origin, cultural background or other unique personal characteristics. Together we stand. For a better us.

BOARD OF MANAGERS
Howard Olderman, Board Chair
Dave Pantalone
Christine Cooper
Jeff Gampel
Donna Virzi Sennott
Mary Ellen Price, Secretary

YOUR Y STAFF
District Executive Director– Nicole Servas
District Director of Childcare Services– Ryan Leworthy
Preschool Child Care Director– Barbara Eckner

YMCA PROGRAM CREDIT/
REFUND POLICY
Refunds For Program Fees Will Only Be Approved In the following Instances:
• The YMCA cancels a program (Not weather related)
• Request Form is received prior to the start of the Session.
• After the start of the session, only for medically documented reasons.
• There will be a $10.00 administrative fee for each refund/credit, unless the YMCA cancels the class.

Register online at valleyy.org
View current schedules, programs and events on our website!
Whenever a neighbor needs support, the Valley YMCA stands ready to help with open arms and caring hearts. Find what matters most and discover what a gift it is to give!

When you donate to the Valley YMCA Annual Campaign, you help us best serve and respond to the greatest needs in our community.

All contributions to the YMCA provide direct financial assistance for ALL who need it.

**FIND YOUR REASON TO GIVE. DONATE FOR A BETTER US.**
Connect with Nicole Servas, District Executive Director, to learn more.
Child care programs help youngsters gain self-confidence and social skills while developing positive attitudes about school and learning. Our programs are NAEYC accredited and state-licensed allowing parents to go to work with peace of mind knowing that their children are being cared for in a safe, structured and fun environment. We are committed to providing a safe, loving environment for your child and aspire to meet his/her needs while promoting physical, social, emotional and cognitive development.

**FULL TIME CARE MONTHLY TUITION**

Infant/Toddler (5 days/week)  $1,200.00  
Preschool (5 days/week)  $875.00

**Child Care Leadership Team**

Barbara Eckner,  Preschool Childcare Director  
Phone: 203 732 7778  
Email: beckner@cccymca.org

Ryan Leworthy, District Director of Childcare Services  
Phone: 203 732 5527  
Email: rleworthy@cccymca.org

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**VACATION CLUB**

The Y Vacation Club is a great place for children ages 5–12 to have fun during day-long or week-long breaks from school! Children will enjoy swimming, crafts, and games in our state-licensed program.

**Vacation Club Dates:**

**Dates:**  
April Recess, 4/11–4/18

**Time:**  
7:30am – 6:00pm

**Location:**  
Valley YMCA, Holy Rosary Church, 10 Father Salemi Drive, Ansonia, CT 06401

**Cost:**

- **Current Before & After School participants:** $25 per day  
- **Members:** $43 per day  
- **Community Members:** $53 per day

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**SWIM LESSONS**

Keep your child safe in and around the water. Register for swim lessons at any one of the Central Connecticut Coast YMCAs. For more information visit cccymca.org
VALLEY YMCA SUMMER DAY CAMP

We provide a happy, healthy environment for children to learn and grow. At YMCA Summer Day Camp, participants gain a sense of accomplishment, build relationships and find their sense of belonging. It’s a opportunity for physical, social, emotional and cognitive learning experiences. For families, camp offers a peace of mind knowing that your child is in a safe and enriching place. We can’t wait to see you at The Valley Y Summer Day Camp at Holy Rosary Church in Ansonia! We’ve planned an awesome, activity-packed summer with tons to learn, play and explore.

We are ready for another fun and exciting summer at the Valley Y Summer Day Camp. You can expect plenty of the annual favorites like Kid’s Dance Classes, Cooking & Booking, Summer Reading, and Swimming at the Woodruff Family YMCA Pool. You can also look forward to some new additions! Located at the Holy Rosary Church, the full field will be used for flag football, soccer and kickball games AND weekly camp walks on the Naugatuck River Trail. We can’t wait to enjoy the outdoors with them!

At the Y, we make kids feel welcome and supported. Our counselors are specially chosen using in-person interviews, reference checks and training. They are educators, recreation specialists, future teachers and local students with a genuine interest in working with children. Your children may already know them from other Y programs and after school care. At least eighty percent, are 18 years old and older. After receiving an average of 40 hours of training in safety, positive behavior management and activity planning, they are ready to help campers make new friends and do everything possible to ensure a fun summer.

We can’t wait to see you at the Valley YMCA Summer Day Camp! We’ve planned an awesome, activity-packed summer with tons to learn, play and explore.
BEFORE AND AFTER SCHOOL CARE 2022-2023

FOREVER LEARNING—REGISTER NOW!

The Valley YMCA understands that kids need a safe, enjoyable place to go before and after school. Our Before and After School Child Care programs keep kids busy while having fun. Whether your child is interested in arts and crafts or sports and games, our staff is trained to provide a well-rounded, quality program that will nurture each child’s development. Our state licensed programs follow the school schedule starting on the first day of school and ending on the last of day of school. Registration Fee is $50.00 per family. YMCA members receive a 10% discount for siblings registered in the same program. Current participants will also receive discounted rates for Y Vacation Club & Y Fun Club Days. Membership must be valid at time of registration and remain active throughout the school year. Monthly rates are determined by dividing annual fee by 10 (half days & school vacations are factored in to the monthly fee). The number of school days will vary per month but monthly rate is the same September through June. Contact the Valley Y for more information, 203-732-5527.

We currently have programs in Ansonia, Derby and Shelton School Systems. This includes Before and Afterschool at Prendergast and Mead Schools in Ansonia, Afterschool at Bradley School in Derby, and Before and Afterschool at Sunnyside Elementary in Shelton.

Child Care Leadership Team
Ryan Leworthy, District Director of Child Care Services
Phone: 203 732 5527
Email: rleworthy@cccymca.org

Barbara Eckner, Preschool Child Care Director
Phone: 203 732 7778
Email: beckner@cccymca.org

CREATIVE CRAFTS
Every child needs to feel creative. Arts and Crafts boost self-esteem, encourages self-expression and enhances decision-making skills. We all need more of that!

Day: Wednesdays 4:00-5:30pm, Date: 4/27-6/15
Age: 5-9 yrs
Fee: Member– $40. Community Member– $80

FRESH START PROGRAM
Our Environmental Education programs combine indoor and outdoor components with stories, crafts, hikes and activities for the best hands-on exploration and learning.

Day: Thursdays 4:00-5:30pm, Date: 4/28-6/16
Age: 5-12 yrs
Fee: Member– $40. Community Member– $80

BOOKING AND COOKING
Booking and Cooking is an 8 week program geared toward reading a book each week and preparing a healthy meal or snack that corresponds with the reading. Space is limited so register right away! Held at Valley YMCA at The Holy Rosary Church

Day: Saturdays, 10:30am-12:00pm, Date: 4/30-6/18
Age: 4-10 yrs
Fee: Member– $40. Community Member– $80

MULTI-SPORTS
This instructional sports class is geared for 5 to 9 year old’s who want to try variety of different sports. Sports include Baseball, Basketball, Soccer, Street Hockey, and Flag Football. Held at Valley YMCA at The Holy Rosary Church

Day: Tuesdays 4:00-5:30pm, Date: 4/26-6/15
Age: 5-9 yrs
Fee: Member– $40. Community Member– $80
YOUTH DEVELOPMENT

FUN WITH FRIENDS - Y LEADERS CLUB
CALLING ALL TEENAGERS! VIRTUAL MEETINGS ON WED. AT 6:15PM

Leaders Club provides high school students with extensive leadership training, offering opportunities for service to the YMCA and the community. Leaders Club also serves as a recruiting program for future Y professionals!
We are here to develop leaders, fostering with them a culture of service in addition to knowledge and training that will help them better serve others and shape a healthy and productive life for themselves. Leaders Club meets once a week virtually, until the time we can meet in person. Leaders Club provides a safe, genuine place for high schoolers and helps direct their energy to positive outcomes.

If you are interested in this great program please contact District Director of Child Care Services Ryan Leworthy at the Valley YMCA at rleworthy@cccymca.org or Nicole Servas, District Executive Director at the Woodruff Family YMCA at nservas@cccymca.org so we can send you the log on details for the Virtual Meetings.

CCC YMCA DAYS OF SERVICE

Engage along side us to help our community. Together we can make a difference. Our goal is to assist over 100 families who are in need in the Valley Communities! We’ve partnered with Master’s Table Community Meals in Ansonia and Walnut Hill Community Church in Derby. Additionally we will be doing park cleanups the week of April 11-15. We will be volunteering with Master’s Table Community Meals in Ansonia at Assumption Church on April 10 and 24 from 2:30-5:00pm for meal prep and delivery and also Walnut Hill Congregational Church on 4/20 from 5:30-6:30pm for food delivery. The address is 9th and Smith St. in Derby.

For additional information please reach out to Ryan Leworthy, District Director of Childcare Services at 203 732 5527 or by email at rleworthy@cccymca.org.

HEALTHY KID’S DAY, APRIL 30, 2022 10AM-1PM

30 YEARS OF CELEBRATING HEALTHY KIDS AT THE Y!
FREE! OPEN TO THE PUBLIC!

Healthy Kids Day, now in its 30th year, is the Y’s national initiative to improve health and well-being for kids and families. The Y hopes to use the day to get more kids moving and learning, creating healthy habits they can continue while they’re away from the classroom. When kids are out of school, they can face hurdles that prevent them from reaching their full potential. Research shows that without access to out-of-school learning activities, kids fall behind academically. Kids also gain weight twice as fast during summer than the school year. Healthy Kids Day is a reminder to families that the Y can help ensure that all children have access to the key ingredients to reach their full potential and have fun.
We will also be collecting new bathing suits for children in our program who may need them. The lack of swim gear may inhibit some from learning to swim. Being safe in and around the water is a life skill.